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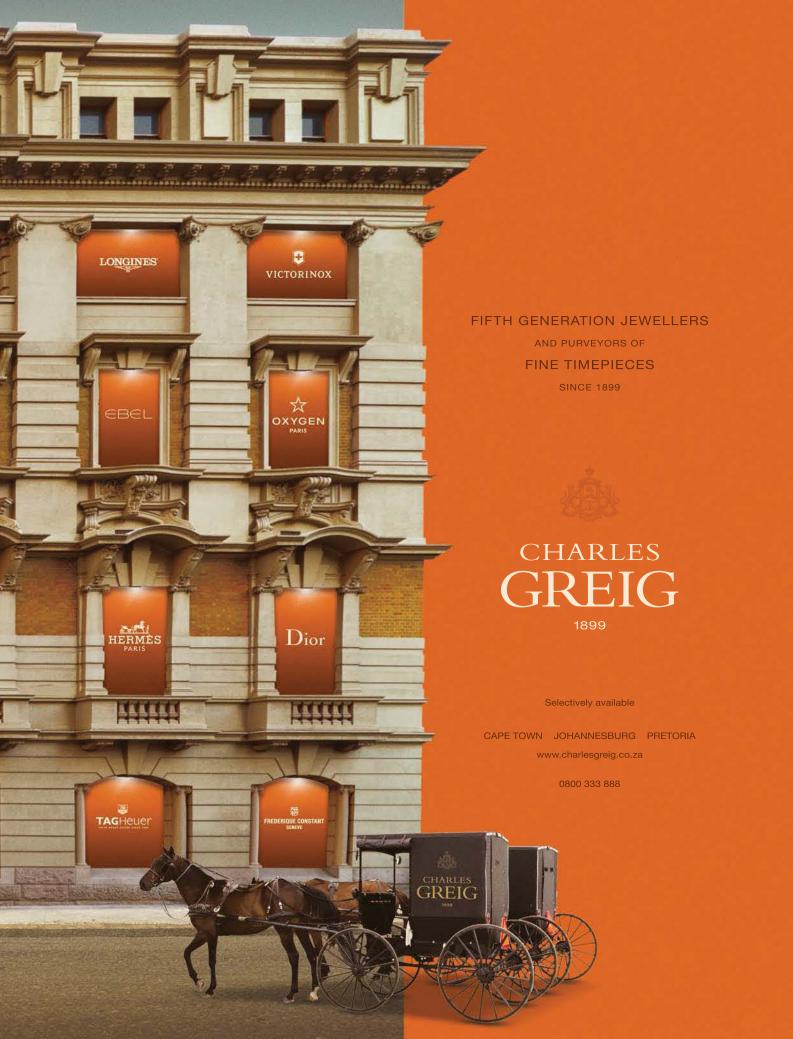
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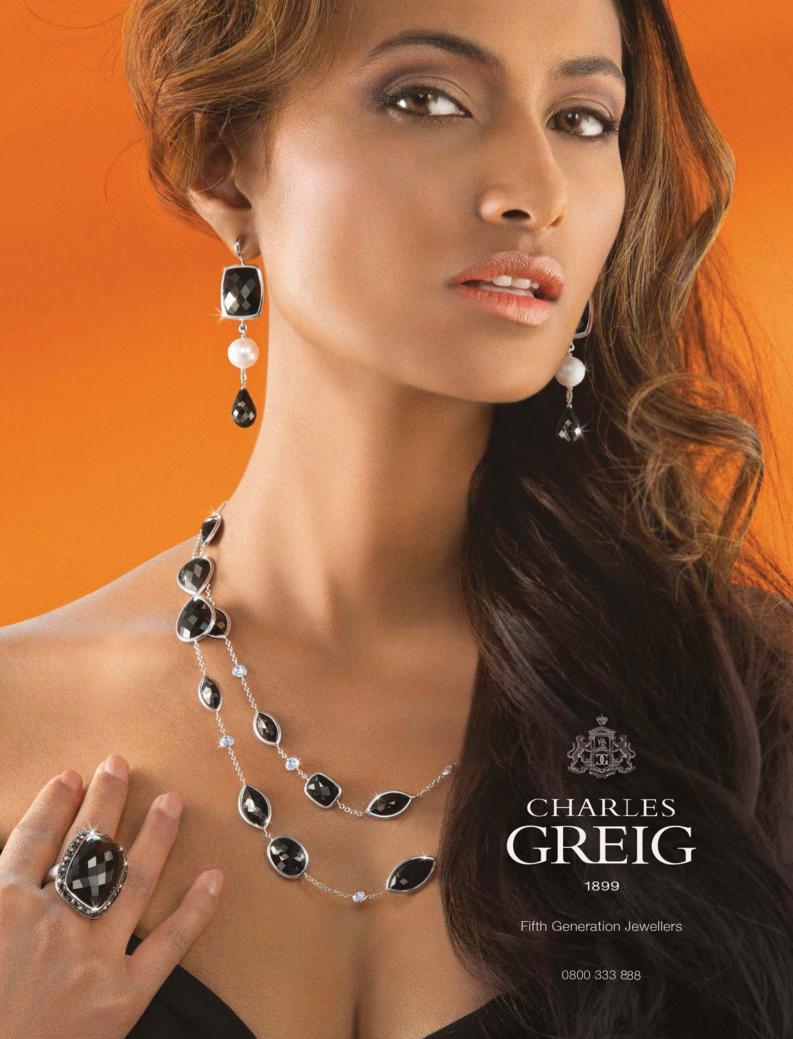
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NOTE FROM OUR **CHAIRPERSON**



Aviation is a complex industry and one of the few sectors that make use of a fantastically wide variety of goods and services.

Union, Nkosazana Dlamini-Zuma. According to a Ghanaian proverb, when you educate a woman, you educate a family - and in August, SA celebrates the significant contribution women continue to make to our nation. We salute the greatest unsung heroines of us all: the mothers who nurture, educate, nourish and fulfil our most basic and complex physical and emotional needs during our most important periods of development. Indeed, women have nurtured SA to

In a slight segue, but remaining within the theme of nurturing, is SAA's significant focus on transformation. The board initiated the implementation of our black economic empowerment ideals in early June, with the first Procurement

where it is today.

Summit hosted in Midrand, Johannesburg. More than 500

entrepreneurs and small to medium enterprises attended and engaged with SAA across

various aspects of our business. Aviation is a complex industry and one of the few sectors that make use of a fantastically wide variety of goods and services. It's from this wealth of opportunity that we're able to identify new blackowned businesses, particularly enterprises owned by women and youth, with which we can do business, while nurturing and developing black industrialists.

Just over 20 years after democracy, economic inequality remains a very real challenge in SA. It's the duty of every company in our country to take the bull by the horns and begin true transformation. The development of black industrialists, as well as supporting and nurturing black women- and youth-owned businesses, comes at only a very small cost: the time it takes to make a decision and implement it. Our future as a vibrant and diverse economy depends on the emergence of a new generation of entrepreneurs, creating employment through existing levers such as supply and demand - the difference simply being to shift procurement from traditional thinking to highly capable and cost-efficient black industrialists. This is a task assigned to every South African and one we take very seriously at SAA.

Over the coming months, we'll conduct similar Procurement Summits around the country. It's important that companies reach out to communities and black industrialists in this manner not only to present them with a smorgasbord of opportunities, but also to educate, nurture and develop them. It would be an oversight not to share with potential suppliers the knowledge of how to commence participation, position and streamline internal small business processes or submit a tender effectively and correctly. One can't expect a man to fish sans the necessary tackle.

As SAA continues to grow in the right direction through recent effective management interventions, so will the airline move towards a positive social course where it can lead the momentum in transformation's new energy.

THE NEED TO NURTURE

istory is one of the most important philosophical and practical collections of lessons from which we can take a leaf of wisdom, a foundation for who and what we are today. When one has clarity about journeys past, navigating tomorrow becomes a more calculated roadmap. History is pearled with women who've played significant roles in shaping our collective past: Joan of Arc, Emily Hobhouse, Miriam Makeba, Funmilayo Ransome Kuti, Winnie Madikizela-Mandela, Helen Suzman and, more recently, our Chair of the African

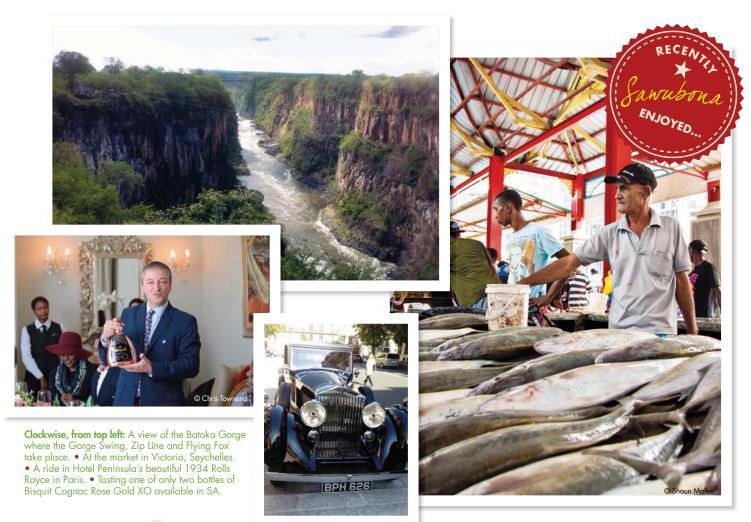
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Note from the publisher

ugust is Women's Month and we in SA are proud of the pace at which women in our country are making inroads into every facet of government, the economy, industry and social leadership. This is undoubtedly one of the greatest achievements of our young democracy. We live in a world with a long and highly resistant culture of male dominance, so it's

heartening to see change being effected and women's voices being heard across our continent. In the consumer sector, women have long been the primary decision-makers of family purchases and, recognising this, banks and micro-lenders are empowering African women to spearhead economic upliftment in their communities.

Talking of change, in this issue, we focus on three African destinations which are rapidly metamorphosing into new, vibrant hubs of commerce, industry and tourism: Brazzaville in the Congo, Maputo in Mozambique and the Seychelles. Each of them has a special allure which enchants visitors, from the vivid colours, pulsating rhythms and friendliness of Brazzaville to the old-world romanticism of Maputo and the idyllic beaches and cuisine of the

Seychelles. All three destinations are also dispelling the perception that African destinations are the "poor cousins" of glamorous European and North American ones.

One of the changes taking place in our own country concerns the role of art as a powerful influential tool in the corporate environment. Our feature, *The Business of Art (p82)*, examines the impact artworks can make on both employees and clients, and the way companies have modified their investments in this sphere.

Also within our borders, we feature a fabulous alternative to city getaways: guest farms (p68) offer everything you could want from a break - the great outdoors, a chance to see people actually working the land and caring for their livestock, the wonderful smell of fresh air, hearty food and unstinting hospitality.

Further abroad, we throw the spotlight on Frankfurt (p45), one of Germany's most vibrant cities with a long and rich history of culture. For all its modern trappings, it still retains vestiges of a quaint, unhurried past - and this contrast makes it a fascinating place to explore.

However you and the special ladies in your life celebrate Women's Month, make it a great one!

Khanyi Dhlomo CEO: Ndalo Media

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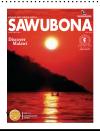
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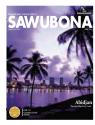
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t the start of winter this year, people who wanted a flu injection, but were too busy to go to a pharmacy, could call on UberHealth – an extension of the eHailing service – who'd then send a registered Discovery Health nurse to them, in a cab, with up to five injections so that the client and

making it instantaneous. Internet access, apps for everything and geomapping capabilities have ensured that anything your heart desires is just a swipe or tap away.

TaskRabbit was another pioneer in this industry. Launched in 2008 in the USA, it allows you to get someone to do practically anything for you, Technology –
particularly the
smartphone –
has changed the
delivery industry
completely,
making it
instantaneous.

While that's being debated, the on-demand economy continues growing in leaps and bounds.

Car-sharing services are another growth area for the ondemand economy. DriveNow is a revolutionary car-sharing service that originated in Germany and is spreading rapidly across Europe. Instead of going to a car rental depot to access a vehicle, you simply use the app to locate the car closest to you (wherever the last person who used it left it parked), drive it to your destination (keeping it as long as you require it) and then leave it there for the next client.

SA's also embracing the trend. In June this year, an on-demand delivery service - Picup - was launched in Cape Town. It offers on-demand delivery of packages and documents within a 5-60km radius of your location using bicycles, scooters or cars - and promises that delivery within the hour. Last year, a similar service called Wumdrop was launched, indicating that niche and competitive on-demand delivery services are mushrooming and could soon disrupt the local courier industry, just as new cab services are disrupting the taxi industry.

But it's not just cars or delivery services that are on demand: human resources are moving in the same direction. The concept of transient "work swarms" that work on a project-by-project basis, instead of permanent staff, is becoming more commonplace. *The Economist* estimates that 70% of the world's workforce could also be "on demand" by 2025.

For customers, the on-demand economy brings seamless convenience. For businesses, it could be another disruptive technological threat – or a golden opportunity.



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Dion Chang is the founder of Flux Trends. For more game-changing business trends, visit: www.fluxtrends.com

their family (or staff) could all get the shot without stepping outside. This is the beauty of on-demand services – and it's spreading across all industries.

Uber's been the trailblazer of this on-demand service trend, doing anything from delivering pet kittens to your door to helping you move.

Delivery services have been around for a long time, but technology – particularly the smartphone – has changed the industry completely, from assembling a bookshelf to queuing at a restaurant. The service has now spread internationally and has raised \$40 million in venture funding.

Bizzby Sky is a UK-based company that's already engineered a drone-on-demand system that can transport anything up to 500g, like a set of keys should you find yourself locked out of your house. This service is ready, but aviation authorities have yet to figure out the legislation for drones.





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The Power to Surprise

Sibusiso Mkwanazi laments the fact that elbow-patched cardiganwearers don't make bird-watching sexy enough to entice a younger, trendier crowd. But someone has to be handed the baton of conservation

A blacksmith lapwing bathing.

A blacksmith lapwing bathing.

Secondly, by conserving bir understand the all living thing how these affee birding is one gatherings avant to develop a rebirders to configust spotted. "I cellphone and more appropriate to the people yean't live with Candy Crush a watching app of the birding about attracting crowd – the is marked by the strength of 13 og 8 waterbirds were counted this year, compared with 2014's total of 15 og 1. The

rnithology. Twitching. Whatever word you use, there's no sexy way to describe birding. I've been attending the Sasol BirdLife Vaaldam Co-ordinated Waterbird Count for a number of years and it seems as if it's the only event that doesn't welcome change.

Every year, when I express my exhilaration at being invited, I get puzzled stares from family, friends and colleagues who simply don't understand why I'm willing to sit on a boat on the Vaal Dam, counting and classifying birds. One good thing about the event never changing is that the University of Cape Town's always involved through its Animal Demography Unit, where a professor

presents the work they do.

Laymen like you and me need to know that the coffee we drink daily could be harming birds. Ethiopia produces some of the best coffee in the world, including Arabica, a strain reportedly utilised in two-thirds of the global coffee trade.

most abundant species was the

blacksmith lapwing, with 3 165 birds

(1873 last year), followed by the

Egyptian goose, with 1 662

(2 349 last year).

Birds' natural habitats are being cleared around the world to plant coffee plantations, something that's evident in the lower numbers of birds counted in coffee bean-producing regions such as north Africa and South America. Birds like the lemon dove, the Abyssinian ground-thrush, the eastern olive sunbird and the green-backed twinspot all need

thick forests to survive.

Bird-watching and conservation matter more than the average Tom, Dick or Bongani supposes. Firstly, it's all about ecology. For example, birds control harmful or annoying insect and rodent populations. They also help distribute seeds, which has a direct impact on the food we consume.

Secondly, by studying and conserving birds, we can better understand the relationships between all living things on our planet and how these affect us. Believe it or not, birding is one of the most social gatherings available, as you're forced to develop a relationship with fellow birders to confirm the species you've just spotted. "Flight mode" on your cellphone and tablet have never been more appropriate, as you simply talk to the people you're with. If you really can't live without your device, delete Candy Crush and download a birdwatching app instead.

If the birding community's serious about attracting a more diverse

crowd – the average bird-watcher is male, white, retired and wears elbow-patched cardigans in

various colours

– they need to
realise the
importance
of peripheral
activities.

Young

e and trendy people would possibly be interested in birdwatching and conservation if there were entertainment of some involved. Perhaps the

sort involved. Perhaps the weekend could be linked to an arts, culture, food or wine festival.

Whether you're well travelled or a homebody, young or old, black or white, cardigan- or boob-tube-clad, learning to differentiate a dove from a pigeon and the patagium (the tip of a bird's wing) from the gorget (part of its plumage) makes bird-watching fun. As long as you don't make the two mistakes I made (incorrectly labelling a caspian a lesbian, and asking about medical malpractice upon hearing the acronym CWAC (co-ordinated waterbird-counting)), you'll be just fine.

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Bad profits = bad business By Brian Parsley

Customers are usually willing to refer someone based on a positive experience. However, poor service can have a ripple negative effect

Follow Brian Parsley on @brianparslev or www.brianparsley.com

purchased landscape lighting for my home a few years ago. The cost was several thousand rands, but the quality of the product and level of service provided made up for it. I've never had a problem and when it came to servicing the lights last month, I didn't hesitate to call in the company which did the original work.

I wanted them to replace all the bulbs (some were out) and move a few of the lights to different locations. The bill was R1 000 (a little higher than expected), but I gladly paid it because of the level of service I received.

However, a week later, one of the new bulbs stopped working. I called the company to let them know. They apologised and said they'd send someone out immediately. Wow - great service!

However, I then received a second bill of a few hundred rand for a service call and bulb. I called to ask whether

"Sorry," they said. "That's our policy."

The few hundred rand they made off me that day actually cost them far more. It eliminated any possible chance of me doing further business with them. Neither will I be among the 83% of customers who - according to the Texas Tech Study: Anatomy of the Referral - are willing to refer someone based on a positive experience.

The purpose of any business is obviously to create profits. However, many companies focus on the wrong things. Worse, they assume existing customers will keep coming back. Big mistake.

Like the landscaping company I hired, businesses find ways to create incremental service fees, add a charge to speak to an employee, or tack on ridiculous handling fees, all in the name of maintaining profitability. The problem with this approach is that it's only short-term.

Have you ever been charged for an extra sauce at a restaurant? Doesn't it make more sense to just add a few cents to the price? Instead, companies exchange profitability for a "nickel and dime" approach that builds walls between them and their customers.

I recently purchased a piece of jewellery from a place known for its blue box. As I was leaving, the salesperson told me I could always bring the piece in to have it cleaned - for a small fee. Crazy! If I'm buying an expensive item, that means I have disposable income and am willing to spend it. They should have been offering me a free cleaning service, which would bring me back to their store and result in potential further business for them.

We live in a world of immediate consequences to our actions and policies. One tweet, Facebook post or video blog can make or break an organisation. The information shared doesn't even have to be true. It's all about the way it's spun. When something's posted online, it's simply

One tweet, Facebook post or video blog can make or break an organisation.

this was a mistake. No, they assured me - the service charge was for coming out to replace the bulb. I reminded them that the bulb they'd replaced was one I'd already paid for, which had burnt out within a week of installation. accepted as reliable information.

If you get enough people to believe you treat your customers fairly, you win. Conversely, if you treat your customers badly or dishonestly, you lose – very quickly. 🔪





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traveller



Jonathan Phang

Jabulile Ngwenya chats to celebrity chef, author and presenter of the hit series *Gourmet Trains* (which airs on DStv's Channel 179) about Peking duck, travelling, tanning and meeting the locals

What's your background? I started my career in the modelling and fashion industry at the age of 17. I thought it would just be a summer job – I didn't expect it to last 31 years! I had a really great experience as an agent. I loved the camaraderie with the models and clients and I still work with Jerry Hall. What attracted me to the job I do now was being able to talk, which agents no longer do: it's all emails and shorthand, which is uninspiring. Food's been my passion since I was seven. I was always in the kitchen with my mom, my aunts



and their lady friends. I'd help out with the cooking and found I had a natural aptitude for it. Cooking was a part of my life even throughout my agenting days. How do you bring history, fun and entertainment into your show? The way I am on air is pretty much how I am in real life. Being natural and genuine is important, because I want to create the kind of show I'd like to watch myself. When I create

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a travel show, I want to know the history of a place and where to eat. I also want to meet some locals. What dishes have you always wanted to create? I've always wanted to make a good Peking duck (and I don't mean the crispy-fried nonsense). There's a restaurant in London, believe it or not, run by a Swedish chef where they serve a Peking duck that will make you shout: "Oh, my God!" I also thought I was able to make several of the dishes my mother used to make, but when I tried to do so, they didn't turn out the way I wanted, which was very annoying. To be honest, it's a real treat to go to a restaurant and eat something you can't create at home. Have you enjoyed South African food since you've been here? I'm really ignorant about South African food, but I had a nice Cape Malay curry in Cape Town and a wonderful meal of peri-peri chicken and spicy prawns at a Mozambican restaurant called Parreirinha in La Rochelle, Johannesburg. I also had the best chips there.

What won't you eat? Tripe. However, I'm open to being converted...
What are your favourite
destinations? Cape Town is one

destinations? Cape Town is one of my top three. It's beautiful and reasonably priced, the food's great and the weather's wonderful.

However, it all depends on what you want from a holiday. I just want to eat, drink and get a tan call me shallow. As far as history goes, China and India are great places to visit. In one episode of Gourmet Trains, we travelled to Peru and I visited Machu Picchu. It's a very spiritual place and that was one occasion when I wished I was alone. Being there meant a lot to me.

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his year the group won no less than three awards, confirming that it's on the right strategic path in terms of achieving customer satisfaction. SAA was named Best Airline in Africa for the 13th consecutive year. Feedback from its customers also ensured that it received the award for Best Airline Staff in Africa for the fourth time. This is a particularly special and coveted accolade, as it recognises the combined quality performance of an airline's front-line and on-board cabin staff, as well as its airport employees.

Mango, SAA's low-cost carrier, received the award for Best Low-Cost Airline in Africa. "Receiving three customer satisfaction awards on behalf of the group in front of an audience of peers in the aviation industry, at an auspicious event such as the 51st International Paris Air Show, was a most satisfying experience. These awards are dedicated to the people working at SAA and Mango, whose hard work and perseverance have shown our detractors that the group's going from strength to strength. Excellent customer service is one of the five pillars of our Long-Term Turnaround Strategy

Clockwise, from above: Nico Bezuidenhout, SAA Acting CEO and Zuks Ramasia, **GM** Operations received the SAA group awards. **Employees** celebrating their awards. Sawubona Editor Ingrid Wood and Graham Cooke, President and founder: World Travel Awards.

and these awards confirm that our efforts are paying off," says Nico Bezuidenhout, SAA's Acting CEO.

The Skytrax awards, the brainchild of an independent aviation research organisation, have become an institution on the annual events calendar. Based directly on a consumer satisfaction survey conducted each year by Skytrax, they're the benchmarks of airline excellence.

The event followed soon after IATA's annual general meeting held in Miami, USA, where the world's top airlines gathered.

SAA also received two accolades at the World Travel Awards, where it was named Africa's Leading Airline for the 21st consecutive year.

