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APRIL 2016

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Africa's Leading  
Inflight Magazine



For 14  
Consecutive Years



By Daniel Scheffler

# GLOBAL EYE

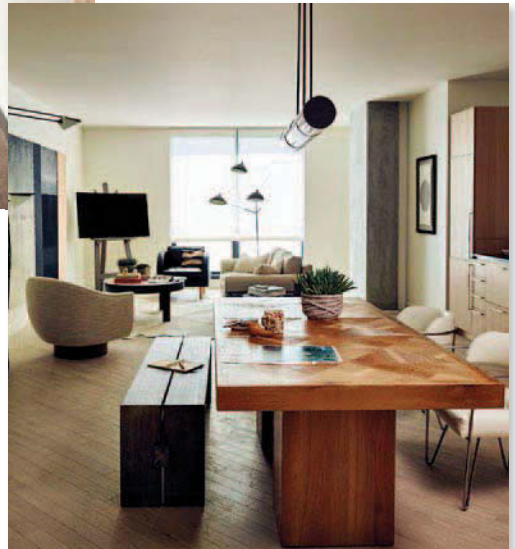


▲ **CAPE TOWN:** If you're craving sumptuous Indian cuisine, head to the Taj Cape Town's Bombay Brasserie, where you can feast on yellow corn soup with turmeric popcorn and Karoo lamb in a saffron curry. Afterwards, head upstairs to sleep it off in your plush suite. [www.tajcapetown.co.za](http://www.tajcapetown.co.za)



▲ **BAHAMAS:** With just four villas, Over Yonder Cay – a member of Ultra Villa, in the Exumas archipelago – is a sublime eco-luxe retreat. This section of the Bahamas, south-east of Nassau, is the most sought after in the region, with Bernard Arnault, LVMH Chair and CEO, possessing his own island. A perfect place to spend sunny days. [www.veryondercay.com](http://www.veryondercay.com)

► **PITTSBURGH:** The USA's original industrial heart is experiencing a very different kind of revitalisation which celebrates its culture and origins. The Andy Warhol Museum also celebrated its 20<sup>th</sup> anniversary last year, which reveals the quirkiness of this city – think Pierogi festivals, Underwear Bike Rides and mom-and-pop ice-cream parlours selling *really* odd flavours. Stay at the Ace Hotel, at the centre of it all. [www.acehotel.com/Pittsburgh](http://www.acehotel.com/Pittsburgh)



▲ **LOS ANGELES:** Style icon Kelly Wearstler introduces her latest project, Proper Hotels in Hollywood. The first of a range of long- (and shorter-) stay establishments, it will be followed by San Francisco and Austin, Texas. The penthouses have extensive five-star amenities, including a fitness centre with a yoga patio, outdoor dining and a rooftop pool with cabanas. [www.properhotel.com](http://www.properhotel.com)

▲ **TEGERNSEE:** This year, Germany's celebrating its fascinating nature destinations. With 130 landscapes, including 16 national parks, 15 Unesco-protected biosphere reserves and more than 100 regional parks, it's the perfect destination for nature-lovers. Of course, after all that outdoor activity, some spa time at Lanserhof is highly recommended. [www.lanserhof.com](http://www.lanserhof.com)







## A SENSE OF PLACE

Shangri-La's recently refurbished Le Touessrok Resort & Spa, located on a part of the Mauritian east coast called Trou d'Eau

Douce Bay, makes its mark not only with its trademark Asian influence, but also with its overall presentation. The resort's natural ambience inspires instant relaxation, but a fresh approach to its interior design and the introduction of the transformational Ayurvedic treatments at the CHI spa are just two of the features designed to cast magic very rapidly.

Most noticeable is the casual lounge lobby, where new arrivals immediately begin to unwind over a welcome cocktail while their check-in formalities are handled by the extremely efficient staff. The lobby's layout flows effortlessly seawards around stylishly understated furniture made with indigenous materials, a key element that creates a calming, earthy feel to the expansive suites as well.

