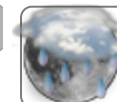


Choose a city...

Search

[Sign In](#) | [Register](#)

60°

69° Hi / 60° Lo
Precip: 70%
[7-Day Forecast»](#)[Culture](#)[Celebrities](#)[Movies](#)[Theatre](#)[Television](#)[Music](#)[Books](#)[Fine Arts](#)

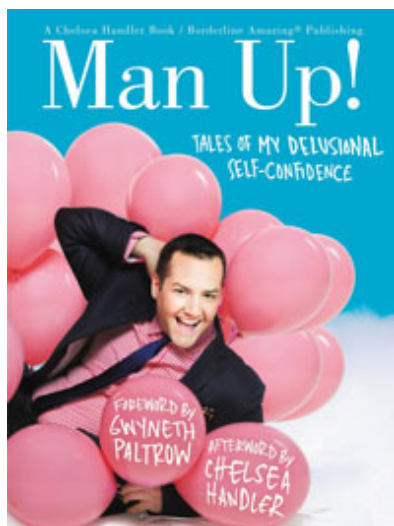
Entertainment :: Books

Man Up! Tales of My Delusional Self Confidence

by Daniel Scheffler

EDGE Contributor

Friday May 17, 2013

[PRINT](#)[EMAIL](#)[COMMENTS \(0\)](#)

The title should pretty much tell you what Ross Mathews, the beloved, has written about with no uncertainty: **"Man Up! Tales of My Delusional Self-Confidence."** Yes, the hated and loved TV man Mathews, whom we cannot forget has best friends in famous places, has written a book and yes it has published in pink. He's openly gay if you haven't picked that up yet.

The author had worked his way from intern, to correspondent for the "Tonight Show with Jay Leno" and then famed his way across television shows like "Celebrity Fit Club", "The Insider" and "Chelsea Lately." Not that these shows were intellectual in any way, but his overly camp and humor-filled personality kept audiences glued.

The book's foreword is written by blonde Gwyneth Paltrow who tells a cutesy story of how the two met; no, not on a dating site. "I fell in love with Ross Mathews the first time I saw him" Gwyneth peeped and then gushes about their meeting at some party's red carpet do. His "harmless enough" and "adorable

mix between a Cabbage Patch Kid and Pillsbury Doughboy" nature must have signed the deal for her.

And she stamps her approval on the book with a wink and a "Read this book. Trust me - you'll want to be his best friend, too."

"Read this book. Trust me - you'll want to be his best friend, too" says Gwyneth Paltrow