Moreover, its in-flight magazine, Sawubona, was awarded Africa's Leading In-flight Magazine. In this category, the publication competed with in-flight magazines from Africa and the Indian Ocean.

The World Travel Awards are voted for by travel and tourism professionals worldwide. This year's awards were presented at a gala ceremony at the Kempinski Seychelles Resort.



SAA OFFICIAL CARRIER FOR WORLD ROUTES **DURBAN 2015**

SAA is the official carrier for this year's World Routes event, which for the first time in its 21-year history will be hosted in Africa.

World Routes is an annual global event where route development professionals in the airline, airports and tourism industries meet to discuss existing international air services and plan new ones. It is the largest global annual event of its kind.

"As the leading carrier on the African continent, we're honoured to be the official carrier of delegates attending this highprofile, international gathering. It's further testimony to SAA's premier standing in the global aviation industry," says Nico Bezuidenhout, SAA's Acting CEO.

World Routes 2015 takes place in Durban from 19-22 September. Up to 3 000 delegates from more than 100 countries, 300 airlines and several tourism authorities will be participating, including tourism and transport ministers, chief executives of airlines, airports and tourism marketing organisations, as well as experts and media practitioners in allied business disciplines. Michael Mabuyakhulu, KZN's Provincial Minister of Economic

Development, Tourism and Environmental Affairs, says: "As the province, the country and the African continent, we're ready to deliver the best World Routes summit ever."



UP A STORM IN JO'BURG



The Jo'burg Shopping Festival is back – bigger and better than ever!

After the success of the inaugural festival last year, MojaNation Exchange and partners Visa, the City of Joburg and the Gauteng Tourism Authority are proud to announce the return of the event in 2015. More partners have been added, such as Uber, the Gautrain, SAA, SAA Holidays and other leading brands to bring you 10 days of fabulous shopping and amazing prizes.

From 24 September to 3 October, fashionistas and bargain-hunters will be able to take advantage of great deals and special offers in four Gauteng malls: Sandton City, the Oriental Plaza, the newlyrenovated Rosebank Mall and the iconic Eastgate Shopping Centre.

The Jo'burg Shopping Festival takes its cue from the Dubai Shopping Festival, which is now in its 20th year. Designed to encourage foreign and local tourism via a variety of marketing and other experiential events, this year's Jo'burg event has been strategically placed between two other tourist driving events: the Joy of Jazz, which runs from 24-26 September, and the EcoMobility Festival taking place in the Sandton CBD during October. www.joburgshoppingfestival.co.za

SAA TECHNICAL ANNOUNCES JOINT VENTURE

SAA Technical (SAAT), the maintenance division for SAA and AAR, a world leader in airframe maintenance and supply chain solutions, have signed a Memorandum of Understanding to establish a joint venture partnership aimed at reducing costs and increasing operational efficiencies of the airline's fleet. The joint venture will also focus on growing SAAT's MRO services to thirdparty customers/airlines across the continent.

In terms of the agreement, AAR will provide operational analysis and technical assistance for MRO and warehouse facilities, as well as integrate IT solutions, including AAR's 1MRO Software Suite. AAR has a

global reputation in the aviation sector for improving operational efficiencies and turn-around times, as well as lowering costs through its customer-centric solutions.

"We chose AAR to support us as we strengthen and grow our world-class facility because of its experience and expertise in this area," says Musa Zwane, CEO of SAAT. "We're excited about developing a joint venture that will allow us to reduce maintenance costs, increase fleet readiness levels for our valued customers and ultimately expand and serve West and Central Africa."



AAR will also support expansion of SAAT's component repair capabilities, including landing gear, and potentially support a new MRO facility in West and Central Africa to meet growing regional travel in the region and increasing international travel to the continent.



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AVIATION AND THE ENVIRONMENT:

A GLOBAL PERSPECTIVE The global aviation industry is committing to new measures to reduce environmental impact

Globally, climate change is becoming an important issue as noticeable changes to long-established weather patterns start to manifest.

Governments around the world are heeding the call to address the issue of climate change by looking for measures to force industries and consumers to change their behaviours. This not only directly affects aviation, but also influences consumers' travel choices.

Aviation is a valuable driver of the world economy and it is the first industry to have ambitious global goals for reducing the climate impact of its operations, which currently contribute 2% of man-made CO₂ emissions.

Over 95% of these emissions come from the burning of jet fuel by aircraft operations. While the airline industry has always had a good reason for reducing the amount of fuel it uses (fuel is the largest cost for airlines), since 2008 the whole industry has refocused efforts on stemming the growth in emissions from the sector. Technology and operational measures deployed since 1990 alone have allowed the industry to avoid over five billion tonnes of CO. But with growth in passengers and traffic, the industry realised a more strategic focus was required.

At the 2008 Aviation & Environment Summit in Geneva, Switzerland, industry leaders signed an agreement to this effect. This was followed by a set of comprehensive targets:

FROM 2009-2020: **AVERAGE 1,5% EFFICIENCY IMPROVEMENT PER YEAR**

The industry is using a fourpillar strategy to increase its fuel efficiency by a further 17% over the first decade. An important part of that strategy is the introduction of new technology - the biggest impact of which comes through replacing older aircraft with newer, more



efficient models. This is not cheap. To keep to the 1,5% fleet efficiency improvement target, the world's airlines will need to purchase around 12 000 new aircraft by 2020 at an estimated cost of \$1,3 trillion.

FROM 2020: CAPPING **EMISSIONS GROWTH** FROM AVIATION

The aviation sector has agreed to cap net emissions at the 2020 level. Any emissions it is unable to reduce through operational, technological or infrastructure measures, or by using sustainable alternative fuels, will need to be offset by market-based measures.

BY 2050: HALVING NET EMISSIONS BASED ON 2005 LEVELS

The larger emission reduction possibilities of advanced technologies, sustainable aviation fuels and continuing work on infrastructure and operations efficiency will ensure that by 2050, net carbon emissions from aviation will be half of what they were in 2005, or 318,5 million

tonnes of carbon, despite growth in passengers and cargo.

Aviation has adopted four steps to cutting aviation CO₃:

- Technological innovation. Each generation of aircraft is around 20% more fuel-efficient than the previous one and over the next decade, airlines will invest \$1,3 trillion in new aircraft. Sustainable alternative aviation fuels have the potential to cut emissions by up to 80%, compared with traditional iet fuel.
- Operational improvements have made the existing fleet lighter and more efficient and using new air traffic control techniques can further reduce emissions. For example, landing using a continuous descent into an airport can save at least 150kg of CO per flight (SAA has implemented this in Cape Town by developing the RNP-AR system). Adding wingtip devices to an aircraft can reduce fuel use by 4%.
- Infrastructure improvements. Shortening flying times by one

- minute saves at least 100kg of CO per flight. Reformed air traffic management systems will reduce flying time and significantly cut emissions.
- Economic measures are a part of aviation's commitment until technology and more efficient operations achieve the targets. Airlines and associations are working with governments to design a global market-based measure which accounts for emissions by requiring offsets.

SAA is a fully committed member of IATA, a member of the IATA Environment Committee and an IATA Environmental Assessment Stage 2 airline (one of only two airlines in the world to implement this rigorous environmental management system and achieve stage 2 status). SAA has implemented an aggressive environmental sustainability programme to ensure that it is the most environmentally sustainable airline group by 2022. 🗞

Visit: www.enviro.aero or www.iata.org

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TRAVEL TALK

Beautiful escapes and experiences for the discerning traveller

Compiled by Ingrid Wood



By Daniel Scheffler

GLOBAL EYE



NANTUCKET, USA The only all-season resort on the island, The Nantucket is the quintessential New England village. Perfect for families, it features new private cottages with great water views. Be sure to wear your Nantucket reds and ask for a locally brewed beer as you take in the peace and quiet around these parts. www.thenantuckethotel.com

MEXICO CITY At Chiquitito in the ever-interesting Condesa area, an aeropress with freshly roasted beans will satisfy coffee connoisseurs. It also delivers a cold brew for when the heat becomes unbearable. www.chiquititocafe.com

LONDON Kit Kemp, with her extraordinary taste, is the owner and designer of Ham Yard in evergreen Soho. Her latest creation comes with a bowling alley, a rooftop garden complete with bees and a Sunday cinema (just in case it's raining outside). Afternoon tea in this urban village is sublime. www.firmdalehotels.com

BROADWAY, NEW YORK With the Tonys having just been awarded to the best in showbiz, there's a good reason to rush to the Big Apple. Robert Askins' diabolical satire, Hand to God, takes the idea of a possessed puppet to new and hilarious heights, while Fun Home - with lyrics by Lisa Kron and a score by Jeanine Tesori – celebrates "coming out" musically. www.broadway.com

> CHENGDU, CHINA Swire Properties' Temple House opens this month. With the entrance leading through a temple, it features rooms and luxury

> > apartments. Offering full-service hospitality, it's also a great option for visitors, besides seeing pandas and hiking. www.thetemplehousehotel.com

DALLAS, TEXAS

With an extraordinary art collection, as well as some of the finest fare in the Lone is changing the city. Downtown Dallas is being revitalised with a new focus on lifestyle in and around the hotel - including inventive shopping, an ESPA for

wellness, Weekend Coffee and more to come. www.thejouledallas.com

PRAGUE, CZECH REPUBLIC The "City of 100 Spires" now offers an extraordinary experience at the Four Seasons: a private performance of Mozart's Don Giovanni at the Estates Theatre. Opera, views of the old town and a summer ice cream at Cottocrudo it doesn't get better than this. www.fourseasons.com/prague





London

New York



A NIGHT AT CHALKLEY'S





Overlooking the rapidly darkening bush from my lofty position at the Chalkley Treehouse, a glass of chilled wine in my hand and a scrumptious, tapas-style dinner laid out before me, I literally have to pinch myself. Scattered along the wooden stairway and upper platform, paraffin lamps cast a romantic glow over the furnishings, which consist of a table and chairs, sitting sacks, nightstands and a double bed that's lavishly adorned with cushions and mosquito netting

Behind the safety door is an enclosed bathroom. Other than that, there are no walls or windows. There isn't even a roof: only a clear, full moon in a sky strewn with stars and smudges of cosmic dust.

There isn't a soul in sight either: just the wildlife people come to see at Lion Sands. River Lodge is 4,5km away and the two-way radio left on the nightstand is my only means of communicating with the world.

Apart from the sound of rutting impalas echoing across the darkness, and the roaring of lions during the night, it's also absolutely quiet. This is surely the bush at its best. www.lionsands.com - Fransje van Riel



BACK IN TIME To celebrate 40 years of design, Tumi has released a commemorative collection called 1975, its founding year. The range is inspired by the cowhide leather which Tumi imported from South America in the early years of production. We love its look, quality and vintage feel! Each piece has a limited-edition number

Fashion Forward

Local fashion designer Desirée Jearey of the label Desray creates a mix of chic garments for women with an eye for beautiful clothes. Basic, yet stylish pieces - the backbone of the collection - translate into a troublefree wardrobe.

Jearey on best travel basics: "Assembling a capsule wardrobe for travelling is like creating a fashion puzzle. If a garment doesn't go with two or more items, it doesn't come with me. The core is a black or white vest, a denim shirt (casual, but you can make it look smart), a blazer or a coat. And I always pack a good pair of jeans (boyfriend or skinny, but not one with distressed patches or holes)."

On accessories: "When space is tight, choose only one handbag. It needs to be tan-coloured so that it goes with anything. I like a bucket-shaped bag that can be worn on your arm or slung over your shoulder. Pack a scarf, which is like the scatter cushion of a wardrobe. It breaks any solid black outfit and keeps you cosy on a plane. Don't go overboard with jewellery: pack a pair of statement earrings or a necklace and avoid rings, since they can hook on clothes and your fingers can swell while you're travelling."

On packing: "Pack shoes at the bottom of your case and don't take too many pairs. Ankle boots are ideal, as they can be worn with skirts, shirt-dresses and skinny jeans. And always leave a bit of space in your suitcase for shopping. Even if you're not intending to, once you're abroad, you shop!" www.desray.co.za - Helen Clemson



ALL SO GHTYA

EightyAte, the new restaurant at Cape Town's Hollow Boutique Hotel is located in the heart of the city opposite the Company Gardens, the iZiko South African Museum and the National Art Gallery - and the handmade oak tables, charging stations for laptops and bright, open space make it perfect for a productive (or lazy) afternoon.

But the contemporary restaurant (the work of interior designers Hilary Brotherton and Leonore Kruger) is ideal for dinner too. Like the decor, the seasonal menu is essentially simple and each dish is paired with a recommended wine sourced from local farms. And because a "La Verre de Vin" system is used to remove oxygen before resealing open bottles, you can order any wine by the glass.

For starters, go with the Caprese salad (with Villiera Starlight Brut) or the salmon gravlax (with Vondeling Chardonnay). For mains, have the line fish (with Iona Sauvignon Blanc) or a moskonfyt bobotie phyllo pocket (with Grangehurst Pinotage). And for dessert, enjoy the berry bliss (with Vondeling Sweet Carolyn Noble Late Harvest) or a warm chocolate brownie (with Catherine Marshall Myriad Port).

"I love the way food brings people together and makes them happy," says chef Sunette Kruger, who began her culinary career with a Bachelor's degree in consumer science, followed by a stint in product development. "If you use the finest ingredients and you cook with passion, you can't go wrong." She certainly doesn't.

88 Queen Victoria St, Gardens. 021 423 1260. reservations@ capetownhollow.co.za; www. capetownhollow.co.za - Eugene Yiga



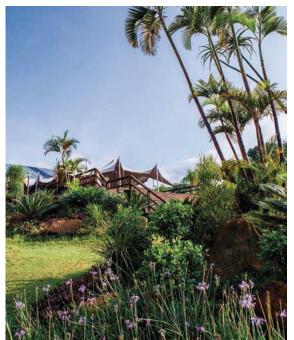


Travel Entrepreneur

We chat to Carol Sanderson, owner of Casambo Exclusive Guest Lodge and winner of the Tsogo Sun 2014 Guesthouse of the Year

What inspired you to open Casambo? I was looking for a new challenge and wanted to leave my job in media, but I didn't plan on being a housewife. Luckily, a neighbour decided to sell his land that was bordering ours. It had three existing chalets – and that's when the idea of Casambo hit me. My vision was to create a self-catering accommodation establishment with distinction and class in the rich African bushveld, with artistic, multifunctional spaces.

What's your relationship with Tsogo Sun and how has winning the award helped you? We aren't partners with Tsogo Sun, but it mentors me through its Tsogo Sun Book a Guesthouse programme, which develops my business skills. I enrolled for it through the Mpumalanga Tourism Authority and while I was doing it, the competition for Tsogo Sun Guesthouse of the Year was launched. We entered and won, which was an amazing experience for me and the Casambo team. The support and exposure we receive from Tsogo Sun are extraordinary and have opened many doors for us, nationally and internationally. Through that exposure, we've also received many more awards. When we started, I thought it would be easy. I loved the idea of forming creative spaces, but when the



real work started, I had to ask for help because I was clueless about the industry.

How has the hospitality industry challenged you personally? I'm an introvert, so I had to come out of my shell in order to achieve maximum results for the business. I also had to identify my strengths and overcome my weaknesses in order to develop myself.

Why is Casambo so community-driven?

Our family values are about nurturing and supporting children, so we've invested our finances and skills in doing that. We support pupils in the surrounding schools, as well as university and college students in and around Nelspruit.

What are your future plans for Casambo? I

hope to see it as an international brand. We're busy consulting with Franchise SA to that end. We'd like to franchise Casambo in other provinces and African countries such as Mozambique, Malawi and Swaziland. We're currently building a small boutique at the lodge which will sell uniquely African products. We're also planning to open a spa between the rocks and the oldest trees on the farm. In addition, we plan to craft our own beer soon.

CHECKING IN Carol and her family are very welcoming and gracious hosts at the four-star **Casambo Exclusive Guest Lodge,** situated five minutes away from the Kruger Mpumalanga International Airport. A private retreat, it offers luxurious, fully contained, self-catering or catered facilities for couples, families and business travellers. The individually decorated chalets offer spacious and comfortable facilities that combine a fusion of colours, textures and decor. If you're wanting a getaway in tranquil surroundings with excellent service and superb sushi – and perhaps a great party with live music to liven up the weekend – look no further. Enjoy the abundance of birdlife from the comfort of your private balcony, while surrounded by unspoilt African bushveld. Carol hosts community projects in the Africa Hall, inviting local

entrepreneurs to exhibit. The Lowveld has found new inspiration!

www.casambo.co.za – Jabulile Ngwenya

→ OOH LA LA!

Being in the travel game, we always get excited about beautiful luggage. Travel accessories aren't just about functionality – they need to look stylish too, which is why we love Lipault, the chic Parisian brand that's now available in SA. The range of suitcases, briefcases and handbags draws inspiration from the Sixties, with trendy colours and fun materials. Now part



of the quality Samsonite group, it also assures you of durability. 031 266 0620; www.lipault.com



HOT Gadget

The Hisense Infinity H6 smartphone (R3 999) is the perfect travel accessory – light, easy to use and with a great camera. The 5" screen produces crisp, clean photos, while the main camera has a 8MP autofocus and the secondary camera has a 5MP focus. It also has video recording, an LED flash and a 2 000mAh capacity battery. Its

Android 4,4 "KitKat" operating system makes it faster and more responsive. On the business side, it enables easy integration for various tasks. It has a dual SIM card and uses micro-SIMs, perfect for those who have one SIM for data and another for calling. If you're a frequent flyer, you can insert one SIM card when you travel to another country and keep your regular card in your mobile phone, so that you don't lose it. www.hisense.co.za – Zaza Motha



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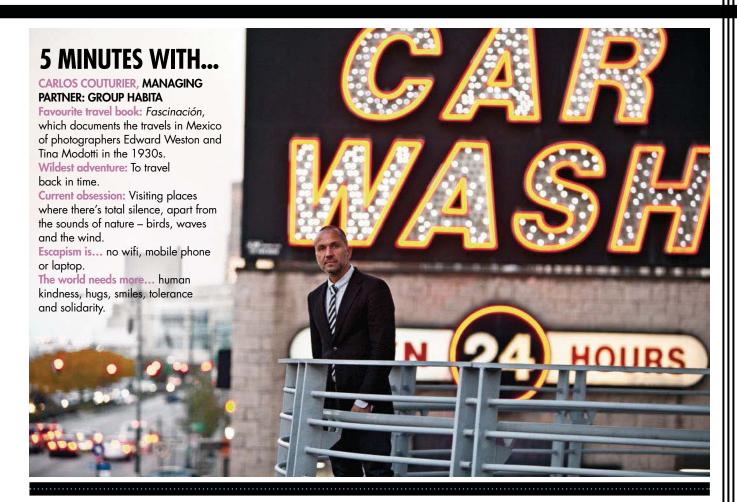


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Over the hills and far away

If you ever needed an excuse to break away, Akasha Mountain Retreat is it. A three-and-a-half-hour drive from Cape Town, it's situated amid the fynboscovered foothills of the Langeberg and is the ideal country bolthole.

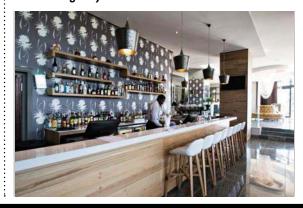
Decorated in a gentle Moroccan style, the main house sleeps six in three bedrooms - but ensure you bag the master suite with its romantic en-suite bathroom and patio doors opening onto endless mountain views. A few steps away, a smaller suite sleeps two, but rather gather your friends and family and rent the whole property. Then you'll have the run of the lawns, the sheltered courtyard and the trampoline, which will keep the kids entertained while you settle in with a good book. Take a walk through the fynbos, cast a line in the nearby dam or book a spa treatment up at the main farmhouse. In the evenings, light the fire and cook up a storm in the stylish, open-plan kitchen. This is a place for going offline, slowing down and enjoying good company with equally good food and wine. Akasha will take care of the rest. 082 090 1741; www.akasharetreat.co.za - Richard Holmes

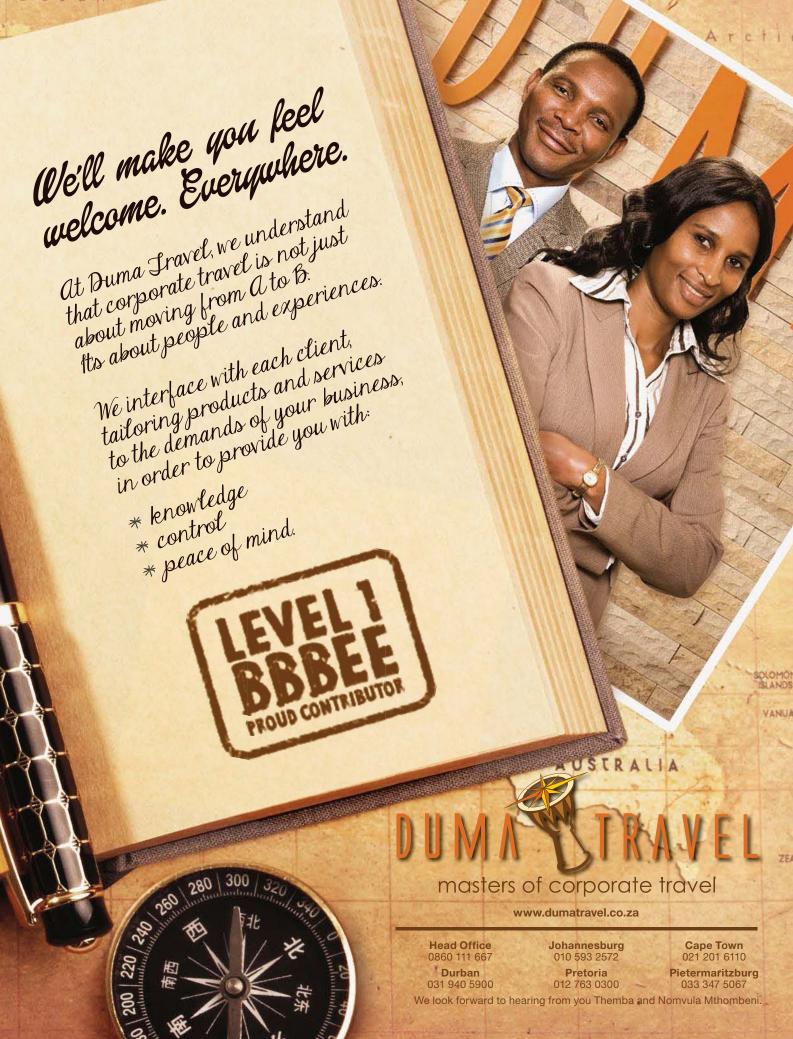
ON OUR RADAR

Three Cities Urban Park Hotel & Spa, Umhlanga is a business traveller's dream, located midway between Durban's airport and central business district. It offers various self-catering options, from a standard studio to a three-bedroomed apartment, all with fully equipped kitchens. There are shops and eateries nearby, although the hotel has its own four-star Cosmopolitan Restaurant, as well as La Vida, where you can get your coffee fix. I loved the attention to detail and the staff's attentiveness.