Visitors will delight in the Japanese fare at Kushi, while a meal or two at Safran will delight lovers of Indian cuisine fare. *For reservations, contact World Leisure Holidays, 0860 954 954, [www.wlh.co.za](http://www.wlh.co.za) – Debbie Hathaway*



## SUITING UP



There's no better place to get a bespoke suit in New York City than Doyle Mueser. Dapper owner Jake Mueser, a world traveller, is working on his next collection – safari suits for modern men.

### FAVOURITE CITIES:

I love Paris and Rome, but there's no place with as much energy as New York.

### TIPS FOR PACKING SUITS:

I encourage people not to be too precious about their suits when travelling. I love my wrinkle-resistant suits that can literally be tossed into a carry-on and still look great upon arrival.

### DREAM TRIP:

I experienced it last summer, when I drove through Tuscany, Italy, stopping at every winery and castle along the way. Next might be Scotland, to explore the highlands.

### SUMMER TRIP ESSENTIALS:

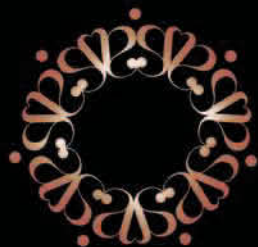
A lightweight silk cashmere blazer, a linen safari jacket, a Sea Island cotton polo top and Galet Riviera loafers. – **Daniel Scheffler**



## NEW YORK, NEW YORK

From the TAO Group and Chris Santos comes Vandal. Right on the Bowery, the restaurant pulls all the punches, with street food and street art mixed for good measure. A secret garden and a cellar add to the intrigue. [www.vandalnewyork.com](http://www.vandalnewyork.com)





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# Travel

MIAMI • CONGO • ZIMBABWE • PRETORIA • GALLERY

## Miami Magic

Right on Florida's southern tip is where Miami, with its extraordinary Cuban influence, enthral people from all over the globe. In fact, legend has it that once you visit the city – especially trendy Wynwood – you'll probably think about moving there permanently. By Daniel Scheffler

A part from the colourful Art Deco buildings, iconic designer Gianni Versace's famed house on South Beach and the many cigar shops and cafés in Little Havana, there's a whole new Miami taking shape. The city is re-inventing itself – with more magic than before.

Away from the sun-drenched beaches and brand-new, glass high-rises taking over downtown, a new, imaginative district has become the museum of the streets – Wynwood and surrounding NW 2<sup>nd</sup> Ave.

Cornered by industrial warehouses, this self-contained belt in the midst of the city is where creatives display their craft and locals keep both work and play as accessible and spontaneous as possible. This is a neighbourhood where everyone takes to the streets: art projects can be seen on, under and around buildings, feasting with friends is a flavourful, but casual affair and any kind of dancing is pivotal.

This little patch of Miami shuns homogeny and, as its walls will tell you, a little bit of everyone gets into the groove here. ➤

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An artist works on a mural at Wynwood Walls during Art Week Miami 2015.







## WHERE TO PAUSE

In this city's perennial heat, a moment to refresh is always welcome. Try **Panther Coffee** (2390 NW 2<sup>nd</sup> Ave, [www.panthercoffee.com](http://www.panthercoffee.com)), offering an extra-cafeinated cold brew that's steeped overnight. It's also the perfect place to relax over a cuppa, connect to wifi and meet friendly locals.

When the sun goes down, the **Wynwood Diner** (2601 NW 2<sup>nd</sup> Ave, [www.wynwooddiner.com](http://www.wynwooddiner.com)) has a spread-out couch and cane-chaired lounge where elegant French rosés quench your thirst. Here unusual beers are capped, canned and, even better, tapped for maximum delectation.

**The Wynwood Walls** (2520 NW 2<sup>nd</sup> Ave, [www.thewynwoodwalls.com](http://www.thewynwoodwalls.com)) was founded by the late community stalwart Tony Goldman as a space to bring street art to life. Today the walls represent the neighbourhood perfectly – everyone's here and everyone's family. With local and foreign artists creating murals and graffiti, the projects here are ever-changing and truly international.