The decor is chic and modern, creating an urban feel both outside and inside. You're guaranteed good wifi access, conference facilities, a gym, a pool and ongoing service, even during load-shedding. This is definitely a hotel for people on the move. www.urbanparkhotel.co.za

– Jabulile Ngwenya





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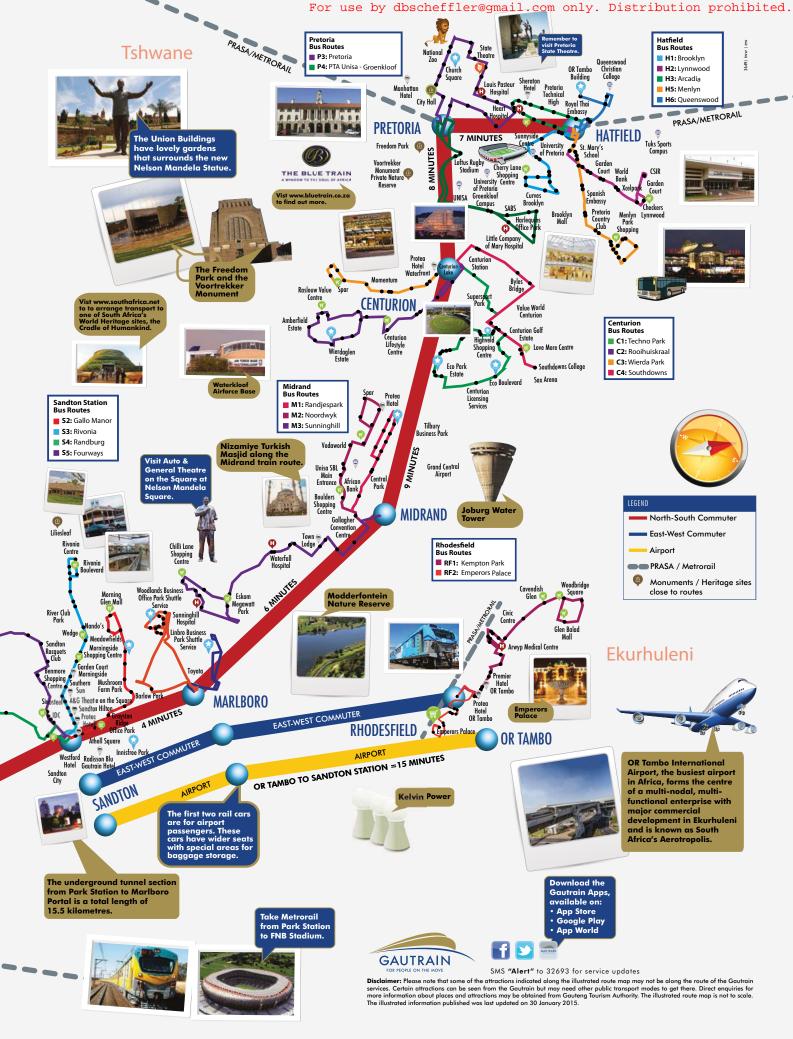


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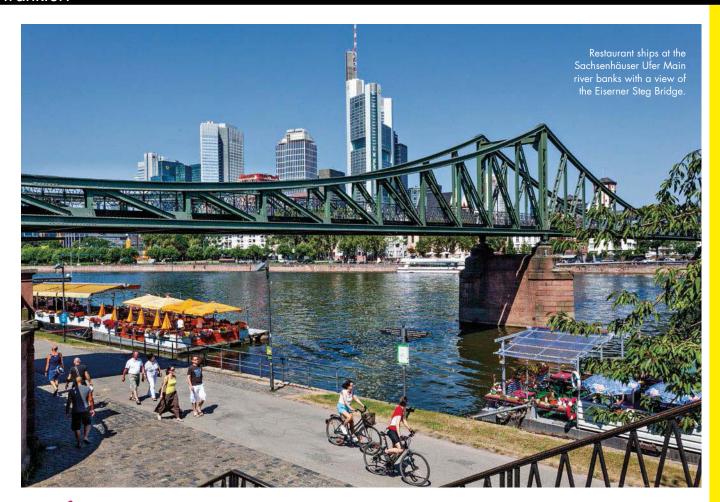
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I'd visited Germany many times before, but never Frankfurt, which I'd dismissed as a mere transit destination: a place for business, not fun or adventure.

This February, though, I decided to stay there for a day and explore it on foot. Two things transpired. Firstly, I realised I'd had it all wrong: far from a place to miss, it's a marvellous portal to Germany's history, culture and architecture. Secondly, one day is just enough to whet your appetite for it – not sate it.

My guide was Jack, an American expat who loves the city and knows it intimately. He agreed to show me some of his favourite haunts.

The city and its adjacent suburbs comprise a sprawling metropolis of more than 2,5 million people. Frankfurt is the financial centre of Europe, containing the European Central Bank, the Deutsche Bundesbank (German Federal Bank) and the Frankfurt Stock Exchange (the DAX). Its city centre is also home to many historical and architectural gems, accessible by foot. A morning is nowhere near long enough to explore what's inside the museums or

churches, but it's a wonderful environment for a refreshing *stadtbummel* (city walkabout) after a transcontinental flight.

The airport train station is located under an imposing building called the Squaire or Airrail Centre Frankfurt, which resembles a cruise ship from above ground. From here, you can be downtown in 15 minutes by either U- or S-Bahn trains.

Jack and I started our walk in the tranquillity of the Garten des Himmlischen Friedens (Chinese Garden of Heavenly Peace), where we clambered through a cement gazebo stained with frost and overlooking a glassy pond. We continued through the series of parks and gardens that surround the Innenstadt (old city) like a wall of green today, just as the medieval wall and Wallanlagen (ramparts) once surrounded it centuries ago. Except for a few buildings in its path, like the Alte Oper (Old Opera House) and the Städtische Bühnen (State Theatre), the Wallanlagen

are an emerald necklace where people can exercise, relax and escape the city bustle.

While Frankfurt-am-Main was established as far back as the first century by Franks, then by the Romans, the city came into its zenith during the Holy Roman Empire. From 1356, Frankfurt became the locale for electing its Emperor and from 1562-1792, this was where he was crowned. Today you can visit St Bartholomew's Cathedral and its Gothic heights in the centre of the city, as well as the adjacent Cathedral Museum, to see where these imperial events happened.

In the 15th century Frankfurt became a Reichstadt (imperial-free city), independent of any prince or royal house. Instead merchants ran it, reporting directly to the Emperor. Being administered by practical, business-orientated folks solidified its financial status, with its famous trade fair on record in 1150 and its book fair in 1478.



frankfurt

Its commercially savvy citizens also left an egalitarian mark on the city, compared with other European centres. Here, regardless of title, a man could succeed in business. Ample green space was part of that heritage after Frankfurters recognised that all the citizens, whatever their class, needed access to parks.

Everywhere in Frankfurt, new meets old and nowhere is this more evident than at Eschenheimer Turm (Eschenheim Tower), an original gate to the Innenstadt. It's largely unaltered from the 14th century, except for the backdrop of modern glass skyscrapers.

Jack and I ventured into the city centre at the Alte Oper (www.alteoper.de), an ornate 19th-century building destroyed in World War II, but renovated to its former glory in the Eighties. Today this concert venue attracts locals and visitors alike. If you'd like to catch an operatic performance, the Frankfurt Opera performs at a modern venue further down the original ramparts adjacent to the Main River.

Restaurants near the Operplatz (Old Opera Square) abound, especially along Kalbachergasse and Bockenheimerstrasse, also known as Fressgass (which translates roughly as "Pig-out Lane"). Here you'll have



your choice of chow. Not hungry? There are more opportunities for food later.

You can't miss the distinctive bronze bull and bear outside the Stock Exchange (the DAX). It's a reminder that when it comes to business, Frankfurt is king - a heritage started back in the 1500s, when Frankfurt traders established a currency exchange to facilitate international trade.

We explored the main shopping area called the Zeil, a pedestrian thoroughfare that runs between two major squares, starting at the Hauptwache (guard house, now a restaurant), which was built in 1730 when Frankfurt was an independent citystate. It's opposite St Catherine's, the city's



largest Protestant church. Even if shopping isn't your bag, the area's worth a visit for its sculpture and architecture. The MyZeil arcade, built in 2009, is a must-see for the vaulted glass ceiling which is Gothic-like in its splendour. Again, new meets old in Frankfurt's architecture.

Want designer gear? Head to Goethestrasse's high-end shops. While

As Germany's financial and transport hub, the city was bombed extensively during World War II. Post-war, it became an example of Germany's Wirtschaftswunder ("economic miracle"), when much of the Innenstadt was reconstructed. Walk around the Römerplatz with its medieval, half-timbered, stepgabled structures, including the Rathaus

FRANKFURT'S 15TH-CENTURY, COMMERCIALLY SAVVY CITIZENS LEFT AN EGALITARIAN MARK ON THE CITY. HERE, REGARDLESS OF TITLE, A MAN COULD SUCCEED IN BUSINESS.

Goethe never shopped here, he was born in Frankfurt in 1749.

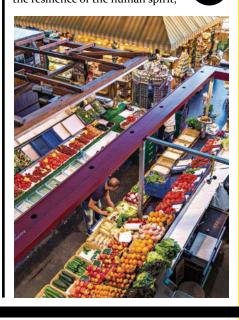
Another destination Jack showed me was the Jewish cemetery near the Börneplatz, the location of the city's Jewish ghetto. Today the Museum Judengasse stands over the foundations of some original houses. Showing the tragic history of the city's Jewish population, it's currently being renovated, but will re-open in spring 2016.

We soaked up more history passing Paulskirche (St Paul's Church), which housed the first short-lived and ill-fated democratically elected Parliament of a unified Germany in 1849.

Close by is the Kleinmarkthalle (Small Market Hall) - an unimposing, barracks-like building, but actually a foodie and flower heaven. This is the place to grab a quick bite, whether your taste is local or exotic.

Our final destination was the heart of the inner city - the Römerplatz, near St Bartholomew's. This is where the fusion of old and new reaches its apotheosis in the extensive and painstaking reconstruction of the 15th-century merchants' houses around the square.

(City Hall), and you realise the extent of the destruction, with only one original building - Haus Wertheim - still standing. The rest have been wholly reconstructed. It's a sobering reminder of war and the resilience of the human spirit,







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as well as the drive to reclaim and preserve the beauty of the past, while looking to the future.

While in the Römerplatz, we had a quick peek inside the austere St Nikolai Church, Jack's favourite 1400s refuge from the hurlyburly. Here I rested before meandering to the river bank and crossing the historic Eiserner Steg (Iron Bridge), a reconstructed 19th-century pedestrian walkway which for many years was one of only two bridges over the Main.

My destination? The Museumsufer (Museum Embankment), where a profusion of museums and galleries can be found.

Johannesburg Both sides of the Main are a Mecca for pedestrians and cyclists in the warm months. The riverside parks and gardens (Mainufer Park) are popular for relaxing and afford a view of the Frankfurt skyline, with its gleaming skyscrapers punctuated by ancient church spires.

With little time left in the city, I crossed to the Städel Museum, where seven centuries of artistic masterpieces can be seen. Sadly, my few hours were barely enough to skim the surface. Frankfurt - with its wealth of history, culture and entertainment - deserves weeks of a visitor's time.

MUSEUMSUFER (MUSEUM EMBANKMENT)

Ikonenmuseum (Icon Museum), which houses Byzantine, Greek and Russian

icons: www.ikonenmuseumfrankfurt.de

- Museum für Angewandte Kunst (Museum of Applied Arts), containing furniture and designs from the 10th-12th centuries: www.museumangewandtekunst.de
- Museum für Weltkulturen (Ethnological Museum): www.weltkulturenmuseum.de/en
- Deutsches Filmmuseum (German Film Museum), displaying moviemaking from the 19th century

to the present: http:// deutsches-filminstitut.de/ en/filmmuseum

- Deutsches Architektur museum (German Architecture Museum): www.frankfurt.de
- · Städel Museum: www.staedelmuseum. de/en
- · Liebieghaus, housing sculptures from ancient Greece to the Renaissance:

www.liebieghaus.de

· Museum Giersch, featuring local 19thcentury art and architecture: www.museum-giersch.de/#/Willkommen

- Portikus, which houses contemporary art exhibits: www.portikus.de
- Biebelhaus Erlebnis Museum (Bible House Experience Museum): www.bibelhaus-frankfurt.de /startseite.html

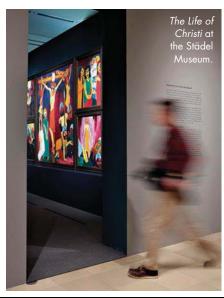
MUSEUMS IN THE INNER CITY

- Schirn Kunsthalle (Schirn Gallery), between the cathedral and the Römerplatz, containing stellar temporary art exhibits: www.schirn.de/en/home.html
- History of Frankfurt Museum:

- www.historisches-museum.frankfurt.de
- Jewish Museum, at Rothschild Palais: www.juedischesmuseum.de
- Museum Judengasse: www.judengasse.de
- Goethe House, birthplace of Johann Wolfgang Goethe: www.goethehausfrankfurt.de/goethe-house
- Dommuseum Frankfurt (Frankfurt Cathedral Museum): www.dommuseumfrankfurt.de/dommuseum.htm
- Archeological Museum of Frankfurt: www.archaeologisches-museum.frankfurt. de/index.php/en/museum-english
- Museum of Modern Art: http://mmkfrankfurt.de/en/home
- Caricatura Museum of Comic Book Art: www.caricatura-museum.de

DAY TRIPS OUTSIDE FRANKFURT

- Rhine Cruise, including St Goar, the Lorelei, Bingen and Rüdesheim: www. germany.travel/en/leisure-and-recreation/ scenic-routes/legendary-rhine-romanticroute.html
- Casinos and spas at Wiesbaden (www. wiesbaden.de/en) and Bad Homburg (www.bad-homburg-tourismus.de/en)
- Picturesque Heidelberg-am-Neckar: www.heidelberg.de
- Day hikes in the Taunus Mountains or the protected green space within the city perimeters, including Frankfurt City Forest, the Nidda Valley and several marshes: www.wandermap.net/en/regional/ Germany/Hesse/Frankfurt
- The German Fairy Tale Route, including Marburg: www.marburg.de/en
- Wine-tasting in the Rheinland Pfalz (Rhineland Palatinate): www.rlp.de
- The medieval cathedral in Mainz, including the Chagall windows in St Stephen's Church: www.germany.travel /en/towns-cities-culture/towns-cities/ mainz.html



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 https://travel.visa.com/app/EN/
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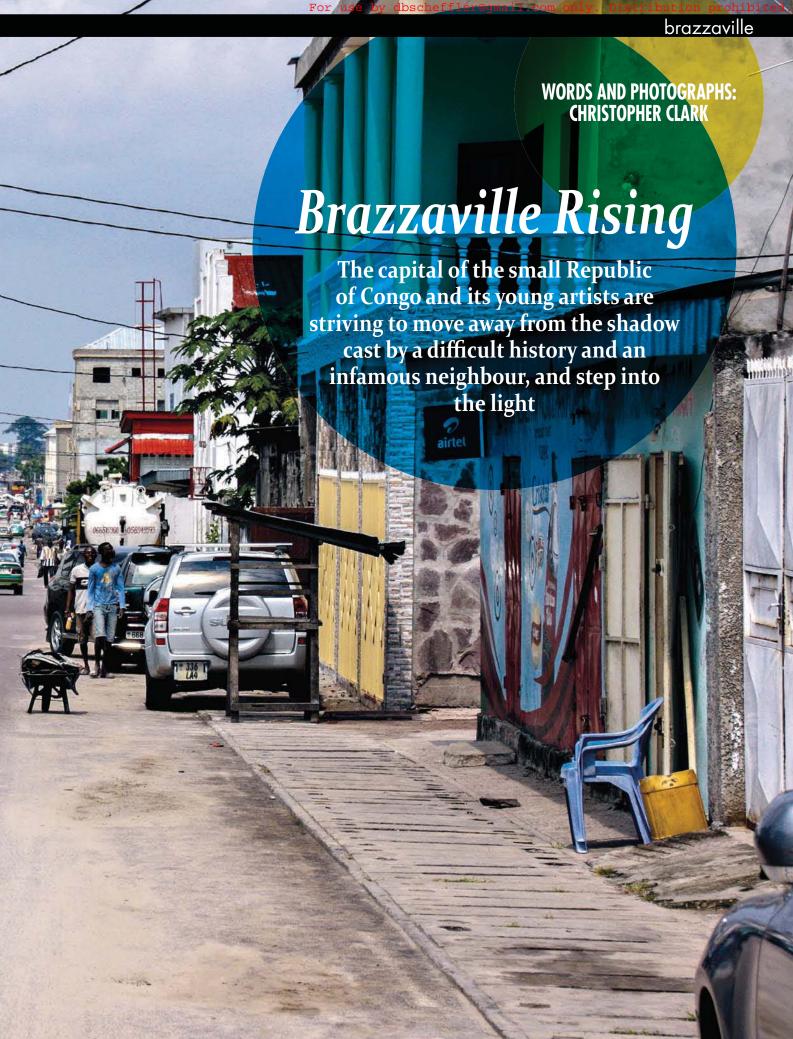


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the flamboyant defiance of the trying circumstances in which you find yourself.

I take a taxi into the city centre and it's quickly apparent that Brazzaville, however small, is alive, pulsating and shifting incessantly. Amid the cacophony of tooting horns, I feel a little overwhelmed.

As my Congolese friend in Cape Town once put it, the Congolese are "un peuple qui bouge" - a people who move.

I drop my bags at the hotel and take a walk to the Institut Français du Congo, a popular hangout spot for local artists. I meet Martial Pannucci, a young political activist, poet and hip-hop artist. His group is called 2 Mondes ("two worlds"). According to Pannucci, both his group's name and his lyrics speak of the environment in which he lives, where the opulence of the powerful elite and the grandeur of colonial monuments stand in stark contrast to the visible scars of the civil war and everyday realities of

most Congolese citizens. We walk together into the heart of the historic Bacongo district, the main hub of Congolese culture and the local arts scene. Along the way, palatial residences, hotels and huge, new construction projects intersperse the crumbling shells of buildings bombed during the war that ravaged the city from 1997-2003. Some of the ruined buildings have been largely reclaimed by the dense vegetation around them. Many of them are still inhabited.

We walk on through the enormous, vibrant Marché Total, the city's biggest and noisiest

CLOCKWISE, FROM RIGHT: The colourful parasol can<mark>opy</mark> of the Marché Total A courtyard close to Les Rapides displaying an eclectic array of artworks. Enjoying Congolese cuisine and company at a small local restaurant. Martial Pannucci of hip-hop group 2 Mondes shows me some of the city's

market, a labyrinth that sprawls chaotically in every direction underneath a dense canopy of brightly coloured parasols.

As we weave our way between the stalls and pedestrians, I speak to Pannucci about his work and the challenges he faces. He tells me there aren't the right

policies or adequate support for promotion and development of the arts in Congo. "An artist will put on a concert and then have to walk home. He'll put on an exhibition of his paintings, but will sell nothing - it doesn't work. Music, the arts, have to develop and artists have to be able to make

However, despite the challenges, I quickly see that Brazzaville is a city incredibly rich in youthful artistic talent. Over

a living from their art."



the proceeding days, I meet a number of gifted young local artists, from slam poets to painters, who won't be dissuaded by the obstacles that confront them and share a common belief in the power of art and the youth to bring about change, helping Brazzaville and

Congo move out of the shadow cast by its torrid history and a bigger, badder sibling across the river, and step into the light.

One of the most prominent artists I meet is Baudouin Mouanda, a globally renowned photographer and one of the founding members of Generation Elili, a collective of local photographers who've taken it upon themselves to appropriate and re-imagine the way Brazzaville and Congo are presented to the world through images.

Baudouin's been lucky enough to travel the world with his work and he studied in France, but he'll always come back to Congo, he says. His travels allow him to import what he's learnt and seen and share it with others.



"It's we artists, the Congolese youth and the new generation, who have to change things in this country."

"That's how we can advance together," he says. "It's we artists, the youth and the new generation, who have to change things in this country."

After my meeting with Baudouin, I take a ride in a bus out of town to Les Rapides, a popular and picturesque watering hole on the banks of the Congo River. A number of young men bathe naked despite the strong current, while a few others are fishing

with hand nets and some women are washing clothes. I look across to Kinshasa, roughly 7km away on the other side of the river. A group of children approach from the bank below, waving and shouting "Nǐ hǎo!" ("Hello!"). It seems they've somehow mistaken me for a member of the new breed of colonialists around here: the Chinese.

As darkness descends, I head towards the main road to catch a taxi back into town and come across a small courtyard in front of a few run-down concrete buildings with corrugated tin roofs. The courtyard's filled with huge animals, including a life-

RIGHT: A group of young local dancers practise for a forthcoming show.
BELOW: The view from one of the local newspapers' offices accross the leofy city centre all the way

sized elephant, made entirely from soft drink cans. They're

incredibly realistic. The walls of the dull grey buildings are decorated with an eclectic array of paintings and sketches, inside and out. Most, in my opinion, are fit to hang on the walls of any art gallery I've ever visited.

My taxi drops me at a bar called La Bodega, where I meet up with some of my new local friends and listen to the toe-tapping sounds of live Congolese rumba music. It's a trendy, open-air affair and the vibe's upbeat. A local guy with dreads down to his waist performs a mean salsa and does his absolute utmost to drag every white girl in La Bodega onto the dance floor with him. Meanwhile, a few stunning young Congolese women in skyhigh heels and dresses that leave little to the imagination are scattered around the fringes of the venue, drawing the attention of a tableful of Lebanese men.

As I glance around the bar, I again recall the words of my friend in Cape Town: that the Congolese are "a people who move". I think a better English translation might be "a people who *hustle*".

This is certainly true of Brazzaville's young artists too. They'll do whatever it takes to keep producing their art and be seen and heard, despite all the obstacles put in their way. In this city, almost every artistic act and accomplishment is, in and of itself, a gesture of defiance against those obstacles, and against so many tired, dated stereotypes about Congo. As Lebon Zed, another member of Generation





Elili, puts it over a beer one evening: "There are many ways to protest."

The next 18 months will undoubtedly be a crucial period for Congo. Following the Pan African Music Festival that comes to Brazzaville every July, in September the city will host the All African Games on the 50th anniversary of the event.

Two impressive new stadiums are currently being built in anticipation of the games, both of which will complement the gleaming, new Maya Maya airport that was unveiled in 2013. The goal seems clear and strangely in keeping with the core aim of many of Brazzaville's young artists: to get the rest of Africa and the world to pay more attention to their city.

However, some Congolese claim the games are a mere publicity stunt to deflect attention from the state's intention of changing the country's current constitution and allowing ageing President Denis Sassou-Nguesso (who's been in office for most of the past 35 years) to run for a third term in the 2016 elections – a possibility that's been strongly contested by the public.

Notwithstanding Brazzaville's murky political future, at present this vibrant city continues to grow, shift and shout unabatedly, as do its young artists. It doesn't seem either of them will stop making a noise anytime soon. For their sake and that of their country, I hope more people start listening to them. Congo's known enough suffering. I see now that there are many other emerging narratives that deserve more airtime.

EATING AND DRINKING

■ For fine dining and the best river views within stumbling distance of the city centre, Mami Wata has become an obligatory weekend stop for wealthy locals and expats alike. La Corniche. Tel: +242 053 42879.

La Bodega offers a strange and intriguing mix of Peruvian and Congolese cuisine and often has live music. It's popular among expats and

younger locals. 40 rue de Dr Cureau. Tel: +242 06657

5899.