The **Miami Design District** ([www.miamidesigndistrict.net](http://www.miamidesigndistrict.net)) is a little north of Wynwood, but bleeds into the neighbourhood. Here designer brands like Versace and Prada have opened flagship stores that sit alongside enormous street artists' billboards. Galleries and pop-up exhibition spaces connect this informal, creative hub with Miami's formal design district. Stroll from one to the other and you'll see that star architects have left their mark here too.





"This 'hood has single-handedly altered people's perception of Miami and shown them a completely different side of the city."

## WHERE TO FEAST

Latin cuisine is served on a series of small plates at the **Wynwood Kitchen and Bar** (2550 NW 2<sup>nd</sup> Ave, [www.wynwoodkitchenandbar.com](http://www.wynwoodkitchenandbar.com)). Devilled eggs here come with capers and the pork belly is adobo-rubbed, paired well with a guava-meets-extra-rum Guayabera cocktail. Sit outside and stay all night.

For fresh food aficianados, **Coyo Taco** (2300 NW 2<sup>nd</sup> Ave, [www.coyotaco.com](http://www.coyotaco.com)) smashes guacamole on order and brings everything from quinoa to octopus to its hand-made taco libation. Sip a classic margarita while you watch the wooden communal table, laden with *churros*, fill with beautiful people from the 'hood. And when the hour gets late, a secret door leads you to the back nightclub, with music to enrapture you.

## STREET CULTURE

Every second weekend, colourful trucks park all over the neighbourhood selling everything from fusion street cuisine to made-like-Mom-did grilled cheese sarmies (7418 Biscayne Boulevard, [www.mscheezious.com](http://www.mscheezious.com)). Look out for a former Fedex truck with six seats serving only *omakase* (a Japanese version of pot luck)

(56 NW 29<sup>th</sup> St, [www.myumifoods.com](http://www.myumifoods.com)).

The **O Cinema Wynwood** (90 NW 29<sup>th</sup> St, [www.o-cinema.org](http://www.o-cinema.org)), a non-profit venture, screens a wide selection of indie flicks, hosts various film festivals and showcases movies you never thought you'd see on a big screen again. (Think *When Harry Met Sally* or *Blade Runner*.)

The city's first brewing company, **Wynwood Brewing** (565 NW 24<sup>th</sup> St, [www.wynwoodbrewing.com](http://www.wynwoodbrewing.com)), lures with a taproom and takes craft beer to another frontier with its limited editions. The Pop's Porter, a Gold Medal winner at the Great American Beer Festival, blends roasted malts and pairs well with anything off the grill.

## WHAT THE LOCALS ARE SAYING

"As a creative agency, we've been based here for six years and have seen the evolution. Being born and raised in Miami, it's always been a point of contention for me that



people stereotype it as South Beach, when there's so much more to it. This 'hood has single-handedly altered that perception and shown people a completely different side of the city. It's been at the forefront of the rise of great local businesses. And while many well-known national brands are making their way in, there's still a sense of community, compelling brands to adapt to the Wynwood ►

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**Clockwise, from opposite, top left:** Panther Coffee in the Wynwood Art District. • Richard Abrams samples the beer at Wynwood Brewing Company. • The coastline is a strip of happiness.







style, not the other way around.” – Jourdan Binder, Managing Partner: The Workshop Collective ([www.workshopcollective.com](http://www.workshopcollective.com))

“Wynwood is a growing neighbourhood that harbours artists and creative minds. This is where we fit in and where we

**Clockwise, from above:** A Wynwood diner.

☛ A family enjoying the day out at South Beach with their kids. ☛ Miami South Beach.

want to be, away from the bright lights and large-hotel glamour of the beach, in an old shoe warehouse which we converted. The name ‘alter’ was chosen for our restaurant because we see it as the alter ego of a haute cuisine establishment: it’s a place you can go to in jeans any day of the week, hear great music and enjoy food that’s well executed, thoughtfully and locally sourced and presented to the highest standards.”

– Bradley Kilgore, Chef: Alter (223 NW 23<sup>rd</sup> St, [www.altermiami.com](http://www.altermiami.com))

## LIFE'S A BEACH

If you'd still like to experience the attractions which made Miami famous, the city's coastline is a long, legendary strip of happiness. Here are some highlights:

**South Beach:** Get rollerblades, an Eighties perm and join any of the beach parties happening day and night.

**Lummus Park Beach:** Come here to ogle impossibly hot bodies and dynamic volleyball-players. Thatched huts offer relief from the scorching sun.