In the heart of the historic and vibrant Bacongo district, Chez Kudia is an unassuming little venue with cheap beer, good local food, live music

on weekends and a young, artsy crowd.

Mairie de Bacongo.

About a half an hour's drive out of the city, the picturesque Les Rapides

is a must-see, right on the edge of the mighty Congo River, with plenty of outdoor seating in the leafy garden area and a very mixed crowd. Route de Djoué.

ACCOMMODATION

■ Hotel Hippocampe is among the best budget options in Brazzaville. It's centrally located with simple, but clean rooms, wifi and a good Asian-themed restaurant

surrounded by greenery. Tel: +242 06668 6068.

Visit: www.hippocampe.asia

Hotel Africa in the bustling

Poto Poto district, near one of the city's biggest markets, is a good mid-range option with attentive staff, tasteful decor

and good prices. Tel: +242 22260 0103. Visit: www.hotelafricabrazza.com

Mikhael's Hotel is the cream of the crop in downtown Brazzaville and a favourite among business travellers. It's big and busy, with good facilities and an excellent restaurant and bar that also has live music some nights. Tel: +242 05366 6660. Visit: www.mikhaelshotel.com

ARTS AND CULTURE

■ The Generation Elili photography collective put on a number of exhibitions and screenings, both around town and at their base in Bacongo. 109 Bis Ave des Trois Francs. Tel: +242 05585 6700.

■ The big and busy Institut Français du Congo hosts a wide array of live events (from music to academic lectures), workshops and exhibitions throughout the year and is also a popular meeting place for local artists.

Tel: +242 22281 1900.

Visit: www.ccfbrazza.org

The Ateliers Sahm (www.atelierssahm.org) and the historic École de Peinture de Poto Poto (Ave de la Paix, tel: +242 556 7961) both showcase impressive, colourful displays and exhibitions of paintings and

other works by talented Congolese and international artists.

GETTING AROUND

SAA flies

to Brazzaville twice

a week from

OR Tambo International,

Johannesburg.

Private taxis in Brazzaville are remarkably cheap. There's an unofficial set fee of CFAF1 000 (roughly \$1,70) to almost anywhere within the city limits. However, exploring on foot is an easy, safe and pleasant way to appreciate the interesting architecture.

Maya Maya Airport has a number of 45-minute daily flights to and from the coastal city of Pointe Noire, Congo's economic capital. One-way tickets cost around \$70. From Pointe Noire, you have access to excellent beaches a little further up the coast, as well as to the country's best national parks a little further inland.





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hours in Mozambique's

CAPITAL may not be on the radar for leisure travellers, but for business travellers or holiday-makers flying in en route to the north,

IT'S WORTH TAKING THE TIME TO

EXPLORE MAPUTO

By Ingrid Wood

n spite of its previous instability, Mozambique's experiencing one of the fastest growth rates in the world for a developing country. While the economy is still centred on its harbour, the past few years have seen an enormous economic boom in the







capital and construction is visible on every corner as you leave Maputo International Airport, which now has the capacity to handle 900 000 passengers per year.

It's a key link for SAA, which first operated flights to what was then called Lourenço Marques in 1937.

With Mozambique SA's top trading partner in Africa, frequencies now run at three flights a day on A319 aircraft.

TAKE A tour

Driving through the streets of Maputo, you see the juxtaposition of rich and poor which characterises many cities across Africa. Nevertheless, the wide avenues, Mediterraneaninfluenced architecture and rich cultural influences give the city an attractive and colourful edge.

One of the best ways to get to know Maputo - which is worth doing before you head north or back to Jo'burg - is through a city tour.

Dana Tours (www.danatours. net) has been operating in Mozambique for more than 17 years and offers a wide variety of walking or driving tours of different lengths. If you're interested in art, a halfor full-day art tour will give you an overview of sculptures, paintings and photography, with visits to galleries and

will enjoy the Pancho Guedes tour, which explores his playful buildings spanning the 1940s to mid-1970s.

We opted for the morning city tour (about three hours) with Edwin Mugabe, a knowledgeable and entertaining

the Fortaleza da Nossa Senhora da Conceição (also in 1765), the National History Museum, the historical Railway Station (designed by Thomas Eiffel of Paris' Eiffel Tower fame), the colourful central market (which sells everything from fish and nuts to fresh produce and haircare products) and the curio market, where you can purchase all sorts of well-made, handcrafted gifts.





maputo



sea view and good service. *Tel: 258 84 3392 624.*

- For a taste of Portugal, head to **Taverna** on Ave Julius Nyerere.
 Tel: 258 84 444 5550.
- For delicious *Iula frito* (fried calamari), go to **Miramar** on *Da Marginal 4279*.

 Tel: 258 82 319 3950. (It's next to **Sagres Shellfish**

next to Sagres Shelltish
Restaurant, which also offers
great value for money.)

- Indian cuisine is the focus at Moksha on Ave Julius Nyerere. It also offers take-aways and catering. Tel: 258 21 498 333 or visit: www.mokshafusion.com
- A fairly new establishment,
 Tree House has quickly
 gained popularity. The
 micro-grill combines a
 barbecue and skewered
 meats (apparently very
 big in Brazil), washed
 down with a good
 caipirinha. Ave Francisco
 Orlando Magumbwe. Tel:
 258 82 109 9368.

WHERE TO chill

- Built in 1908 to serve as a hospital, **1908** is now a vibey bar on Ave Salvador Allende. Pop in for tapas and a drink. *Tel: 258 21 321 908.*
- Offering basic food and a chilled vibe,

 Dolce Vita on Ave
 Julius Nyerere is where the locals hang out. Sunday is jazz day.

 If you're in
- the mood for clubbing, **Sheik** is the place – and it picks up after midnight. Find it on Ave Mao Tse-tung. Tel: 258 21 490 197
- The News Café in the Polana Casino has fast gained a reputation for the widest selection of cocktails this side of Maputo Bay and a great light meal menu. Ave Marginal No 5289.

WIDE AVENUES, Mediterranean-influenced architecture and rich CULTURAL INFLUENCES give Maputo an ATTRACTIVE AND COLOURFUL EDGE.







OUT AND about

Avenida Julius Nyerere, the main street through Maputo, is the best option for easy access to nightlife and restaurants, but there are loads of other gems scattered throughout the city.

Ilda Tomas, Sales Account Executive at the Polana Serena Hotel, gave me the insider guide to her hangouts:

WHERE TO eat

Restaurant Costa de Sol on the Marginal Coast Rd has been operating since 1908. With its beach and sea views, it's a must-visit for its famous "LM prawns". Tel: 258 21 450 115.

Zambi is the place for great seafood and grilled chicken, Portuguese wines, a

In a park behind the American Embassy, Campo di Fiori is a hidden gem. Expect good pasta and simple, but good wines in a kid-friendly environment. Try delicious Gianni's ice cream from the parlour next door. Jardim dos Cronistas, Rua Rui de Pina, Sommerschield. Tel: 258 21 497 937.

WHERE TO stay

Our base for a weekend of exploring the city was the famous Polana Serena Hotel (www.serenahotels.com/serenapolana), which was built in 1922 and is generally accepted as the grande dame of Maputo. After a few changes in ownership over the

years, it was taken over by Serena Hotels in 2002 and recently underwent an extensive renovation. In addition to its 124 rooms and super-spacious suites, it now offers a selection of dining experiences - the allday dining Varanda Restaurant, the French-style cuisine at Delagoa and delicious seafood

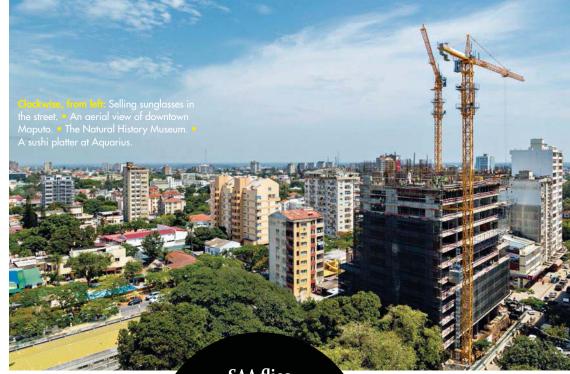


and sushi at the Aquarius Sushi Bar (the sushi platter is a must-try). There's also the Polana Bar for cocktails or after-dinner drinks, while the high tea isn't to be missed, if you can possibly squeeze another meal

in. Conference and social events suites are modern and cater for business activities, while the majestic ballroom is still the original structure - an incredible room adorned by 21 chandeliers. For a delicious pamper session, pop into Maisha Mind, Body and Spirit Health Club & Spa.

WEEKEND break

So where do locals escape for a weekend? SAA Country Manager for Mozambique, Lorino Rodrigues, takes his



family to SA's Kruger National Park or to Lake View Resort in southern Mozambique.

"It's close to home a three-hour drive from Maputo – and offers simple accommodation, good service and family-

SAA flies direct from OR Tambo **International Airport** to Maputo three times a day, seven days a week. www.flysaa.com

friendly amenities," he says. "Nestled between the beach and Lago Nhambavale (one of the biggest lakes in the country), it really is a special place and the perfect escape from the city." 🔪





IN THE KITCHEN Executive Chef Antonio Azarias gave us a quick (and surprisingly easy) Mozambican cooking lesson surprisingly easy) Mozambican cooking lesson

POACHED RED SNAPPER IN WHITE WINE AND FENNEL BROTH >>>>>>>>>>>

- Red snapper fillets
- Sea salt
- ½ onion julienne
- 15ml (1T) flat-leaf fresh coriander, chopped
- 15ml (1T) extra-virgin olive oil
- 1 head fennel, finely sliced
- 100ml white wine
- 100ml fish stock
- 1 lemon, juiced

- For the vegetables: 1 bunch asparagus
- 50ml water
- 600g baby potatoes
- 15ml (1T) chopped spring onions
- 15ml (1T) extra-virgin olive oil
- 1 pinch sea salt

Bring a small pot of water to the boil. Add washed baby potatoes and boil

until fork-tender. Put aside and keep warm.

In a saucepan, heat the olive oil. Add the onions, season and sear for one minute.

Add the fennel and sauté for three minutes.

Season the fish and place the fillets in the pan. Add white wine, fish stock and lemon juice.

Cover and poach over a medium heat for 10-12 minutes.

Add chopped coriander, cover and turn the heat off.

Season and cook asparagus over a medium heat for two minutes.

Cut potatoes in half, add coriander and seasoning, drizzle with olive oil and toss in a bowl.

Place red snapper



on a plate with the fennel and spoon the broth over the top. Serve with asparagus and baby potatoes.

INGRID WOOD. GALLO IMAGES/GETTY IMAGES/ISTOCKPHOTC



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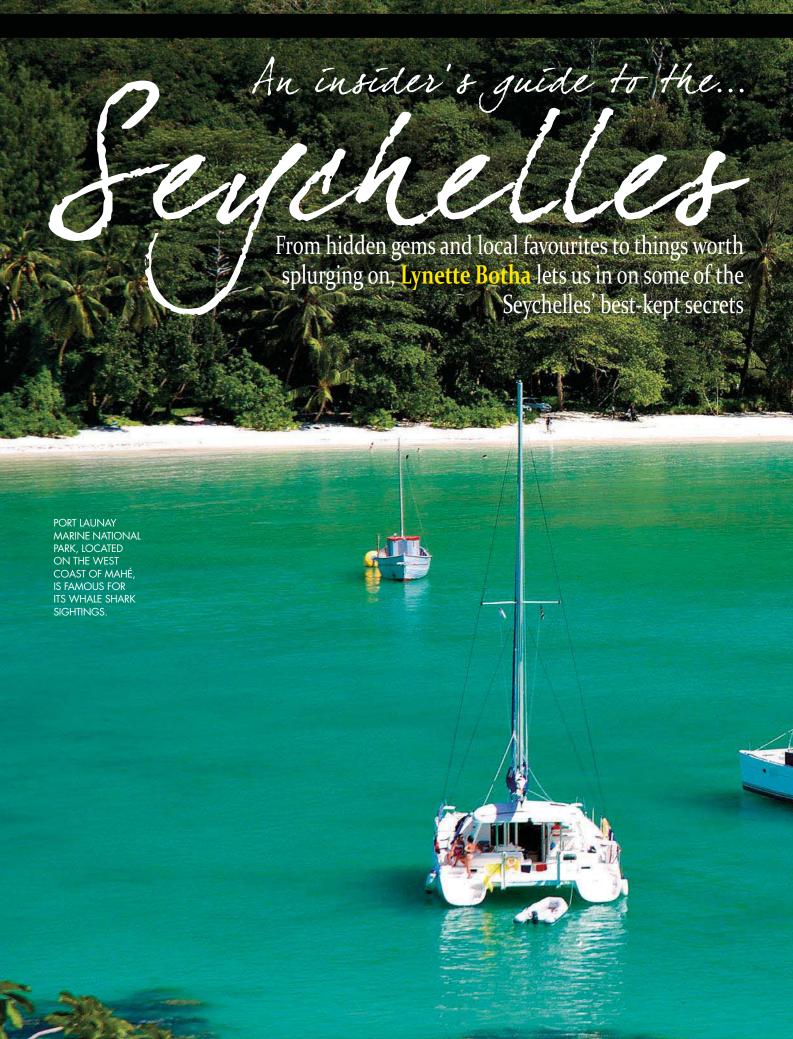
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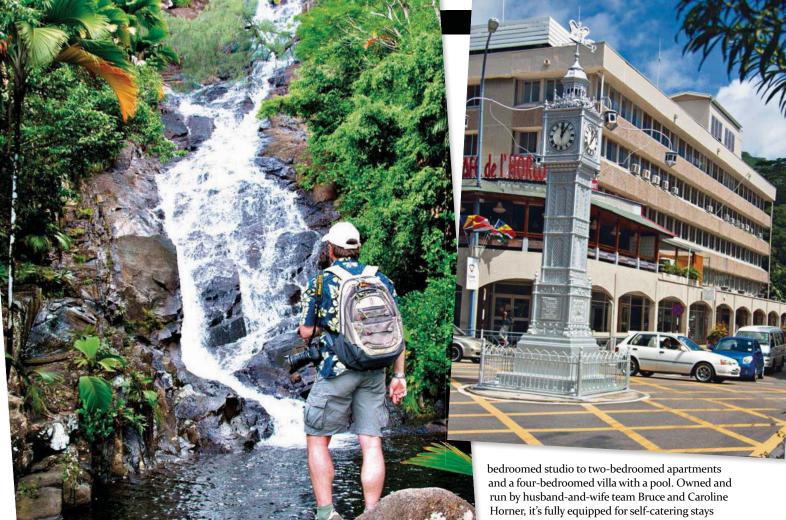


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Mahé

As the main island of the Seychelles, Mahé is the heartbeat of the archipelago and, if it's your first visit, definitely the place to holiday. Apart from offering numerous pristine beaches and lots of history and culture,

it's also a much cheaper alternative to island-hopping, especially if there are more than one of you travelling. If you're into nightlife, market shopping and cultural sight-seeing, then the north of the island is for you. If you're after a more laid-back adventure, away from the crowds and surrounded by little more than ocean and lush, exotic greenery, head south.

The island offers a great selection of affordable self-catering homes, villas and small guesthouses. Located about 10 minutes by car from the airport and 15 minutes from Mahé's CBD is Castaway Fishing Lodge. It's far enough to be away from the hustle and bustle of the north, but close enough to serve as a base from which to explore the rest of the island. It offers accommodation in various forms, from a oneand is cleaned daily (except Sundays). Furnishings

are minimalist and modern and there's free wifi available on the property. Rates start from about R1 000 per night for two people sharing and R1 600 a night for a family of four.

In the north is Machabee Ocean Views, a threebedroomed, self-catering villa in a quiet area with exquisite ocean vistas. It's a 10-minute drive away from Beau Vallon, one of the island's most popular beaches, and is owned by the general manager of an upmarket hotel on Praslin, so you can be sure that attention was paid to details. From around R1 450 a night, it's

definitely an affordable option. Also worth looking into are Nice View and Fine View, self-catering villas in Anse Royale and Maison Soleil Guesthouse in Baie Lazare.

© SUZANNE VERLAQUE

For fine dining with a local Creole touch, head to Botanica in St Louis, where owner and chef Christelle Verheyden serves culinary delights. For something a little more laid-back and beachy, Delplace Restaurant & Bar in Port Glaud is hard to beat - both in terms of location and cuisine. A great family dining option is Surfer's Beach Restaurant, right on the shore, where you can sink your feet into the sand while you wait for unfussy, but delicious fare like calamari, prawns and pizzas.

CLOCKWISE, FROM TOP LEFT: HIKING TO THE WATERFALL AT PORT GLAUD IS A GREAT DAY OUTING. • MAHÉ'S VERY OWN "BIG BEN", THE CLOCK TOWER IN VICTORIA CBD. • SURFER'S BEACH RESTAURANT. OPPOSITE: AMAZING FRESH FISH IS CAUGHT DAILY BY LOCAL FISHERMEN.



There's a wide range of activities to enjoy. The warm Indian Ocean offers some of the best diving and snorkelling in the world and you're guaranteed to see a myriad of fish during any swim out. If you're up for something that requires a little more skill, learn to surf or stand-up paddleboard with iSurf **Seychelles.** It's a great day activity for the whole family and the iSurf team pride themselves on getting nine out 10 newbies standing up and riding waves before the first hour's lesson is up. The calm waters are also ideal for learning. If you're keen on zip-lining through palm fronds or rock-climbing to get your adrenaline pumping, SMAC Adventures will organise this for you, with activities suitable for all ages.

For nature-lovers, there's no shortage of gardens to visit - from the National Botanical Garden in Mont Fleuri, just outside Victoria CBD, to La Misère Exotics Garden Centre (with almost 300 plant varieties and a total of over 50 000 flowers growing on 1,2ha of land) and Le Jardin du Roi Spice Garden in Anse Royale, the only place (other than the Vallée de Mai on Praslin and the National Botanical Garden) where you can see the protected male and female coco de mer palms growing in their natural habitat. In Victoria you'll find Paradis des Enfants, a fun park with a multitude of swing-sets, slides, climbing apparatus and jungle gyms for the little ones - and entrance is free. There are also carousel-type rides and an electronic games room (for those missing their PlayStations), which

can be enjoyed for a fee.

Then, of course, there are the beaches - amazing stretches of secluded coastline at every turn. Beach toys, lilos and swimming rings can be bought at most stores and will keep little ones entertained for hours, while adults can lay down a towel and catch some rays. Always look above before setting up camp for the day - coconut trees grow on almost all the beaches and nothing ruins the fun like a coconut

dropping on you. This can also be quite dangerous, due to their weight.

Don't forget to pop by Eden Island, the manmade marina known by many locals as "mini-South Africa" due to the number of South African expats living in this resortlike estate. Eden Island Plaza is the only mall on Mahé and offers a selection of retail stores and eateries, as well as a play centre where you can leave the kids while you have some time out.

USEFUL CONTACTS Air Seychelles: www.airseychelles com • Botanica: christelle@fawa. be Castaway Fishing Lodge: www. castawayseychelles.com • Cat Cocos: www.catcocos.com • Côte d'Or Chalets: www.cotedorchalets.com Delplace Restaurant & Bar pdelplace@yahoo.fr • iSurf Seychelles: www.isurfseychelles.com • La Misère Exotics Garden Centre: lamisereexotics@ yahoo.com • Le Jardin du Roi Spice Garden: brymich@seychelles.net Machabee Ocean Views: abseychelles@ gmail.com • Maison Soleil: www. maisonsoleil.info • New Emerald Cove Hotel: www.emerald.sc • Nice View and Fine View: www.fineviewvilla. com • SMAC Adventures: www. smacadventures.com • Surfer's Beach Restaurant: surfersbeach@seychelles.net

A rental car is a must to explore the island (which only takes about an hour to circumnavigate) and costs about R450-R600 per day. The longer you rent it, the better the rate you'll be able to negotiate.

Praslin is the second-most popular (and second-largest) island and also offers several accommodation options for all budgets. It makes a great day trip, about 45 minutes by boat from Mahé. If you'd like to spend a few nights there, consider the New Emerald Cove Hotel or the Côte d'Or Chalets. You can book a boat transfer via Cat Cocos.

LEFT: ONE OF THREE PRIVATE BEACHES LOCATED AT THE EDEN ISLAND RESIDENTIAL DEVELOPMENT. **ABOVE: SARONGS A-PLENTY CAN BE BOUGHT AT THE VICTORIA MARKET.**



GETTING THERE: SAA HAS A CODE-SHARE AGREEMENT WITH AIR SEYCHELLES, FOR FLIGHT BOOKINGS, VISIT: WWW.FLYSAA.COM

BEST FAMILY RESORTS IN MAHÉ AND ITS SURROUNDS

The purpose of a holiday is to relax and recharge, so if you have little ones in tow and are willing to fork out a bit more, a resort stay is worth every rupee – not least for the kids' club and babysitting services

Constance Ephelia

Resort: Home to the largest spa in the Indian Ocean, with amazing family villas, five restaurants and many inclusive activities. www. constancehotels.com

Four Seasons Resort Seychelles: Unsurpassed service, glorious views, private pools with every villa and an amazing kids' club. www.fourseasons.com

The Savoy Hotel & Spa: Only one year old, the Savoy is the tallest hotel on the island and has the biggest pool,

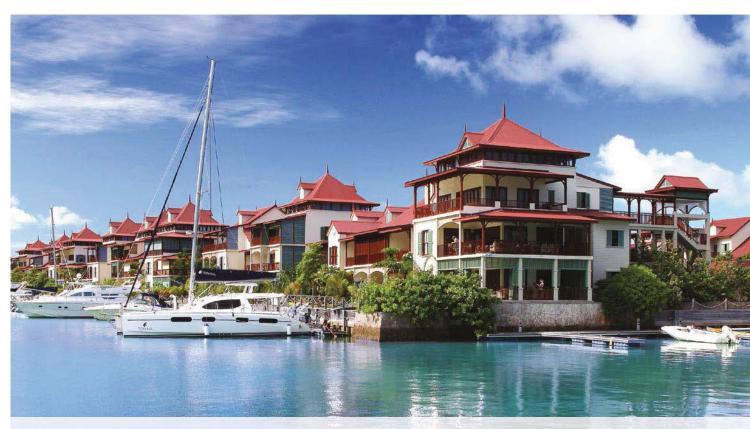
with various sections, a bridge and a poolside bar. www.savoy.sc

Beachcomber Sainte Anne (a 10-minute ferry-ride away): Located in the Sainte Anne Marine Park, this resort offers an array of inclusive land and ocean activities, spacious

rooms and great family dining options. www. beachcomber-hotels.com

■ Hilton Labriz Silhouette Island (a 45-minute ferry-ride away): The only resort on Silhouette Island, Hilton Labriz has pristine surroundings. Adults' and kiddies' bikes

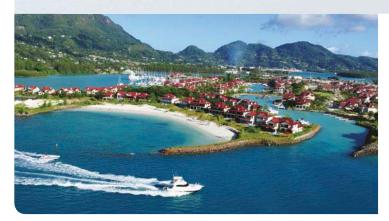
are available to explore the island; giant chess and an indoor-outdoor kids' club are also available. The views of the neighbouring islands are a delight - and don't forget the Rock Spa! www. hiltonseychelleslabriz.com





SPEND A HOLIDAY ON EDEN ISLAND AND YOU'LL WANT TO STAY FOREVER.

Whether you are just visiting on a family holiday or you choose to live here, Eden Island has so much to offer. The award-winning residential marina development is the perfect base for exploring Seychelles – from sailing the azure waters, diving with the fish, dolphins and turtles, to sampling the local flavours and savouring the local culture, this is paradise found.

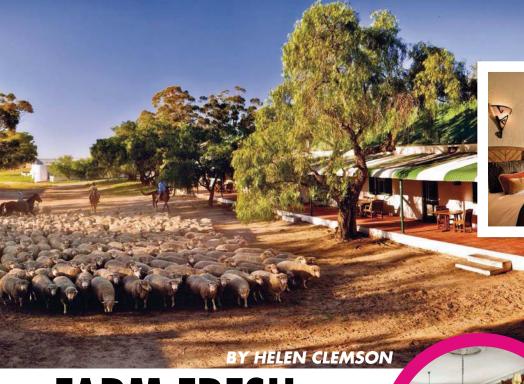


- Four private beaches
- Eden Plaza shopping centre with restaurants, bars, shops & entertainment
- Clubhouse, fitness centre, swimming pools, tennis court
- Fully established International Marina
- Freehold title waterfront homes
- Proven capital appreciation
- Excellent rental yields achieved
- No stamp duty, transfer duty or VAT payable
- Owners and their families entitled to apply for residency of Seychelles
- 24 hour security
- Immediate occupation available
- 3 flights weekly from South Africa

For holiday makers the Eden Island Luxury Accommodation Portfolio has a selection of Apartments, Maisons and Villas all offering a choice of luxury self-catering accommodation for short holiday lets or longer-term rentals. With over 490 homes already sold -31% to South African owners and the remaining homes selling out fast, make sure you claim your place in the sun before it's too late.







FARM FRESH

Escape to a South African farm for a holiday packed with down-to-earth goodness

WESTERN CAPE

Best for: A mini-break WEST COAST CALLING A

90-minute drive from Cape Town's City Bowl (ditto Cape Town International Airport), Kersefontein is tucked away just off the R45, en route to Paternoster. This gem

of a farm is like hitting the rewind button; once there, you step into a piece of South African farming history that's retained its authenticity

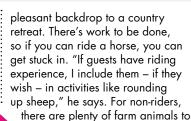
and bygone aesthetic.

OLD-WORLD CHARM

The same Melck family has owned Kersefontein since 1770. Its present custodian, Julian Melck, humbly shows guests around the fine Cape Dutch homestead set in a rambling farmyard. A national monument, the property is testament to his forebears' success for more

working wheat, cattle and sheep farm (Julian's a boereperd breeder too), Kersefontein isn't just a

than two centuries. AN INTEGRATED EXPERIENCE A



see, walks to take and a river to swim in. Lazing, book in hand, is encouraged too.

DINING IN Eating is a field-to-fork experience. Guests are welcomed into the manor house to dine with Julian at his table. It's a festive experience, thanks to lively conversation, flickering candlelight and freshly prepared

farm-grown and reared food. You won't go hungry.

SEASON'S GREETINGS Year round the farm is a must-do destination, but the cold months have a particular allure. "Winter at Kersefontein is terrific," says Julian. "Winters in cities are grey and the environment's uncomfortable. On a farm, however, you simply put on your wellies and go for a long walk just after a rain shower. You get that fresh smell of wet earth and an emerald-green landscape. Magic!"

RATES From R580 pp per night (bed and breakfast). Tel: 083 454 1025. Email: info@kersefontein. co.za Visit: www.kersefontein.co.za





KWAZULU-NATAL (KZN)

Best for: Foodies and couples retreats



THE MAGIC OF THE MIDLANDS Less

than two hours' drive from Durban is a landscape of wide-open spaces, imposing mountains and big skies: welcome to the KZN Midlands. The region lies in front of the Drakensberg and rates as one of SA's most picturesque areas.

A HOUSE WITH HISTORY Hartford House (built in 1875) in Mooi River was once the home of the family of Sir Frederick Moor, the last Prime Minister of Natal. Fast-forward 140 years and the homestead's retained its colonial splendour. It's a handsome structure showcasing teak doors and floors, original fireplaces and a wrap-around verandah just begging for guests to take tea and soak up the view. The house is now part of the greater Summerhill estate, a stud farm owned by horse-breeders and farmers Mick and Cheryl Goss.

THE FINER THINGS IN LIFE

Thoroughbred horses are at the heart of the Hartford and Summerhill experience. However, it's not just equine matters that distinguish the estate: superb food and fine wine up the ante too. If you're a discerning gourmand, Hartford's menu and wine list will impress you.

BON APPÉTIT At the helm of the property's restaurant is Chef Constantijn Hahndiek, a young South African talent (finalist in the San Pellegrino Young Chef 2015 awards) whose style of cooking is as refined as it's unpretentious. "The emerging 'market scene' in Durban and excellent produce available in the Midlands mean we have real potential to create special food," he says. Meals at Hartford are packed

with fresh, homegrown ingredients, so eating is "in season" and enjoyably varied.





Guests are encouraged to explore the stud farm – preferably on horseback, which Hartford's GM, Duncan Bruce, insists is the best way to see it. If you're not a rider, however, do so on foot, as there are hectares of leafy countryside to ramble around. Spa treatments, trout and bass fishing, tennis and swimming are also available.

RATES From R790 pp sharing

(bed and breakfast). Tel: 033 263 2713. Email: info@hartford.co.za Visit: www.hartford.co.za



A WORKING WEEKEND

Want a corporate getaway out of the city? We recommend conferencing at Spionkop Lodge in KZN, midway between Durban and Johannesburg, which offers conference packages and a venue for up to 40 delegates. Next to the Spionkop dam and nature reserve, the farm's the perfect spot

to both work and unwind. After brainstorming sessions, go on a guided battlefield tour or a sunset game-viewing boat cruise. Host and historian Raymond Heron will accompany you to the many historical sights, regaling you with tales of the South African (Anglo-Boer) War, which lasted from 1899-1902.

RATES From R1 500 pp per day (full board). Packages are tailored for conferences.

Tel: 036 488 1404 or 082 573 0224. Email: spionkop@futurenet.co.za Visit: www.spionkop.co.za





FREE STATEBest for: A spa spoil

SPRING BREAK Warmer weather hits the Free State around mid- to end September, so it's a sunny reward after a miserable winter.

and antique furniture. On the menu?
Free State farm-style cooking with
a French twist. Working with good
products inspires Marie's food and
her daughter Helen-Joan's vegetable
garden is a source of nourishing,
fresh ingredients.

SPA-GAZING There's a full-on
treatment menu at De Oude Kraal's

treatment menu at De Oude Kraal's spa, but it's the chance to enjoy the therapies outdoors that makes them extra-special. Packages include the "Signature", a full-body aromatherapy massage with a view of the Free State vlaktes (plains). You'll be whisked off to a secluded spot in

farmhouse, the dining room includes

the charm of an original fireplace

the koppies before sunset and, post-treatment, tuck into an evening picnic with

a bottle of bubbly as you watch the sun go down.

the bedrooms have a spa twist: think spa baths to wallow in before hitting your pillow. With really chilly winters (temperatures can

drop to below freezing), open fireplaces keep the rooms snug after a day spent outdoors. Fresh-air activities such as bird-watching, hiking, sunset farm drives and horse-riding are also highly recommended.

RATES From R895 pp sharing (bed and breakfast). Tel: 051 564 0636/733. Email: info@deoudekraal.com Visit: www.deoudekraal.com



Best for: Families

GO EAST Whether you fly into George or Port Elizabeth, Grootnek is roughly the same accessible distance (max 180km)

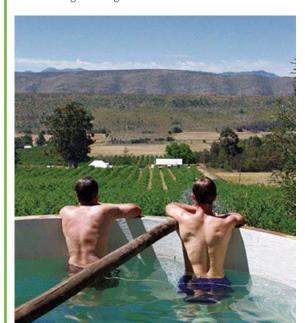
from either airport. Driving up from Cape Town? While over 600km may seem like a schlep, it's a wonderfully scenic journey on the R62, with pit stops like Barrydale and Oudtshoorn.

GOOD, CLEAN FUN A working farm, Grootnek offers a truly peaceful country holiday. Think unfussy accommodation, lots of space to roam, fruit to pick and animals to feed. The summer months - from early December to the end of March – are picking season, so there's every opportunity to sample a delicious array of pears, peaches and plums. When you've had your fill, go hiking (there are short trails on the farm) or horseriding, or pop the kids on a donkey for a gentle plod around. The area's best-kept secret? A beautiful golf course set in the mountains, only 6km from the farm. STARRY NIGHTS The benefit of being far away from the city is a chance to put down your iPad (yes, really) and spend an evening star-gazing. Each guest cottage has its own private "farm Jacuzzi", as owner Gawie le Roux describes it. Pile in and cool off, glass of wine in hand, as the sun sets and the stars come out.

A COUNTRY COTTAGE While the main farmhouse is available to rent for the December holidays, the pretty, family-sized cottages are available year-round. Accommodation is self-catering, but the cottages are fully stocked with items like linen, towels and braai equipment. And there's no need to worry about load-shedding: the cottages have no electricity at all. But that's all part of the charm and there are gas, candles and lanterns to keep you comfortable. There's also (phew!) a power point for charging cellphones and tablets.

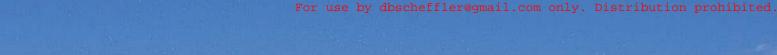
RATES R360 per couple per night. R150 for every extra adult and R100 per child.

Tel: 084 500 0706. Email: grootnek@telkomsa.net Visit: www.grootnekguestfarm.co.za





FOOD, GLORIOUS FOOD Because good food is such a highlight, ensure you book ahead of time for De Oude Kraal's five-course gourmet dinner (it's open to outside guests too). Set in the 19th-century





... Moments that take your breath away

Take a front row seat in Buffalo City to some of Mother Nature's most spectacular showpieces this winter. Second only to East Africa's great wildebeest migration, the oceanic extravaganza of the annual Sardine Run will take your breath away as shoals of up to 7km long and 1.5km wide migrate up the coast to the warmer Mozambican waters. Be sure also to keep an eye out for the gentle giants of the oceans. A popular breeding ground for both southern right and humpback whales, Buffalo City is a whale watcher's paradise from June all the way through to November, as hundreds of whales cosy on up to our coastline.

With many excellent vantage points dotted along our coastline, Buffalo City is the perfect destination from which to enjoy the bounty of our oceans, and catch the show of a lifetime.

Experience it all in Buffalo City

For more information contact: Buffalo City Tourism: +27 (0)43 736 3019 | +27 (0)43 642 1215 | +27 (0)43 705 2111 +27 (0)40 656 2062 | tourismunit@buffalocity.gov.za | www.bctourism.co.za



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SPORT

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BUSINESS

ROMANCE

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ADVENTURE

AGROPRODUCTS RIPE FOR THE PICKING



Are you looking to take advantage of the myriad and expansive investment opportunities in the Eastern Cape **agro-processing** sector? Then look no further than the official Investment & Trade Promotion Agency of the province, the Eastern Cape Development Corporation (ECDC).

Agro-processing presents exciting investment opportunities for what is largely a rural Eastern Cape province with vast tracts of arable land ripe for primary production and beneficiation. The province prides itself on a rich agricultural base that has a stable and growing food processing industry with small-scale food processors focusing on chillies, dried meat, and cheese production. The province is also the centre of South Africa's and Africa's pineapple industry.

Its diverse pineapple industry boasts pineapple processing activities beyond canning and juicing into processing of dietary fibre and other value-addition activities. In addition, the Eastern Cape has a competitive advantage in citrus fruit production as well as a deciduous fruit component that supports the sophisticated juice industry. It also exports a wide variety of fruit jams to European and East Asian countries. The province also has well-developed meat processing facilities that produce the prized Karoo lamb and specialty game meats.

As the leading world producer of high quality merino wool and mohair luxury fibres, the Eastern Cape accounts for 75% of SA's mohair and 34% of the countries wool. The province also has the highest number of cattle and goats in South Africa providing the desired economies of scale as inputs for beneficiation and processing activities. The province also produces 24% of the SA's milk.

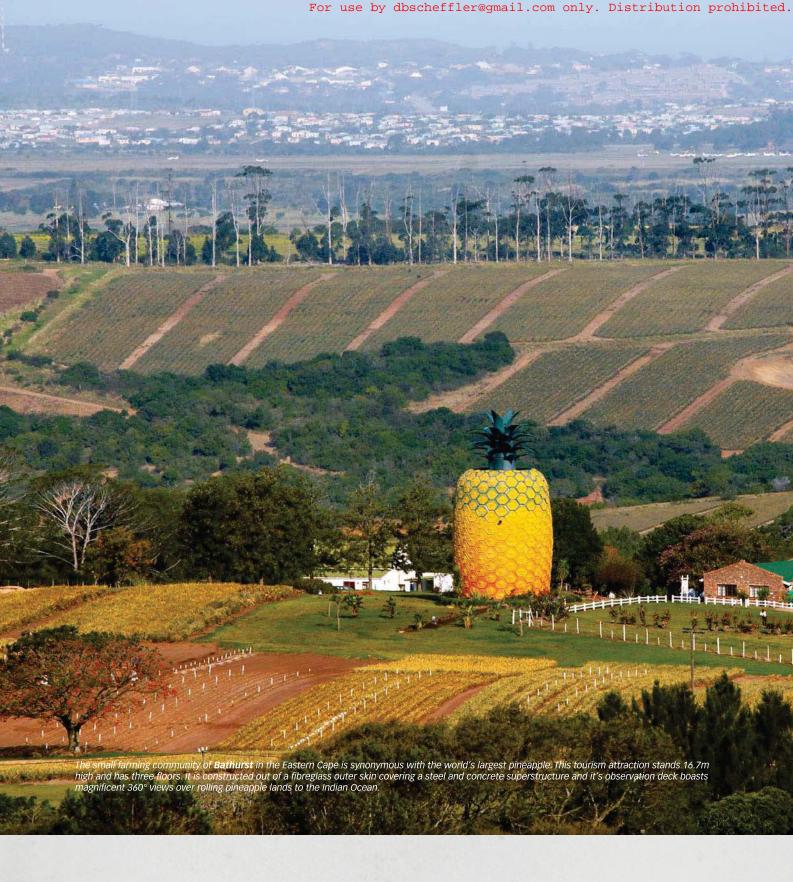
ECDC has identified and packaged primary production and beneficiation opportunities in the following agro-processing industries: **DAIRY, BERRIES, PINEAPPLE, BEEF, AS WELL AS MEDICINAL AND AROMATIC PLANTS.**

Further opportunities for investment exist in forestry, fisheries, other livestock, crops and horticulture.



ABOUT ECDC Since its inception in 1997, ECDC has planned, financed, co-ordinated, marketed, promoted and implemented the development agenda of the Eastern Cape through the stimulation of industry, commerce, agriculture, transport and finance. In addition, tourism, renewable energy, manufacturing, ICT and film as well as agro-processing have been identified as priority sectors in line with the National Development Plan and the Provincial Development Plan. Set on its goal of assuming a posture of a high-performing development financier, ECDC offers a range of financial and non-financial, investment and trade services in the following operational areas:

• Investment Promotion • Development Finance • Enterprise Development Support • Trade Promotion • Risk Capital • Property Management and Investment



to find out more about eastern cape investment opportunities in agro-processing and other sectors T: 043 704 5601 \mid E: invest@ecdc.co.za www.ecdc.co.za

























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BUSINESS



Wine trends

ONLINE WINE SHOPS HAVE BECOME AN EMERGING RETAIL TREND IN SA-AND THANKS TO TECHNOLOGY, THEY'RE CUSTOMISING TO YOUR TASTE

BY JABULILE NGWENYA

re you a Chardonnaylover, or is Shiraz more your style? Perhaps you're a wine enthusiast, but hardly dare to call yourself an oenophile because wine is an elitist area that's all about terroir, regions, maturation and other intimidating jargon. But that's not necessarily the case, says Jenny Ratcliffe-Wright, founder of Wine-Style, an online wine company.

"We have a very non-snooty, non-snobbish approach to wine, which people tend to like. We felt there was a niche in the market for exactly that," she explains.

The journey from bricksand-mortar retail stores to an online fine wine experience is a relatively new one in SA. Wine-Style was founded when Ratcliffe-Wright and her team were writing about wines and people wanted to know where to buy them. As a result, they decided they should be the ones to sell them. Port2Port, an online fine wine platform which will soon be expanding into spirits, cigars and caviar, was established by passionate wine-lovers Vincent Bührer and Nicolò Stortiglione Pudel.

JUDGEMENT

"The foundation of Port2Port – apart from, obviously, believing in the incredible products we work with – is that there's an emerging market, certainly when it comes to the distribution channel of online retailing," says Bührer. "It represents a lifestyle not only of luxury, but also of sharing and

exploring good things."

The two wine-lovers didn't want to simply create a virtual supermarket for wine-lovers, but to create the perfect wine experience for people in the comfort of their homes, providing education and information. Like Port2Port, Wine-Style allows customers to learn about their wines by colour and also offers a chat service with a professional. Port2Port goes a step further in its technological approach by profiling customers' choices.

"Once you're signed in, we can see your behaviour in different ways: how often you purchase, what you're rating. We collect all this information and send you a personal sommelier. The service will recommend wines based on six wines you've received and tasted," explains Pudel.

whereas Wine-Style offers a more homely experience with its wine clubs and events, Vinotèque's main attraction is the private cellar it allows its members to use to mature their younger wines. Of course, you can enjoy browsing the online shop and purchasing the finest

spirits or wines at the click of a button, but being a member of the Vinotèque Wine Bank is a "lifestyle investment", according to Michael van Deventer, Vinotèque and e-Commerce Manager. "When you mature wines, you're enhancing enjoyment."

The digital space has certainly opened the door for oenophiles to indulge their passion and for those wanting to learn more about wine to do so without judgement. "It's interesting to see how wine is misunderstood in many ways, but wine experts tell you to drink more of it. We're encouraging that in a subtle way – and with an open mind," says Bührer.



REFINGS RELIGIONS RESERVICIONS RESERVICION

The days of stale sandwiches, boring presentations and uninspired meeting rooms are long gone. These days, creativity and technology play a starring role in the business events arena and conferencing will never be the same again

A convention can change a city.

The 25th World Congress on Architecture (UIA2014) held in Durban last year was a transformative experience in many ways. Before the conference, South African graffiti artist Faith47 unleashed her talents on the supporting columns of the N₃ highway, creating huge portraits painted on the walls adjacent to the Warwick St Market. The theme of the congress was "Architecture OTHERWHERE", with a focus on diversity, community and making public spaces more liveable. Faith47's gob-stopping artwork, as well as a number of other innovative installations open to the public around Durban, encouraged locals to be part of the broader scope of the conference (or, at least, to feel as if they were included). Upon arriving in the city, delegates could experience the "bigger picture", above and beyond the carefully orchestrated presentations at the Inkosi Albert Luthuli Durban Convention Centre. The congress was a success and long after the delegates left - having spent time (and money) at Durban's hotels, shops, restaurants and bars – the murals remain, creating a public art space which has transformed the city. Having boosted the economy, albeit for a short period, many delegates promised to return with their families on holiday.

The local conventions and conference industry has grown up and the far-reaching effects of business meetings can be felt on the ground – not only in tourism, but in a range of supporting industries. Done correctly and sustainably, these events can be major money-spinners, while also providing a once-off opportunity to promote a destination so that everyone wins in the long run.

In addition, creativity and innovation are at the heart of any good business shindig. The fact that technology plays such a key role in these events means interaction is on another level altogether and organisers must have all the bases covered.

By Denise Slabbert

TALKING RANDS AND CENTS (AND EUROS, POUNDS AND DOLLARS)

In his opening speech at Meetings Africa 2015, Minister of Tourism Derek Hanekom shared a few significant figures: "We [SA] have already secured 177 major international association meetings for the next five years, thereby attracting one-quarter of a million delegates with an estimated economic impact of R_{3.5} billion."

He also pointed out that, according to research, 40% of all delegates return within five years as tourists, so business meetings have a farreaching legacy. The fact that SA's faring well as a business destination is no coincidence, with government setting up the South Africa National Convention Bureau (SANCB) to help bring conferences to our shores. The International Congress & Convention Association (ICCA) rankings are an indication that it's doing a good job, along with proactive organisations such as the Cape Town Convention Bureau and the KwaZulu-Natal Convention Bureau.

ICCA RATINGS

There was great excitement in the industry in May this year when it was announced that SA's global ranking as a business event destination of choice had risen two places in the ICCA list (from 34th in 2013 to 32nd last year). While this may mean nothing to the layman, the rankings are gospel for the global industry, providing a yardstick by which companies and international associations measure a destination's ability to host events.

It's interesting to note that the latest rankings put SA ahead of Hong Kong, the United Arab Emirates, New Zealand and Morocco. The country's also the highest-ranked destination in Africa and the Middle East. Other countries that showed great results included Kenya, Egypt and Senegal.

an afri<mark>can a</mark>genda

Africa is on the up and up as a business events destination, evident at Meetings Africa 2015. As this major industry event celebrated its 10th anniversary, the theme was "Advancing Africa Together". Johannesburg's Sandton Convention Centre saw more African buyers, associations and exhibitors than ever before, with the aim of promoting the continent.

Having a South African as President of the ICCA is also good for our street cred – and Nina Freysen-Pretorius promises to keep Africa on the organisation's agenda during her two-year tenure. She's the first African to hold the post. "A lot of education is needed, as well as a lot of transferring of skills and knowledge, but the potential's there – we can all see it," she says. "If the African associations can grow, we can rotate them and that's potentially business for the entire African continent and SA, in particular. We can share a lot in terms of knowledge transfer and play a leading role in that field."

Businessman and brand guru Thebe Ikalafeng says business tourism has a role to play in gearing up the African continent. "What conventions do is attract people who may ultimately invest in the country. When they do, of course, the country gets to grow.

meeting rooms to be something special, with a focus on seating, lighting and comfort, personalised welcome desks with the help of geo-conferencing, app-based communications and making virtual attendance a lot slicker than it is at present.

Another huge trend is the "green" theme at conferences. Creating an entirely carbon-neutral conference is first prize, but just a little focus goes a long way, according to Michelle Caldeira of Blue Moon Communications, who points out that small measures – like having water jugs, rather than heaps of plastic water bottles for delegates, or being conscious of waste removal – all add up in the long run.

A WINNING FORMULA

The bidding process for major association conferences is a big deal and there's assistance from bodies such as the SANCB and the various convention bureaux in SA. So what are associations looking for?

Karen Bolinger, who heads the Melbourne Convention Bureau in Australia and is also Chairperson of the BestCities Global Alliance, says: "The association sector is growing considerably on an annual basis. People still love to meet face to face and it's really about identifying sector strengths."

Uhat associations want when planning conferences and conventions is quite simple: a great venue for members, value for money, friendliness and good service.

Africa needs to spend a lot of energy, time and effort investing in the knowledge economy, attracting investment to [this continent] and ensuring we deliver on our promises."