**21<sup>st</sup>-35<sup>th</sup> Street Beach:** With lifeguards, easy access to snacks and drinks and a

boardwalk for jogging, this is the ideal place to spend the entire day under an umbrella.

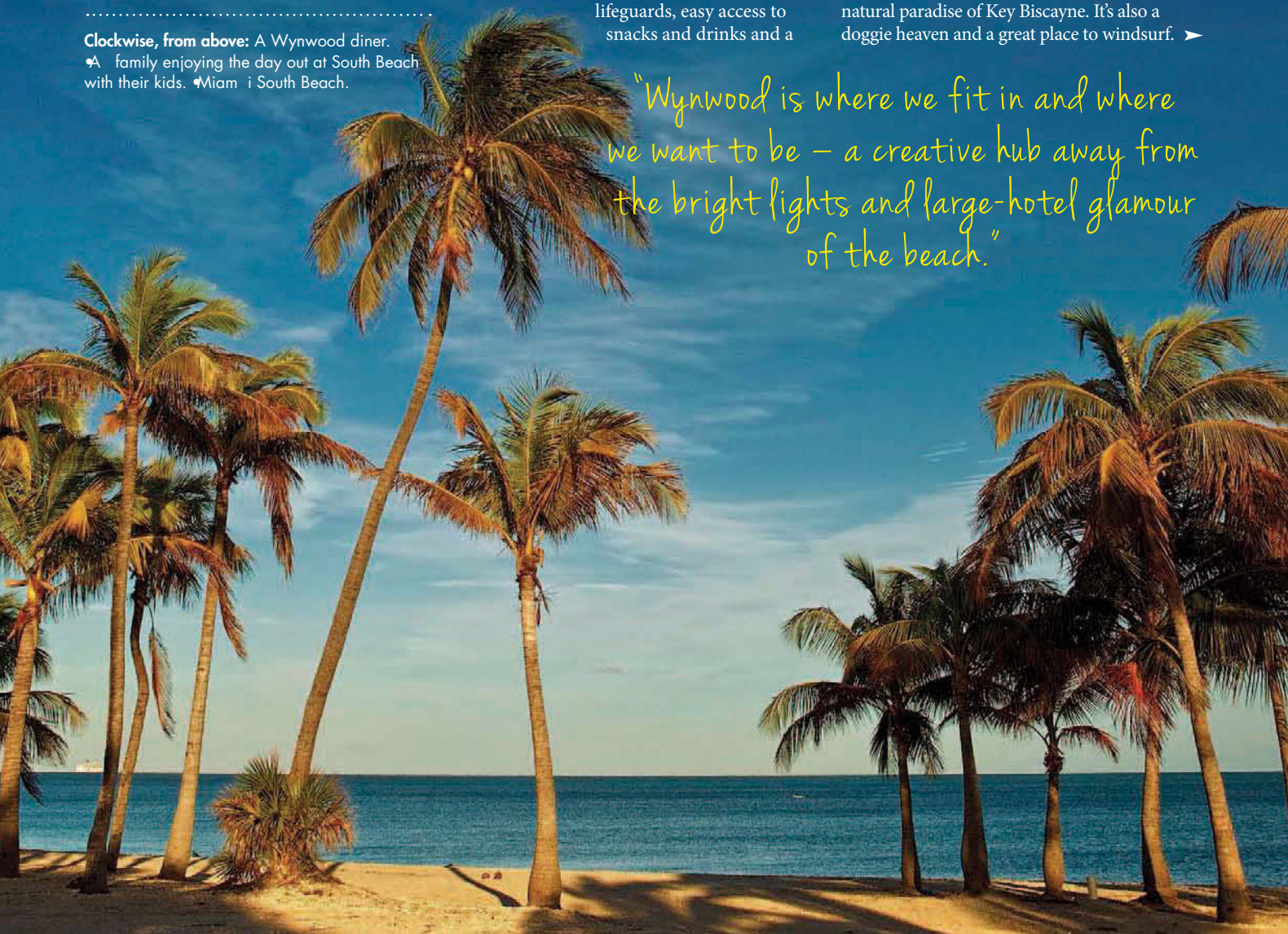
**North Beach:** If you're looking to glam it up and enjoy music from an old-fashioned band shell, this is where fashionistas come to catch rays.