One of the industry's stalwarts, Australian Gary Grimmer, CEO of Gaining Edge, a company that advises to the global convention and meetings industry, agrees that Africa's on the rise when it comes to business meetings. "The meeting planners are looking to globalise and engage in developing economies... When you look at Africa, it's going to be the next big developing economy over the next two decades," he says.

THE TRADITIONAL CONFERENCE IS DEAD

Trends analyst and *Sawubona* columnist Dion Chang says traditional conferencing no longer works, as it was a pre-digital concept of bringing people together. He believes it's imperative to look to technology and innovation to make a conference work. It's also important "to look across industries for inspiration".

Going beyond the nuts and bolts of the operation is essential, says Chang, adding that conference organisers need to seek out intangibles. "The more we hurtle into a digital and cyber-era, the more we're going to want tactility. All our senses [must be] included because we've become very one-dimensional."

He thinks experiential conferences are the way of the future and that good food, great coffee and free wifi are the bare minimum to get going. "Your delegates don't become different people just because they're attending a conference." He also says that introducing gaming or some kind of playfulness is key to an event, and that apps are a good idea.

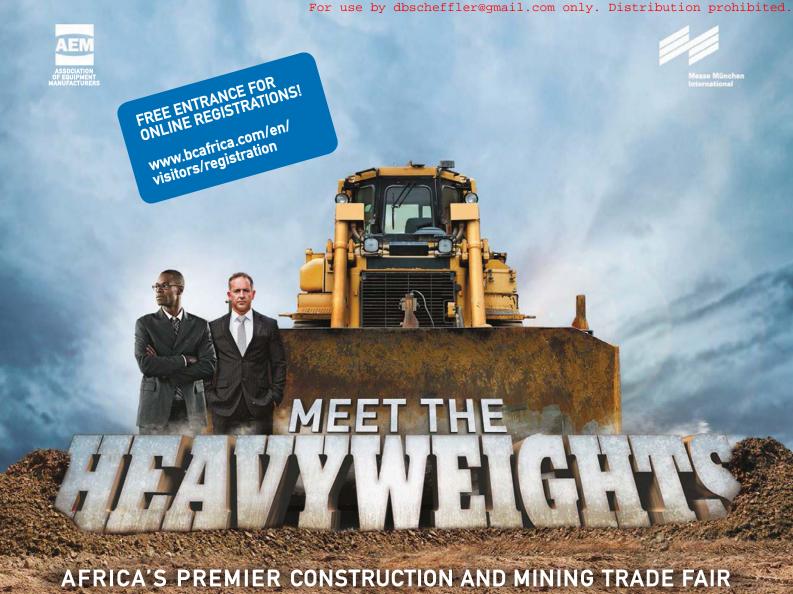
The International Association of Conference Centres (IACC) has identified some of the latest trends, which include the need for

David Owen, who visited Cape Town last year scouting a conference country for Distripress (an association for the promotion of the global circulation of the press, based in Zurich, Switzerland), says that what associations want when planning conferences and conventions is quite simple: "You want a great venue for your members and they're looking for value for money." He adds that friendliness and good service are key and he was suitably impressed with Cape Town in terms of all of the above, as well as the city's fine wines, beautiful scenery (perfect for pre- and post-tours) and great restaurants.

For Prof Craig Carter from Kentucky, USA, who's the Executive Director for the World Association of Veterinary Laboratory Diagnosticians, SA has the ingredients he's looking for in a destination. "Our next opening for a meeting is 2019, so I hope to bring 500-600 veterinarians, maybe more, for a meeting to SA. It's one of the most forward-thinking, strategic places I've ever been to. I feel the magic and energy here in Africa."

CHOICE CONVENTION VENUES IN AFRICA

- · Cape Town International Convention Centre, SA: www.cticc.co.za
- Durban International Convention Centre, SA: http://icc.co.za
- Sandton International Convention Centre, Johannesburg, SA: www.saconvention.co.za
- · Kenyatta International Conference Centre, Kenya: http://kicc.co.ke
- King Fahd Palace Hotel, Dakar, Senegal: www.kingfahdpalacehotels.com/en
- Mulungushi International Conference Centre, Lusaka, Zambia: www.micc.co.zm
- · Arusha International Conference Centre, Tanzania: www.aicc.co.tz
- Cairo International Convention Centre, Egypt: www.eeca.gov.eg



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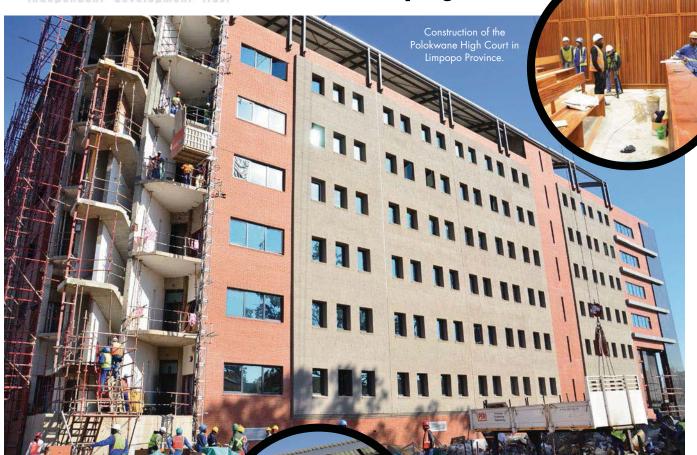
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he IDT is a state-owned development agency which manages the implementation and delivery of social infrastructure programmes on behalf of government. As a Schedule 2 public entity in terms of the Public Finance Management Act (PFMA, 1999), the IDT accounts to Parliament through its Executive Authority,

the Minister of Public Works. As an entity of the national Department of Public Works, the IDT actively supports the National Infrastructure Plan of government, which integrates long-term infrastructure and economic development objectives. The IDT's work contributes directly to government's objectives of community development, job creation and social infrastructure backlog eradication. During the 2014/15 financial year, the IDT delivered programmes to the value of 0,5 billion on behalf of various national and provincial

R6,5 billion on behalf of various national and provincial government departments.

VISION: To be a leading public sector developmental programme implementation and management agency.

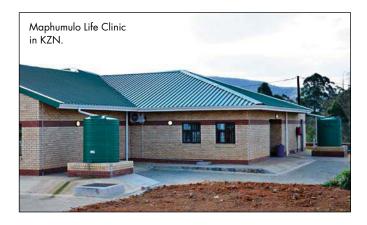
MISSION: The IDT manages and delivers quality social infrastructure programmes on behalf of government on time, cost-effectively and through a people-centred approach.

FACTS ABOUT THE IDT

- It manages a number of social infrastructure programmes for government with an annual portfolio of approximately R8,5 billion.
- It has a diverse portfolio of social infrastructure, including



ADVERTORIAL



construction of schools, hospitals, courts, correctional facilities, early childhood development centres (ECDC), community facilities, sports and cultural facilities.

- It's programmes are located all over South Africa.
- It has contributed to various development objectives, including the following key ones in the 2014/15 financial year:
 - Creating 69 846 work opportunities through our programmes and the Expanded Public Works Programme.
 - ◆ Training 3151 people in various skills.
 - ◆ Projects awarded to Contractor Development Programme (CDP) participants amounted to R225 million.

◆ Women constitute 67% of CDP participants.
◆ Spending R1,7 billion on women-owned

enterprises, including CDP.

◆ Spending R1 billion on youthowned enterprises.

 Supporting 378 entities, including community-based organisations,

Renovations at Addington Hospital in Durban, KZN.



non-profit organisations and co-operatives.

◆ Spending R4,2 billion on BBBEE qualifying organisations (ie 67% of our annual programme spend of R6,5 billion).

VALUE PROPOSITION

- We integrate social infrastructure output delivery with community empowerment and participation through social facilitation and development programmes with strong socioeconomic objectives, such as EPWP-related job creation, emerging contractor empowerment, women enterprise support, youth enterprise support, etc.
- Our procurement system has a quick turnaround and is fully



Mr Coceko Pakade was appointed at the IDT CEO on 1 April 2015. He has been tasked with the following:

- to drive the Turnaround Strategy of the IDT in order to retain its position as a leading infrastructure programme management of the government.
- to be a financially viable business entity.
- to maximise the organisation's positive impact on the lives of South Africans.

compliant with legislation.

- We offer solutions that are responsive to our clientele.
- We charge cost recovery-based programme management fees.
- We have an impressive track record in programme and project delivery turnaround.
- We have well-qualified and experienced social infrastructure programme and project managers.
- We have systems that enable prompt payment of service providers.

CONTACT US

OFFICE OF THE CHIEF EXECUTIVE OFFICER

TEL: 012 845 2000 (ext 2088 or 2004)

EMAIL: ceo@idt.org.za

PHYSICAL ADDRESS: Cnr Oberon & Sprite Sts, Glenwood Office

Park, IDT Building, Faerie Glen, Pretoria 0040

GPS CO-ORDINATES: 25°46′49,4"S 28°17′32,0" E

POSTAL ADDRESS: PO Box 73000, Lynnwood Ridge, Pretoria 0043

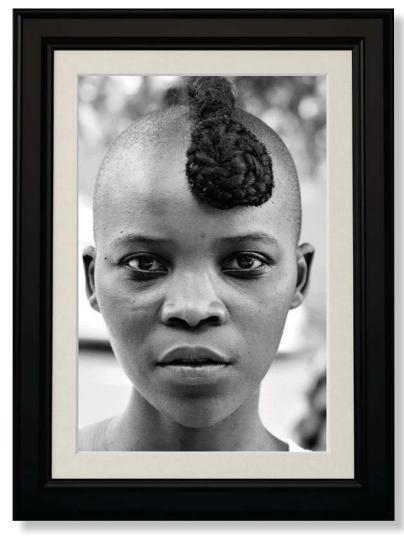
WEBSITE: www.idt.org.za

BUSINESS

In this IMAGE-CONSCIOUS ERA,
YOU CAN TELL A LOT
about a company from the **ARTWORK IT KEEPS**

LESLEY STONES

industry



ext time you're kept waiting in a company's reception area or led through to a boardroom, make a point of studying the artwork.

Are those original paintings hanging on the walls, or just cheap prints? Are intriguing sculptures displayed in the foyer or is everything entirely practical, with no flair or creativity?

Art in the workplace is about far more than mere decoration. Chosen carefully, it can mould

an image for the company and inspire the employees.

Art gallery owner Hlengiwe Vilakati believes art can uplift the workplace – and not only by creating a pleasant environment. It can challenge and provoke, sparking conversations that enhance unity and make workforces more integrated and tolerant of their differences, as well as providing mental stimulation, she says.

as providing mental stimulation, she says.

"Large sculptures and bold colours stimulate people's
minds and encourage creative thinking, which is
what every large corporation's looking for. If an employee doesn't
understand what a piece is about and later they get an explanation,
there's automatically a slight change in their perception and they may
realise something they were previously unaware of."

Before she opened Jo Anke Gallery, Vilakati worked in advertising, where mainly white practitioners were trying to sell to mainly black consumers. If her offices had displayed diverse art by young local artists, the employees would have been reminded of different cultures – and cultural differences. This would have helped them create more relevant campaigns. "That's why art in organisations is very important. It's a way to create harmony within the workplace because once the employees realise the similarities between each other, they're able to

be more productive and you get a happier team," she says.

Vilakati's being mentored by the South African Taxi Association to establish the business side of Jo Anke Gallery, and she was surprised to see the association's reception area full of art. By investing in those works, the taxi association's subtly educating its employees about diversification, she says. "They have sculptures and a lot of paintings by young local artists. It's a mix of pop art and social commentary, so it's very educational."

Wildlife artist Garth Swift agrees that art has an important role to play in creating a good working atmosphere. "Art is a very under-rated commodity for companies, as many don't realise the value it brings to the workplace," he says. "Most people spend up to eight hours a day at work. If the company has some quality art on display, it can bring a refreshing and relaxing atmosphere to the environment and boost productivity by increasing creativity and morale. Having culture around us can lead to a more positive environment and behaviours that enhance the general quality of life at the office."

Art also adds beauty, style and character to the workplace, as well as conveying an image of the organisation itself, says Swift. He specialises in painting wildlife, which works well for companies in the hospitality and travel industries, as well as those which value conservation and protecting the environment.

He adds that art in a hotel or a reception area can make guests feel welcome, encouraging them to relax and enjoy the friendly environment and hospitality. "By displaying valuable or high-quality art, a company might be saying: 'Look at our assets and wealth – we're here for the long run.' Conversely, a company which displays no art at all, or just cheap prints, might be implying it's not

here for the long term," he says.

ABOVE:

Hlengiwe

Vilakati, owner of Jo

Anke Gallery.

RIGHT: Wildlife artist

Art really does inspire the staff within a company, says Barbara Freemantle, curator of the Standard Bank Art Gallery. "The working

environment is very important and art in it that does or doesn't speak to people, or that calms or upsets them, can stimulate discussions and inspire creativity," she says.

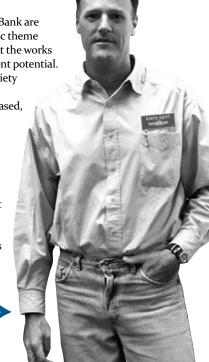
Buying decisions for the Standard Bank are made by a committee, with no specific theme

and no requirement that the works must hold any investment potential. However, there are a variety of other criteria which determine what's purchased, says Freemantle. "One is that an artist must be considered to have a future. Another is

that the work must fill a gap in our collection, or very pertinently represent our *zeitgeist*. We believe art depicts society, so whatever we buy must be reflective of that."

Standard Bank rarely commissions works and sources 99% of its pieces from reputable galleries or auction houses.

Apart from the educational and attitudeenhancing aspects of





by auctioning its old collection in Australia to restock with contemporary art that better reflects the diversity of its global operations. It still has a world-renowned art collection in its Johannesburg offices, featuring predominantly South African contemporary artists and documenting the socio-political changes the country's experienced since democratisation.

Architectural styles also influence tastes in corporate art collecting. Many corporate curators now seek contemporary works that suit new, minimalist office designs in which steel fittings, polished floors and stark walls have replaced dour boardrooms of dark wooden panels and heavy furniture.

Some artists deliberately tailor their works to the corporate market, painting large, bold pieces that suit

art in the business world, corporations have another huge role to play in that their money's very definitely helping to keep the arts alive.

Standard Bank's prolific and prestigious collection is on display in its gallery, its head office and its regional offices. More than 1 000 works

depict historically significant events and there's a strong focus on contemporary pieces by artists such as William Kentridge, Marlene Dumas, Jane Alexander, Sam Nhlengethwa and Zwelethu Mthetwa.

The organisation's rival, First National Bank, has sponsored the FNB Joburg Art Fair for seven years. And it's not only banks that have an artistic streak. Energy company Sasol runs the New Signature Arts Competition, in which the overall winner receives

R100 000 and a solo exhibition at the Pretoria Arts Museum the following year. The runner-up receives R25 000 and five merit winners each receive R10 000. Many previous winners now have works in the Sasol Art Collection, which boasts about 2 000 mainly contemporary pieces by young and emerging South African artists. The collection came about through the efforts of Sasol's former Chairman, Johannes Stegmann, who assembled a display designed to inspire, enrich and occasionally perplex.

In 2003, many companies in Australia sold off their historic art collections to raise money in a time of financial austerity. Numerous organisations offloaded highly valuable collections, "reflecting the unease among many CEOs about holding high-priced pictures when cost-cutting was top of the agenda", as the Sydney Morning Herald reported.

While most corporations were still buying some artworks, their focus had shifted to supporting younger artists. That trend is also very visible in SA today. BHP Billiton used the money raised

"THE WORKING ENVIRONMENT IS VERY IMPORTANT AND ART IN IT THAT DOES OR DOESN'T SPEAK TO PEOPLE, OR THAT CALMS OR UPSETS THEM, CAN STIMULATE DISCUSSIONS AND INSPIRE CREATIVITY."

modern, open-plan buildings. One of the most successful of these is Glen Josselsohn, who paints to order for companies, hotels and interior decorators. He creates huge canvases to fill two- or threestorey foyers and adapts his style to suit the colour scheme, size and ambience of the space.

His works hang in Johannesburg's Rosebank Clinic and the Fire & Ice! Hotel in Menlyn, as well as the Radisson Blu Planet Fitness

Platinum gym and the Marion on Nicol Hotel in Sandton, which commissioned 30 pieces from him. Josselsohn says the hospitality industry is a perfect platform for his art, as he can create work in large volumes at affordable rates, with a timeless content and style.

He believes the economic downturn has caused big corporations to stop looking for investment pieces. Instead, they're choosing art they find aesthetically pleasing. If it has the potential to appreciate in value as well, that's a bonus. "Ultimately, space-fillers are their

preference, rather than anything with real value," he says. "They tend to look for decorative art that will enhance the surroundings. Hotels want to fill the space nicely and look for something that's a bit of an investment and also complements their interior."

Josselsohn believes his work can do both, because his paintings are rising in value every year. "People are getting an investment piece of art. You're not walking into a budget homeware store to buy a pretty piece for your room. If you buy a Glen Josselsohn work, you know that in a year's time, it will be worth 30% more," he says.

ABOVE: Gorge by JH Pierneef, currently on display in the Standard Bank Art Gallery.

GALLO IMAGES/GETTY IMAGES/ISTOCKPHOTO



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JUDGE ESSA MOOSA, HEAD OF THE OFFICE OF DPCI JUDGE FOR THE DIRECTORATE OF PRIORITY CRIME INVESTIGATION COMPLAINTS UNIT

What is office of the DPCI Judge and what is your professional background? We're an oversight body for the DPCI (more commonly known as the Hawks). I was born and bred in Cape Town. I qualified as a lawyer and was admitted to practice as such by the High Court of SA in 1962. I did that until 1995. In 1998 I was appointed by President Nelson Mandela as a judge of the High Court of SA, based in Cape Town. I retired from the bench in February 2011, upon reaching the age of 75. On 1 September 2013, I was seconded by the Chief Justice to the Ministry of Police for two years to head the Office of the DPCI Judge. What drew you to the legal profession? In the 1950s and 60s, the scope for blacks entering any profession was extremely limited. After matriculating, I decided to enter either the legal or accountancy field, as they would allow me to be articled to a lawyer or an accountant and do part-time studies. For two years, I applied to every legal and accountancy firm in Cape Town for the position of an articled clerk, but received no response from any of them. I began to give up hope. Then, out of the blue, I received a letter from a small legal firm to which I'd applied, inviting me to come in for an interview. I was very excited and put on my best clothes for the appointment only to be told that the post was for a white articled clerk.

About six months later, I received a letter from the same firm asking me to come and see the principal. He told me that the white articled clerk he'd taken on had absconded and that he now wanted to give a person of colour an opportunity.

We then haggled about the salary. At the time, I was working as a clerk at a retail chain store earning £20 per month. He offered me £4.10s per month and emphasised that he was doing me a favour, as he was teaching



me the art of law. After much bargaining, we settled on £5 per month. I signed a five-year contract with the firm.

For the first two years, I was a glorified messenger. My work entailed collecting post, delivering letters and court processes, licking stamps on envelopes and posting letters. Only then did I gain exposure to legal work.

I worked 10 hours a day, six days a week, and occasionally on Sundays and public holidays too. After working a full day, I attended classes at 5pm at the University of Cape Town's Hiddingh Hall, where I was studying for my Diploma in Law. What lessons has your career taught you? As a practising attorney, I learnt that I had to serve clients to the best of my ability, irrespective of whether they could afford my professional services. Many of the people I served came from the poorer sections of our community. I committed myself to giving them the same professional service that I gave to clients who could pay me. I adopted that approach as a result of my own background. What was your contribution to SA's transition to democracy? After SA's liberation movements were unbanned in 1990, the ANC formed a Constitutional Committee to research and prepare constitutional models for a non-racial, non-sexist and democratic SA. I was appointed as a member and served as its Secretary. We gave logistical support to the negotiating team led by Mandela at Codesa and the subsequent Multi-Party Negotiation Forum. During the preparations for the first democratic elections, I was appointed an Electoral Agent in the Western Cape. The first democratic elections were held on 27 April 1994, ushering in a government of National Unity, with Mandela as its first President and FW de Klerk and Thabo Mbeki as his Deputy Presidents.

In February 1996 I was

appointed Director of the Planning Unit within the Department of Justice & Constitutional Affairs. Its function was to produce a Strategic Plan for the Transformation of the Administration of Justice and align it with the new values and structures of the democratic constitution of SA. We produced the strategic plan known as Justice Vision 2000, which, inter alia, dealt with the transformation of the courts and access to justice.

How do South African judges compare with their foreign

department in Pretoria. I found it had been transformed in accordance with the new values enshrined in the constitution. The same situation applies to our courts, which are now more representative of the demographics of the country. Where are you rendering voluntary community service? I've been involved in human rights issues locally, nationally and internationally for many years. I'm one of the founding members of the National Association of Democratic Lawyers and for many years

the public about the conduct of the Hawks, or complaints from the Hawks about people interfering with their investigations. The office is required to report to the Minister of Police on all investigations it conducts and report annually to Parliament on its performance. If any matter falls outside the scope of its mandate, it has the right to refer the issue to any other state institution which has the necessary mandate. We have two offices - one in Cape Town, where I'm located, and another in Pretoria, where

"AS A PRACTISING ATTORNEY, I LEARNT THAT I HAD TO SERVE CLIENTS TO THE BEST OF MY ABILITY, IRRESPECTIVE OF WHETHER THEY COULD AFFORD MY PROFESSIONAL SERVICES."

counterparts? There's no benchmark to compare our judges with their foreign counterparts. Legal systems in the world differ. Some are adversarial in nature, where the defendant is regarded as innocent until proven guilty, and others are inquisitorial in nature, meaning the presumption of innocence doesn't apply. However, I believe that our judges, on the whole, compare very favourably with their foreign counterparts. Has there been transformation

in the Department of Justice & Constitutional Development and the administration of justice?

In 1996, the Minister of Justice & Constitutional Development invited me to interview for the position of Director of the Planning Unit. His office was in Pretoria, on one of the top floors of a multi-storeyed building which was covered with glass. As I travelled up to it in a lift, I could see the occupants of each floor I passed. What struck me forcefully was that they were almost entirely white males.

About 20 years later, I had occasion to return to that

served as the Chairman of the Human Rights Committee. I was also a founding member and Chairman of the Kurdish Human Rights Action Group, which monitors human rights abuses against the Kurdish people who are fighting for their right to self-determination in the Middle East. In addition, I chair the International Peace & Reconciliation Initiative, whose objective is to bring peace and reconciliation to the Middle East, and I'm a trustee of the University of the Western Cape Foundation. What's the role of the Office

What's the role of the Office of the DPCI Judge? Its primary function is to investigate complaints from members of the investigative arm of the office is based.

What have been the chievements of the Office of the DPCI Judge?

We've conducted an extensive national campaign to make both the public and members of the Hawks aware of the existence of the office. We've also held meetings with our stakeholders and role-players to this end and have engaged with the National and Provincial Police Commissioners, the National Director of Public Prosecutions and the Independent Police Investigative Directorate and their management teams. In addition, we've briefed the Parliamentary Portfolio Committee of Police. -Pinda Ntsaluba

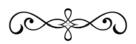


OFFICE OF THE DPCI JUDGE
COMPLAINTS UNIT FOR THE
DIRECTORATE FOR PRIORITY CRIME INVESTIGATION (DPCI)
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A GAME-CHANGER FOR AFRICA



Merle O'Brien (@merleobrien) explores India's strategy on the African continent, where the opportunities are within the context of the

INDIA CHINA

economic bloc





ince Shri Narendra Modi was appointed India's 15th Prime Minister in May 2014, there's been a wave of optimistic ambition that the country's trade relations with the African continent will reach \$500 billion by 2020. As the captain in charge of steering the world's largest democracy, Modi's fairly passionate about including Africa in the new story he's writing for India. These two Brics markets share a 155-year history that began when the first Indian indentured labourers arrived in

KwaZulu-Natal under British rule in 1860.

Today SA contains the largest number of Indian diasporans, at 1 286 930. Elsewhere on the continent, the diaspora's concentrated in Kenya (100 000), Mauritius (1,2 million), Mozambique (70 000), Réunion Island (250 000), Tanzania (100 000), Uganda (15 000), Zimbabwe (15 000) and Botswana (9 000).

This year, the centenary of the return of Mahatma Gandhi to India from SA, a year-long series of trade and cultural programmes is being held in both countries.

As developing markets, India and Africa share a number of features, including:

- A similar population size (India: 1,2 billion and Africa: 1,1 billion).
- A young, rapidly growing middle class.
- Strong agricultural sectors driven by small farmers (50% in India and 60% in Africa).
- A business etiquette that appreciates cultural and market diversity.
- A growing SMME sector.

TRADE WITH AFRICA

In 2015 Indo-African trade is projected to reach US\$100 billion, with major private investments in the telecommunications, IT, energy and

With Africa's economy projected to grow at 5,2% and India set for 6,3% growth during this period, it's not impossible for trade to grow five-fold in the next five years.

The value of bilateral trade between India and Africa jumped from \$5,3 billion in 2001 to \$12 billion in 2005 and to \$63 billion in 2011 - higher than India's trade with the USA, at \$56 billion. By comparison, the total value of bilateral trade between China and SA approached \$60 billion in 2012.

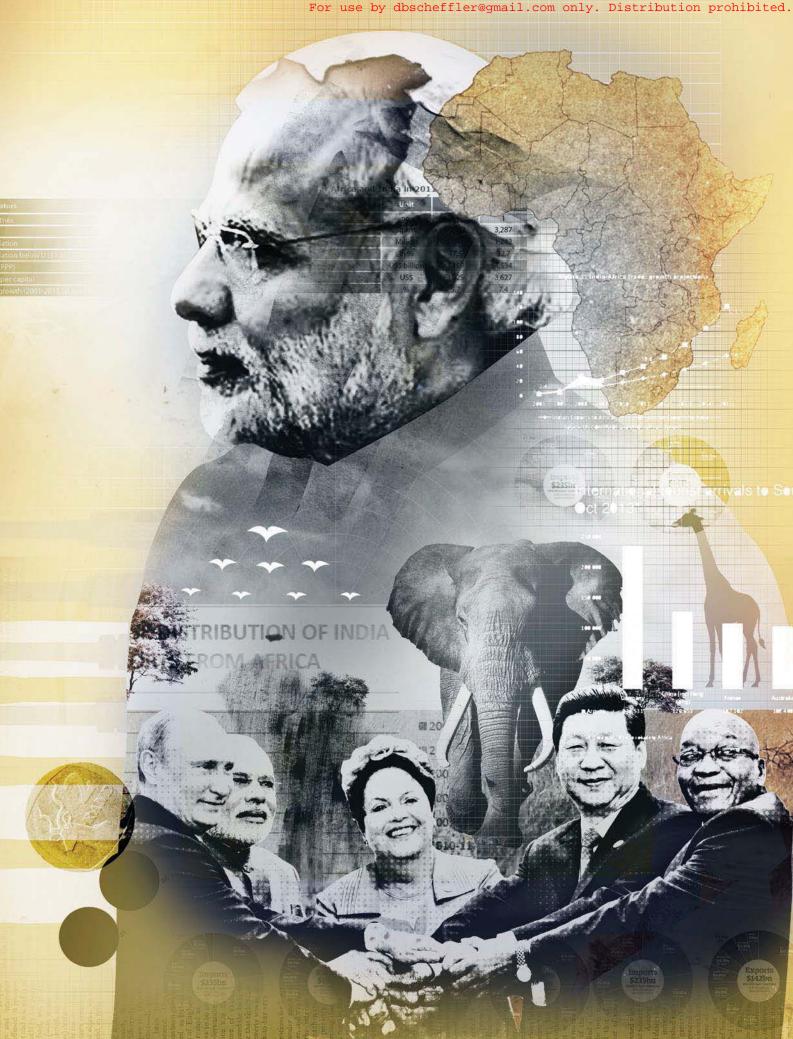
Compared with China, Indian labour is cheap, but less productive. Its average manufacturing wage is just under \$1 an hour, compared with \$3,52 for Chinese workers. In SA, workers in manufacturing earn around R4 000 a month, whereas Indian textile workers earn R600 a month.

BRICS GEO-POLITICAL AGREEMENT

In 2013/14 SA attracted around \$10 billion in foreign direct investment. During the same period, India attracted some \$29 billion and is set to double that figure to \$60 billion in 2015.

According to the India Africa Report published by the World Trade Organisation, the top six African exporters to India are Nigeria, SA, Angola, Egypt, Algeria and Morocco.

Central and West Africa has the highest growth, due to rising trade with Angola and Nigeria. Kenya, Tanzania,



Uganda and Zambia are also contributing to annual growth in African exports at 32,2%, while Indian exports to Africa are growing at around 23,6% annually. Morocco and SA are Africa's largest investors in India, with investments worth \$137 million and \$112 million respectively.

"MAKE IN INDIA"

Modi's market-orientated "Make in India" initiative is attracting multi-national investors like the USA-based Nike, Norway's Telenor Group, Chinese telecommunications equipment manufacturer ZTE Corporation and Japan's Suzuki. South African organisations Sasol, Bidvest, Nando's, Shoprite and Standard Bank are also there.

MINERAL RESOURCES

Both continents are rich in mineral resources, notably diamonds, gold and silver, as well as agricultural and forestry products.

Crude oil and gas account for over two-thirds of Africa's exports to India, while gold and other precious metals account for 16% of exports.

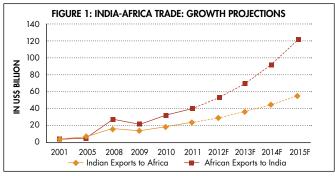
The top six African exports are crude oil (60%), gold (15%), phosphoric acid (3,8%), coal (3,5%), liquefied natural gas (2,7%) and shelled cashews (2,6%), accounting for over 87% of total African export commodities to India.

TOP EXPORT	CATEGO	RIES FROM	AFRICA	TO INDIA	
Top Categories		mports fron ies (in Millio		CAGR (%)	Product specialisation (%)
	2005	2008	2011	2005-11	2011
Mineral fuels	195	17,249	26,579	126.7	66.8
Precious, incl. gold	1,913	2,917	6,395	22.3	16.1
Inorganic chemicals	936	2,080	1,608	9.4	4.0
Edible fruit and nuts	396	576	1,063	17.9	2.7
Iron and steel	461	577	678	6.6	1.7
Fertilisers	0	406	554	301.2	1.4
Ores, slag and ash	41	765	517	52.2	1.3
Salt, sulphur etc.	185	293	406	14.0	1.0
Aluminium and articles thereof	30	187	218	39.2	0.5
Wood and articles of wood	180	261	214	2.9	0.5

MANUFACTURING

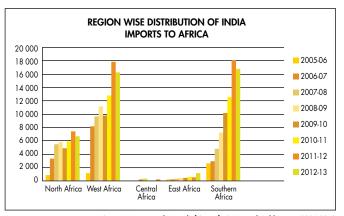
There's an India-African integrated textile cluster working to strengthen the value chain of the cotton sector in Africa. In 2011, the Cotton Technical Assistance Programme for Africa was launched as part of the second India-African Forum Summit. It's being implemented in Benin, Burkina Faso, Chad, Mali, Malawi, Nigeria and Uganda. The India-African textile cluster is also mobilising Indian investments worth \$350 million, with the potential to provide employment to 25 000 workers.

While India isn't a large importer of African cotton, it's a major player in the global cotton market and has a strong textiles industry. India also has some 500 000 co-operatives with 230 million members and assets worth R300 million. Tata Motors and its rival, Indian car giant Mahindra & Mahindra, have also made inroads into the South African motor industry.



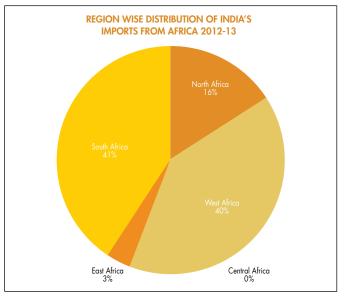
Source: UN COMTRADE and TWO staff calculations

INDIAN IMPORTS FROM AFRICAN REGIONS



Source: International Journal of Scientific & Research Publications, 2005-2013

INDIAN IMPORTS FROM AFRICAN REGIONS



Source: International Journal of Scientific & Research Publications, 2012-2013

ICT AND BANKING SERVICES

Like Africa, India's cellphone subscribers have surged. Between 2002-2012, the country's cellphone users grew from 45 million to almost one billion. India is well known for its call centre and business processing facilities, a growth area for SA too. Standard Bank and FirstRand Bank have ventured into India and the Bank of India has opened offices here.

AFRICA'S EXPORT TO INDIA, E	Y TECHN	NOLOGY (US	\$ MILLIC	N)
Product	2001	Share in total export	2011	Share in total exports
High Technology (Pharmaceutical, office machinery, electronics and communication equipment, aircrafts)	16	0.7	65	0.2
Medium High Tech (chemicals, machinery and equipments, electrical machinery, automobiles)	643	27.0	2,569	6.6
Medium Low Tech (refined petroleum products, rubber and plastic, glass and ceramic, basic metals)	1,037	43.5	6,845	17.6
Low Technology (food products, textiles and apparel, leather and footwear, paper products)	68	2.9	352	0.9
Total Technology export (TTE)	1,764	74.0	9,831	25.3
Agriculture and related products	400	16.8	1,670	4.3
Mining and quarrying, incl. crude oil	219	9.2	27,428	70.5
Total Exports	2,384	100	38,929	100

Source: Staff calculations based on UN COMTRADE

TOURISM

According to SA Tourism, 92 559 Indian tourists visited SA in 2013. With the potential for travel increasing among Brics countries, SA has its eye on significantly growing the Indian tourist market.

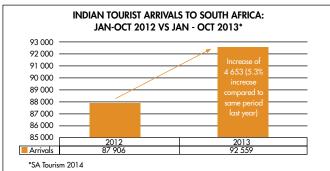
Between 2001-2010, India's outbound tourists and business travellers increased from 4,5 million to 13 million. Of these, outbound tourists to Africa more than doubled, from 135 555 in 2001 to 410 700 in 2010, but this accounts for 3% of total Indian departures in 2010.

Likewise, African business and tourist visits to India grew by 44% between 2006-2010. To meet visa demand, the Indian Consulate in Cape Town opened a visa office in 2013 in the city centre.

Indian investments in SA's

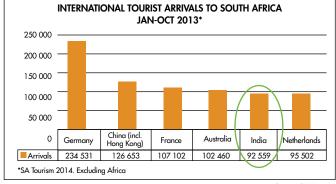
tourism sector include the Taj Hotel chain in Cape Town, as well as businessman Analjit Singh making a substantial investment in Franschhoek. Following the 2010 Fifa World Cup, Singh bought three wine farms (Mullineux Wines, Von Ortloff and Dieu Donné) and the Rusthof guesthouse. He's also the founder of the Max India Group, which has interests in life insurance, health insurance and healthcare.

2012/13 INDIAN TOURIST ARRIVALS IN SA



Source: SA Tourism

2013 INDIAN AND INTERNATIONAL TOURIST **ARRIVALS IN SA**



Source: SA Tourism

RETAIL AND PROPERTY

Efforts by the Indian government to liberalise the retail sector are opening opportunities for African retailers. Tiger Brands, SABMiller, Shoprite Checkers, Famous Brands' Debonair's Pizza and Nando's are already in India. Anglo American and Old Mutual have investments there, while Asca and Bidvest are in a concession to redevelop and run Mumbai Airport. Sasol Synfuels has also signed a joint venture with Tata, Strategic Energy Technology Systems Pvt Ltd, to develop India's first coal-to-liquid initiative.

YOUTH CULTURE

Like SA's 10 million youth, India's 600 million youth are hungry for change. Together, they create an emerging market of some 1 billion consumers under the age of 35. This alignment of south-south consumer needs and aspirations is spurring a wave of investment into Brics to cater for the needs of the millennial generation.

BASIC INDICATORS FOR AFRICA AND INDIA IN 2011							
Indicators	Unit	Africa	India				
Countries	no.	54	1				
Area	sq.km.	30,323	3,287				
Population	Million	1,044	1,242				
Population below US\$1.25 (PPP) per day	ln %	47.5	32.7				
GDP (PPP)	US\$ billion	3,159	4,534				
GDP (per capital)	US\$	3,025	3,627				
GDP growth (2001-2011, annualised	%	5.7	7.4				

Source: World Bank Development Indicators

MODINOMICS

In the information age, when corporations and industries run across nations and regions, Modi is making co-operation India's strategic stance. His empowerment policy is to match opportunity with capital, capability and political will to leverage strategic advantage.

Modi's timing was perfect in the May 2014 election. He seized the moment to respond to a new dream of a new India. For Africa, that dream presents a pathway of hope.

GETTING TO KNOW: Reneva Fourie

ACTING SECRETARY OF POLICE

What does your job entail?

I ensure that the functions of the Civilian Secretariat are carried out. These include: exercising civilian oversight over the police service, giving strategic advice to the Minister in respect of developing and implementing policies and legislation, and implementing a partnership strategy to mobilise role-players and stakeholders.

My re-entry into an environment which had shaped my young adult years happened with a bang. Within my first few weeks, I met with the senior management in each of the Chief Directorates, addressed Parliament twice, met with Provincial Heads of Department and Chief Financial Officers, attended Cabinet, witnessed the release of the crime statistics and, as a collective, worked on concluding the Annual Report and key elements of the 2015/16 Annual Performance Plan. This helped me rapidly re-familiarise myself with the civilian policing environment and I soon began to feel at home.

What made you choose this career? The job speaks to three of my passions, namely: development, public policy and civic participation in governance. I want to reduce the level of violence in society. In this regard, we've organised a series of initiatives with police, communities and the youth aimed at reducing crime, xenophobia and the

buying of stolen goods.

What inspires you about your job? The staff at the Civilian
Secretariat. They're passionate, committed and always willing to go the extra mile. Sometimes I feel tired or despondent, but their positive energy and enthusiasm make me want to be a better person and leader.

What have your achievements been at the Secretariat?

Consolidating its structural independence. Under my leadership, we ensured the full transition of staff from the SAPS system to our own system under the Public Service & Administration Act, as well as

of an acknowledgement that high levels of violence still permeate our society. On Sunday, 7 September 2014, we remembered those policemen and women who died during the course of duty. Their deaths were indicative of the fact that the efforts of our police services aren't always recognised by society. The ongoing prevalence of violent crimes emphasises the need for a united front towards the creation of safe and stable communities - and policing alone won't bring about that change. The Secretariat has an important role to play in building this united front.

change can only happen if we're institutionally sound. The Secretariat must be a place where all staff feel that they belong and are being treated fairly. In order to instill trust among us, and in compliance with standard public service regulations, we'll all be required to complete security vetting forms. We'll also be adhering strictly to internal administrative policies and processes.

In order to ensure that we have the necessary capacity to fulfil our mandate, we're also conducting a work/study exercise, as well as audits

"Heritage gives us a grounding as individuals, while our collective history of resilience and as champions of change serves as a base from which to drive change within the domain of safety and security."

the migration of our ICT and finance systems.

Are there any plans to celebrate upcoming milestones? The

month of September will be significant for two reasons – it's Peace Month and it's also the month in which we celebrate Heritage Day. Peace Month occurs against the backdrop

Why is heritage so important?

In executing our mandate as the Secretariat, heritage is extremely significant. It gives us a grounding as individuals, while our collective history of resilience and as champions of change serves as a base from which to drive change within the domain of safety and security. But

on key functional areas. The outcomes of these processes will assist us in strengthening our organisational structure and help identify areas for additional capacity requirements.

Because we can't promote safety unless we ourselves are safe, we're working towards concluding our move before

ADVERTORIAL



growth opportunities.

The importance of fighting sexism and empowering women was instilled in me from an early age by my mom and by the organisations I participated in as a teenager. LOGRA, a local anti-apartheid formation, the Cape Youth Congress and the Inter-Church Youth not only had strong women leaders, but also ran awareness programmes around the nature of patriarchy and the need to build a non-sexist society.

I also had the privilege of being mentored by a number of women who are very powerful today, the most significant being Lindiwe Sisulu. She devoted a lot of time to grooming me, exposing me to an influential network and giving me my first professional national project to run. Her faith in me instilled a deep sense of selfconfidence in me and, along with my mom, she continues to be my greatest inspiration.

What personal or professional challenges have you overcome? At this level, a work-life balance is a myth, regardless of gender. We work 24/7 and are happy if we get time to sleep!

We live in a competitive and ruthless environment and every day I struggle not to retaliate. Most times I succeed in responding maturely and responsibly, but there are occasions when I have to be equally ruthless.

What would people be surprised to learn about you? That I once had a parttime job as a shop assistant in a garage. - Pinda Ntsaluba

the end of the year. How do you encourage empowerment in your everyday life? I'm quiet and "girlie" by nature, but femininity is no measure of intelligence or competence. When things go wrong, I don't hesitate

aggressive, much to the irritation

to be assertive and even

of men who still believe that

a woman should restrain her opinions. As a leader, I encourage our female staff to be equally bold and assertive by making them present and coaching them to overcome their insecurities. I also try to create an enabling environment for them to study and carry out their childcare responsibilities without limiting their career

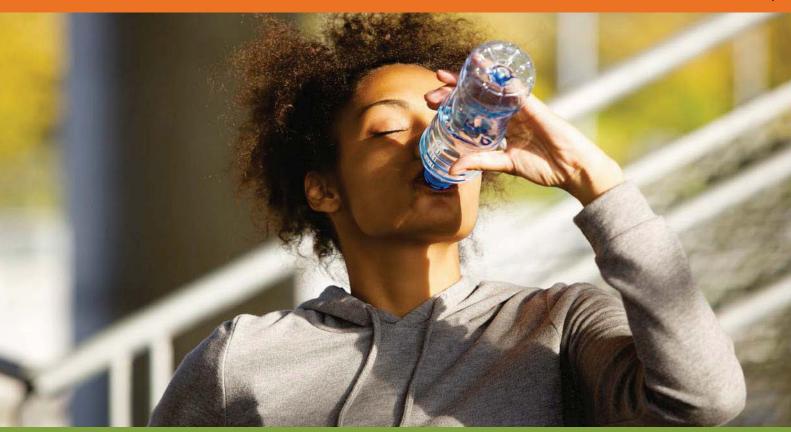


civilian secretariat for police

Department: Civilian Secretariat for Police REPUBLIC OF SOUTH AFRICA

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Lifestyle



If there's one thing you do this month... take advantage of our country's winter specials

SOUTH AFRICAN WINTERS ARE NEITHER LONG NOR SEVERE, compared with other parts of the world – but the chilly season can be made a lot easier by cosying up with hot, delicious food in front of a roaring fire. Hotels and restaurants nationwide usually offer super winter specials to entice you out of your home – be it seasonally inspired menus with a twist or special rates on package deals.

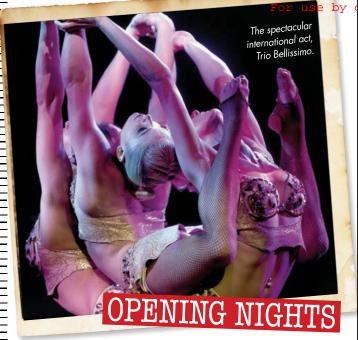
At Hemelhuijs in Cape Town, Jacques Erasmus – creator of the eponymous brand – transforms both the space and the menu to reflect the season. "It's the comfort and nourishment of winter flavours that I love," he says. "Think slow-cooked comfort food and meals to warm the heart." The walls have been painted a warm shade of river clay terracotta, accented with tones of blues and whites. The space includes a celebration of South African flora by way of an ever-changing collection of prepared and pressed leaves and flowers. Hemelhuijs is at 71 Waterkant St, Cape Town. Tel: 021 418 2042. Email: info@hemelhuijs.co.za Visit: www.hemelhuijs.co.za Twitter: @hemelhuijs



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200-piece deluxe poker set by Educo (R249) • Bamboo wine set by Terra Brands (R185) • Marwayre Double Take for iPhone 5/5s Back by Marblue (R279) • Silver manicure set (R169) by Terra Brands • Jan Braai by Jan Scannell (NB Publishers) (R379) • Brain-busting puzzles (R175), desk table-tennis (R125) and camera lens cup (R250), all by Big Blue



IF YOU LOVE A BIT OF RAZZLE-DAZZLE AT THE THEATRE, THESE ARE FOR YOU:

MADAME ZINGARA

Even if you never see theatre see this. Madame Zingara is a four-course culinary experience, including canapés and a welcome drink, while exotic sights and sounds seduce you into a circus experience unlike anything you've ever seen before. Acrobats, gymnasts, tightrope walkers, trapeze artists and other performers create an atmosphere of magic. The latest show, The Celebration Tour, includes local and international acts from 16 different countries, pyrotechnics and a three-storeyhigh hand-crafted mirror palace at the Cape Town's Grand Parade. It moves to Jo'burg's Montecasino from 22 Oct-31 Dec. Tel: 086 162 3263. Email: boxoffice@madamezingara.com and Always and Forever. He'll be backed by some of SA's top musicians and vocalists, while audiences can enjoy a performance from the Voices Unlimited Gospel Choir too. Tel: 011 248 5000.

Visit: www.goldreefcity.co.za

SISTER ACT

This enormously successful musical comedy has travelled from New York's Broadway to London's West End. Now SA's Candida Mosoma will lead a local cast in director Janice Honeyman's take on the show at the Joburg Theatre's Mandela Stage until 16 August. It's based on the 1992 movie starring Whoopi Goldberg as street-wise disco diva Deloris, who goes into protective custody in a nunnery after witnessing a murder. Visit: www.joburgtheatre.com

KING OF CROON

The Lyric Theatre at Jo'burg's Gold Reef City will be celebrating iconic singer/songwriter and producer Luther Vandross on 14 August in Always and Forever: A Tribute to Luther Vandross. Timothy Moloi will perform hits like Endless

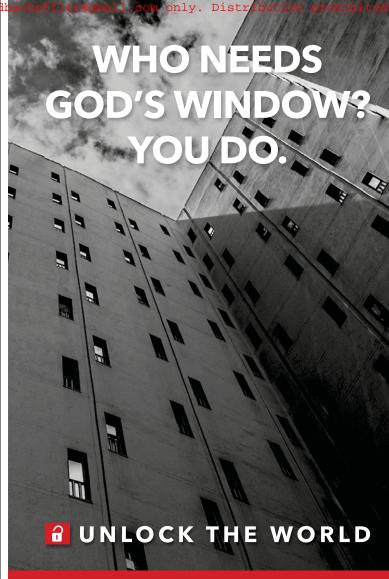
Love, Power of

Love, Superstar

WEST SIDE STORY

No introductions are needed for this multi-award-winning musical, composed by the legendary Leonard Bernstein and based on Shakespeare's Romeo and Juliet. Don't miss it at the Artscape Opera House in Cape Town, where it runs until 23 August. Visit: www. computicket.com

enned as Maria in West Side Story.