**Surfside Beach:** Much quieter than Miami's other buzzing beaches, this is ideal for romantic walks.

**Hobie Beach:** Away from the mainstream strip, this beach is serene and located in the natural paradise of Key Biscayne. It's also a doggie heaven and a great place to windsurf. ➤

“Wynwood is where we fit in and where we want to be – a creative hub away from the bright lights and large-hotel glamour of the beach.”





# WHY STAY IN A HOTEL WHEN YOU CAN STAY AT THE PALACE?



The award-winning Peermont D'oreale Grande hotel at Emperors Palace is undeniably the most popular 5-star choice of corporate and government executives, as well as discerning entrepreneurs, staying over in the **O.R. Tambo International Airport** precinct. With pure palatial splendour eminent in every detail, from classic rooms to presidential suites, and an **Executive Club Floor** and Lounge that offers world-class business and concierge services.

Enjoy a dazzling display of molecular gastronomy at **Aurelia's Restaurant**, feel the kiss of the African sunset as it settles over the **Fountain of the Emperors**, or indulge your senses at **Octavia's Sensorium Day Spa**. And explore the myriad of dining, entertainment and meeting options that are unmistakably Emperors Palace.

Add the complimentary **Crown Key Hotel Rewards Programme** that enhances every stay and the only question that remains is ... **why choose to stay anywhere else?**



  
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## WHERE TO REST YOUR HEAD

**Miami Edition** (2901 Collins Ave, [www.editionhotels.com/miami-beach](http://www.editionhotels.com/miami-beach)): Recently opened under the careful watch of Ian Schrager, this luxury boutique hotel is right on the sand between North and South Beaches. An ocean-front suite comes with a balcony, from which the world's perfectly on display – and, of course, king-sized beds are nearby. After a hard day's relaxation, the



**Clockwise, from above:** One of the bedrooms at the Setai Hotel. • Soho Beach House. • The Bulgowls at Miami Edition.

elegant spa offers great massages and many other treatments.

**AC Hotel Miami** (2912 Collins Ave, [www.marriott.com/miaac-ac-hotel-miami-beach](http://www.marriott.com/miaac-ac-hotel-miami-beach)): This very affordable boutique hotel has taken the frills out of the product and focuses only on essentials with style. A minute's walk from the beach means it's well located too.

**The Setai** (2001 Collins Ave, [www.thesetaihotel.com](http://www.thesetaihotel.com)): With decor featuring the unmistakable hand of Adrian Zecker of Aman Resort fame, this hotel brings Art Deco panache to the party. The Asian-inspired suites offer views across the ocean and Frette linen to keep you in bed forever.

**Eden Roc** (4525 Collins Ave, [www.edenrocmiami.com](http://www.edenrocmiami.com)): For a classic Miami hotel experience, Eden Roc – with its Nobu restaurant and private beach access – can't be beaten. It's currently undertaking a Nobu "hotel within a hotel" project, supervised by actor Robert de Niro.

**Soho Beach House** (4385 Collins Ave, [www.sohobeachhouse.com](http://www.sohobeachhouse.com)): If you want to star-gaze, look no further. This exclusive, celeb-studded retreat features a tiki-style bar with a narrow pool around which guests laze and party. Cecconi's downstairs for dinner is worth every effort to get in.



## DAYTRIPPING

Three hours (and just 90km) on a yacht out to **Grand Bahama**, the northernmost island of the Bahamas, gives you a chance to unwind in Caribbean style. A day there can be spent exploring Freeport, the second-biggest city on the island, or hop down to any of the pristine, white beaches which are far away from the crowds and ideal for the family. [www.bahamashuttleboat.com](http://www.bahamashuttleboat.com) 🚤