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SAY WHAT? "Black humour dipped in pastel colours" is a perfect description of Italian design company Seletti's fabulous brand, TOILETPAPER. A selection of whacky, tongue-incheek images from Maurizio Cattelan's and Pierpaolo Ferrari's magazine are its decorative motifs. Designer Stefano Seletti says: "Its exclusive character isn't given by economic inaccessibility, but by the intellectual audacity of those who choose to buy it." Sold in places like the Museum of Modern Art in New York City, the Palais de Tokyo in Paris and The Corner in London, Toiletpaper can now also be found in Johannesburg at Generation in the Hyde Park Corner Shopping Centre. Tel: 011 325 5383.



Diarise

Our pick of **BIG-SCREEN** entertainment this month



Check out **Paper Towns**, adapted from the bestselling novel by John Green. A coming-ofage story in which Quentin is led into a whirlwind adventure by his mysterious neighbour, Margo. Marvel's The Fantastic



Four is as actionpacked as ever with the usual spicy plot ingredients: this time the super-heroes are struggling to harness their new abilities, while trying to save



Bigger, badder action brand Mission Impossible strikes for a fifth time with veteran lead Tom Cruise at the helm again.



Train Wreck is inspired by Amy Schumer's real-life experiences as a commitment-averse woman trying to overcome her selfsabotaging ways.



Everything Will be Fine begins when a writer accidentally hits and kills a child in his car after having a domestic quarrel. But will everything really be fine?

For the family who has designer outfits, the next step has to be designer homeware. Newly-opened Gray's Homeware Store in Melrose Arch, Johannesburg, showcases premium and luxury brands by eponymous design houses like Hugo Boss Home, Calvin Klein Home, Ralph Lauren Home, Kenzo Maison and Oliver Desforges. Currently stocking bedding, towelling, bathroom accessories and furnishings, it plans to introduce luxury menswear and a kids' emporium soon.





DESERT RETREAT

Kgalagadi Lodge is a quiet haven nestled in the red sand dunes of the Kalahari Desert. Whether you're seeking a pit stop or are ready to explore the national park, the lodge offers a restaurant, grocery shop, liquor store, picnic packs, four-star family chalets, three-star standard and business chalets, as well as a four-star campsite with a swimming pool and fire pit. Go off the beaten track for some beautiful views and tranquillity.

Visit: www.kgalagadi-lodge.co.za



On our Radar

Ten things you didn't know you could do in Maboneng Precinct in the Johannesburg CBD:

Once a month there's a pop-up dinner at a secret venue in the precinct, where you can enjoy a three-course meal prepared by foodie Jono Hall. Visit: www.popartcentre.co.za

During Women's Month, see at least one of these shows at the POPArt Theatre: We Didn't Come to Hell for the Croissants, Piet se Optelgoed, Actress and Girl, Gcebile Dlamini and Nina Hastie: A One-Woman Show.

Join the Johannesburg Culinary School across from Arts on Main on Main St for a baking or pastry class. It also hosts special events.

Visit: www.jcps.co.za

Join people from all walks of life for some laid-back vibes and Sunday salsa at the Canteen while sipping one of its famous mojitos. Tel: 011 334 5947. Visit: www.mabonengprecinct. com

Visit the Night Market on Main on the first Thursday of every month. Try the delicious flatbreads from Soul Souvlaki and look out for the iwasshotinjoburg store for everything from prints of Jozi streets to capes and other custom-designed products.

Visit: www.marketonmain.co.za

For the best cocktail in town, try the Moscow Mule during happy hour at Lenin's Vodka Bar. Visit: www.leninsvodkabar.co.za

Next door is a treasure trove of ethnic cuisine at James XVI Ethiopian Café, including heavenly, traditional flatbreads mixed with an array of spicy and flavourful dishes. You'll love watching them brew Ethiopian coffee on a bed of hot coals decanted into little espresso bowls. Great for vegetarians too. Tel: 072 340 2020.

Across the road is the Museum of African Design. 'Nuff said. Visit: www.moadihb.com

Enjoy an awesome view of Jozi's skyline at The Living Room, a restaurant that experiments with nutritious plant-based foods in the show space for Tiakaya designs, a landscape and design company. We recommend the homemade juices and salad roll from the tapas menu. Visit: www.livingroomjozi.co.za

Kruger St has a wide range of fashion and design stores to burn a hole in your pocket. Look out for our favourites, Loincloth & Ashes and OZLO menswear.



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THE SILENT REVOLUTION HIP-HOP

South African youth are finding themselves through hip-hop, dance and culture

of groundwork to reach this point. The "godfather" of the transformation, Emile YX, started as a B-boy on the streets of Cape Town in 1982. He then became a teacher and counsellor and formed Black Noise, an evolving performance group who popularised hip-hop culture in schools. He also created the Heal the Hood project, which celebrated the joy of learning performance, life skills and history in classrooms, and created the annual Hip Hop Indaba and African Battle Cry initiatives, which attract large numbers of performers and audiences from all over the country.

This work has created an industry for any youngster from any community to enter. Now hip-hop in SA has grown dramatically from its roots in Cape Town to unite with the commercial centre

of Johannesburg. One initiative, the Back to the City Festival, attracts big crowds to Newtown every Freedom Day (27 April).

Emile's latest project, Mixed Mense, is a success story which reveals the authenticity and power of his mentorship programme. It brings two of his scholars, Leeroy Phillips and Stefan Benting, into the mainstream and shows them coming full circle by becoming teachers and giving back their skills to inspire and mentor future generations.

AUGUST: Screening of the Afrikaaps doccie at schools and libraries and the release of latest album, Remember Marikana.

Visit: www.youtube.com/watch?v=DYifENqE3hU

10-12 SEPTEMBER: Emile will be the face of the Moshito Music Conference in Johannesburg. Visit: www.healthehood.org.za

- Struan Douglas



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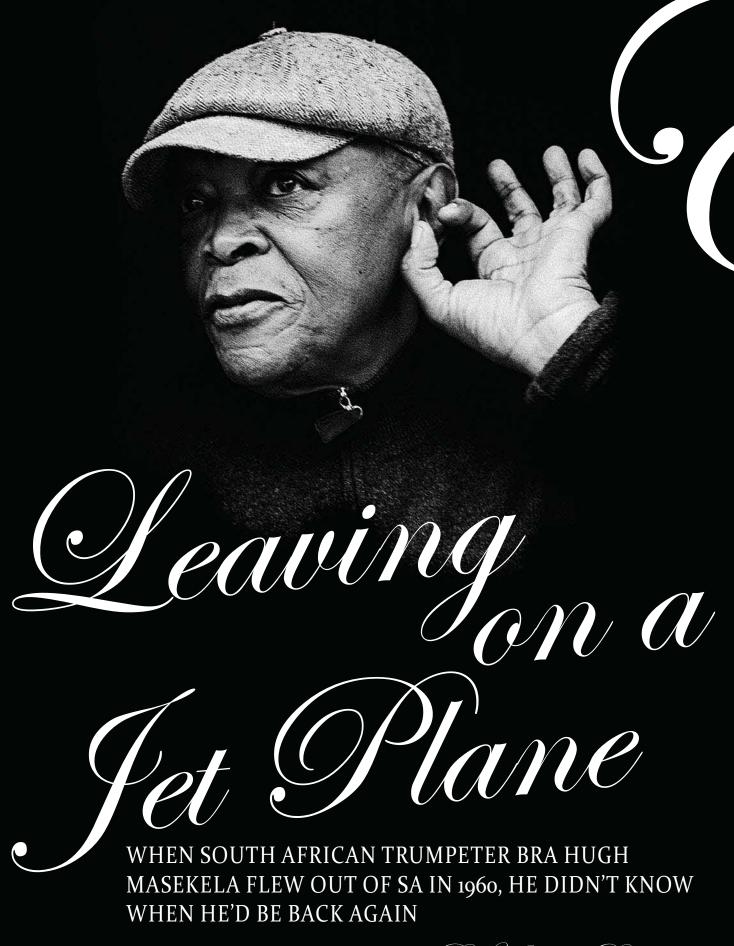












By Heather Dugmore

high fliers

very time jazz giant Hugh Ramopolo Masekela boards an aircraft, he's reminded of his flight to

freedom as a young man of 21.

"My heart was in my throat as they closed the door of the plane at Jan Smuts Airport, or what's now OR Tambo. I thought the cops would burst in at any minute and remove me. It was only when we were in the air and beyond SA's borders that I started to relax and enjoy my first-ever flight and the taste of freedom," recalls Masekela, who grew up in the townships of Johannesburg. He left SA a few months after the Sharpeville massacre, which took place on 21 March 1960. That day, 69 people were killed and many more injured when the police opened fire on 300 demonstrators who were protesting against the apartheid

pass laws in the township of Sharpeville, Gauteng. The pass laws entirely restricted the free movement of black people.

After the atrocity, the apartheid government imposed a state of emergency and set about furiously detaining activists. Masekela was on their list. "As a musician, you were automatically regarded as an activist or a communist, or as someone breaking the Immorality Act," he explains.

Thirty years would pass before he was finally able to return home in 1990, following the release of Nelson Mandela.

Home for him today is his apartment in Killarney, Johannesburg, but he's not often there. At the age of 76, he's continually on tour, with back-to-back performances all over the world. What makes all the difference is that he can return to his beloved country whenever he chooses, which wasn't the case when he left in a hurry 55 years ago.

TUTORED BY DIZZY GILLESPIE

To secure his passage out of the country, he applied for a passport on a music ticket to study abroad. Already a successful professional musician and a member of the Jazz Epistles (the first African jazz group to record an LP), he was admitted to London's Guildhall School of Music and was subsequently offered a scholarship at the Manhattan School of Music, where he'd be tutored by jazz virtuoso Dizzy Gillespie.

"It was very difficult for a black person to get a passport in the 1960s. You had to get all sorts of official letters of invitation from the relevant people overseas, which I managed to do with the help of our close family friend, Father Trevor Huddleston," recalls Masekela.

An Anglican priest, Huddleston was a legendary activist who was extremely well connected in political, moneyed, social and academic circles. He made a point of forming those connections, not for personal gain, but to help the dispossessed communities he served in SA and to assist bright, talented youngsters like Masekela to achieve the greatness for which they were destined.

A TRUMPET FROM SATCHMO...

Huddleston was a catalyst in Bra Hugh's career. He used his small savings to buy the 14-year-old musician his first trumpet and, a few years later, influenced Louis "Satchmo" Armstrong himself - whom he met at a gathering in the USA - to give the youngster one of his trumpets.

Masekela's parents, Paulina and Thomas-Selema Masekela, recognised that their restless son needed to follow his musical heart and supported him in this, alongside Huddleston.

"Father Huddleston once asked me what I wanted from life and I told him that if I could get a trumpet, I wouldn't trouble anyone anymore," says Masekela, who took to the instrument as effortlessly as he'd taken to the piano at the age of five.

"THE TOWNSHIPS WERE ALIVE WITH JAZZ"

"Performing was natural for me: my whole family sang and I couldn't get enough of music. Every weekend the townships were alive with local big bands, jazz and dances back then," he recalls.

THE NEW YORK JAZZ SCENE

"My one wish

before Fleave this planet is that as Africans,

we all start

dancing to our

own tune."

Arriving in New York "young, ambitious and cocky", he thrived in the

cosmopolitan jazz scene, alongside other great men and women of music, including Dizzy Gillespie, Satchmo, Miles Davis and South African singer Miriam Makeba, who was also a big love of his; they were married for a while.

During this time, Masekela honed his uniquely South African jazz sound, blending the blues first sung by African slaves in the USA with local South African genres, including mbaqanga (township jive).

orchestra for Todd Matshikiza's iconic jazz opera King Kong in 1958. From 1963, he recorded over 40 albums. His debut offering, released in 1963, was titled Trumpet Africaine, in honour of his homeland.

He soared to fame in the Sixties, playing alongside Janis Joplin, Jimi Hendrix, Ravi Shankar, The Who and Otis Redding. His instrumental single, Grazin' in the Grass, went to No 1 on the American pop charts in 1968 and proved a worldwide hit.

By this time he'd already played in the

"I AM NOT AFRAID"

Another album that fuelled Masekela's fame was I am Not Afraid (1974). It includes the soul-stirring track *Stimela*, about migrant labourers travelling on the steam train to Johannesburg to work on the gold mines.

Masekela's influence on world music has been phenomenal. His life is a triumph of his art and of self, with all the highs and lows of dealing with creativity, fame and addiction; coming through ever stronger and more ironic about his foibles.

"If you leave this world self-satisfied, I don't think you'll leave it with a smile," he says.

THREE HONORARY DOCTORATES

It isn't his way, but he has a lot to be self-satisfied about, including three honorary doctorates in the past five years: from the Vaal University of Technology (2011), the UK's York University (2014) and Rhodes University (2015). He's performed on the world's greatest jazz stages, including command performances for Queen Elizabeth.

At the Rhodes ceremony he voiced his concern that too many South Africans and Africans are neglecting our culture: "We increasingly imitate other cultures, yet there's no other group of people on earth who own a richer cultural diversity of music, dance, language and history than Africa. My one wish before I leave this planet is that as Africans, we all start dancing to our own tune."

WHAT'S HAPPENING AROUND THE WORLD



SOUTH AFRICAN EVENTS

THE WEDDING EXPO 1-2: MOSES MABHIDA STADIUM, DURBAN, KWAZULU-NATAL (KZN). 22-23: TICKETPRO DOME, NORTH RIDING, JOHANNESBURG, GAUTENG Described as Africa's biggest bridal event, this comprehensive and creative bridal exhibition showcases a variety of products, services, fashions and prizes. Find inspiration for your big day. www.wedding-expo.co.za

1-16 PETER SCHÜTZ: AN EYE ON THE WORLD, WITS ART MUSEUM, JOHANNESBURG This exhibion focuses on the late Schütz's prolific sculptural works. Made using his favoured medium of jelutong wood, they're exceptionally fine carvings exploring themes of

spirituality. 011 717 1446. info.wam@wits.ac.za

2 STANDARD BANK IRONMAN 70.3 DURBAN With 3 000 athletes participating, this gruelling inaugural triathlon consists of a 1,9km swim, a 90,1km bike ride and a 22,1km run. The routes will offer views of the city coastline, with the swimming leg starting at Snake Park Beach. The bike section leads along the M4 towards Zimbali and ends in front of Suncoast Casino

ironman.com/

durban70.3

violence, myth, religion and

& Entertainment World. www.

and Ligne Roset, as well as SA talents like Raw Studio, The Design Team and Willowlamp. The platform covers furniture, lighting, interiors, fabrics and product design in the residential, hospitality and office industries.

Tickets cost R100 for adults. www.100percentdesign.co.za

6-10 DESIGN SOUTH AFRICA,

A high-end, curated showcase

of some of the world's leading

Scandinavian Sofa Company

design brands, such as the

GALLAGHER CONVENTION CENTRE, JOHANNESBURG

7-8 FOLK 'N ACOUSTIC MUSIC FESTIVAL, BAXTER THEATRE, CAPE TOWN Enjoy acoustic music in an intimate setting with some of SA's

top artists, including David Kramer, Roger Lucy, Bill Knight and Rocking Horse. www.computicket.

> 7-9 OPPIKOPPI, NOTHAM, LIMPOPO **PROVINCE** One of SA's most popular music festivals, Oppikoppi features a range

of genres, from kwasa-kwasa to sakkie-sakkie, rock and pop. International artists include Livingston (England), Twin Atlantic (Scotland) and Gogol Bordello (USA). Local artists include the Black Cat Bones. Shortstraw, Sannie Fox, Johnny Clegg and Toya Delazy. www.oppikoppi.co.za

8-10 ROBERTSON SLOW FESTIVAL, WESTERN CAPE Sample hearty food, excellent wine and the charm of country life in the beautiful Robertson Wine Valley. You can interact with wine farmers and winemakers in an intimate setting and there are also cooking classes, horse-riding, boat cruises, walks and vineyard tours. www.robertsonslow.com



13 CAPE WINEMAKERS' **GUILD AUCTION: CAPE** TOWN INTERNATIONAL CONVENTION CENTRE. 26 THE ATRIUM, NEDBANK SANDTON, JOHANNESBURG (26 AUGUST) Taste exceptionally crafted wines at this auction and showcase. The wines are made in small volumes by the guild's members. Attendees can also engage with winemakers. www.capewinemakersquild. com or www.computicket.com

This public holiday commemorates the 1955 march of 20 000 women to the Union Buildings in Pretoria to protest against SA's dompas laws, which severely restricted black South Africans' freedom of movement. It also celebrates the role of women in all spheres of society.

DIVAS UNITE, CITY HALL, CAPE TOWN A charity concert which celebrates mothers, wives, sisters and daughters. The line-up includes Zolani Mahola, lead singer of Freshlyground and soprano Magdalene Minnaar, as well as many others. divas@opulentliving.co.za www.computicket.com

TOTALSPORT LADIES' RACE, ROOSEVELT HIGH SCHOOL, RANDBURG, JOHANNESBURG Run or walk the 5km or 10km races and help raise funds for the Pink Drive, a public benefit organisation which raises awareness of breast cancer. www.totalsportsevents.mobi

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14 SPEED MEET AFRICA HILTON HOTEL, SANDTON, **JOHANNESBURG & 21 AUGUST: ONE&ONLY, V&A** WATERFRONT, CAPE TOWN A series of unique events where African professionals (particularly returnee émigrés) can meet potential employers and relocation providers. www. homecomingrevolution.com/ speed-meets/speed-meet-info

14-16 LAND ROVER AFRICA CUP, INANDA POLO CLUB, **JOHANNESBURG**

A celebration of continental polo, this tournament features world-class players, including 10 teams from Africa. Limited public tickets are available for R200.

www.computicket.com

15 FIFTH ANNUAL SAVANNA COMIC'S CHOICE AWARDS, THE TEATRO, MONTECASINO, **JOHANNESBURG** The country's longest-running comedy awards are throwing a hilarious birthday bash. Come and join the fun! www.

comicschoice.com

DURBAN

FASHION FAIR

26-29 DURBAN FASHION FAIR, SUNCOAST CASINO & ENTERTAINMENT WORLD Presented by the eThekwini Municipality's Business Support, Tourism & Markets Unit, the event features 22 shows and over 30 top designers from KZN and the broader continent, including international label Jamal Taslaq Couture. www.durbanfashionfair.com

27-30 CAPE HOMEMAKERS' EXPO, CAPE TOWN INTERNATIONAL CONVENTION CENTRE

If you're looking at renovating your home and need inspiration, attend this home improvement and lifestyle expo. Tickets cost R70. www.homemakersonline. co.za/exhibitions/home

> 28-30 HOBBY-X, EXPO CENTRE, DURBAN For those who take their hobbies seriously, this is the place to get inspiration, techniques and supplies. Attend workshops, demo theatres and product launches, as well as checking out the latest equipment. www.hobby-x.co.za

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$\overline{\Delta}$

AFRICAN EVENTS



1 BEAUTY
NAIROBI, KENYA
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international trade exhibition,
which provides an opportunity
for manufacturers in the
cosmetics, chemicals, cleaning
products and cosmetology
sectors to explore the East
African market. It's also a
platform to meet suppliers
and potential clients.
www.beautynairobi.com

4-6 ABEM CONFERENCE ON INTERNATIONAL BUSINESS & EMERGING MARKETS, KALAHARI SANDS HOTEL, WINDHOEK, NAMIBIA
The aim of the conference is to provide a platform for the exchange of research and theories among academics, professionals and students on topics which include online education and human resources. www.abem.ca/conference

13-16 INTERNATIONAL FASHION FAIR, KENYATTA INTERNATIONAL CONFERENCE CENTRE, NAIROBI, KENYA An opportunity to find out about the latest trends in the fashion industry, promote your merchandise to East Africa and network with wholesalers and trade shop representatives.

www.thefashionist.net/kenya

17-19 UNITED NATIONS WORLD TOURISM **ORGANISATION CONFERENCE: ENHANCING BRAND** AFRICA - FOSTERING TOURISM DEVELOPMENT, LA PALM ROYAL BEACH HOTEL, ACCRA, GHANA This conference will analyse Brand Africa and explore both its impact on tourism in the region and the challenges it faces. Areas of discussion include positioning and branding, ecommunications, media relations and

crisis communications. www2. unwto.org/event/upcoming

26 SEEDSTARS WORLD, KIGALI, RWANDA Watch the 12 best start-ups battle for a chance to compete in Switzerland for a \$1,5 million investment. The event provides a platform for accelerators, co-working spaces and investors to interact. www. seedstarsworld.com/event/ seedstarskigali-2015

31-2 SEPTEMBER AFRICA-JAPAN BUSINESS INVESTMENT FORUM, SHERATON ADDIS, ADDIS ABABA, ETHIOPIA The forum is aimed at strengthening

SEEDSTARS WORLD

at strengthening
Japan and Africa's
business networks
and promoting
the sharing of
best practices
and opportunities
between them. www.
ic-events.net/africajapan





GLOBAL EVENTS

6 NIGHT MARKET, LANCASTER AVE, PHILADELPHIA, USA Philly's Night Market is a seasonal celebration of food and music which attracts thousands of visitors who want to experience offerings from food trucks and neighbourhood restaurants, as well as live entertainment. www.thefoodtrust. org/night-market

1-23 SHAKESPEARE IN THE PARK, CENTRAL PARK, **NEW YORK**

A series of free Shakespearean productions from the Public Theatre, with the occasional musical or non-Shakespearean work thrown in. Cymbeline will be performed during August. Past cast members include Meryl Streep, Kevin Kline, Al Pacino and Denzel Washington. www.shakespeareinthepark.org

11-16 WORLDSKILLS, ANHEMBI PARQUE, SÃO PAULO, BRAZIL This conference enables you to meet leaders from alobal industries and network with policy-makers to address current skills issues. It's also

an ideal platform for those in government, education, unions or associations. www. worldskillssaopaulo2015.com

18-29 FLARE PATH, DEVONSHIRE PARK THEATRE, EASTBOURNE, UK

An epic wartime romance by celebrated playwright Terence Rattigan, based on his own experiences as a tail gunner during World War II. Cast members include Philip

Franks, Olivia Hallinan, Leon Ockenden and Alastair Whatley. www.eastbournetheatres.co.uk

22-23 VATTENFALL WORLD TRIATHLON, STOCKHOLM, SWEDEN Test your endurance, speed and strength at this sporting event. There are several distances to choose from, including the Olympic option. This consists of 1 500m swimming, 40km cycling and 10km running. http://stockholm.triathlon.org/ en/start



1 AUGUST-31 OCTOBER

EXPO MILANO, ITALY A global showcase of technology that addresses health, safety and food issues while keeping the planet safe. Over 140 countries will be participating and 20 million visitors are expected to attend. It's a platform to exchange ideas, find solutions and promote innovation for a sustainable future. You can also taste fabulous cuisine from the exhibiting countries. www.expo2015.org/it



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HITTING THE HIGH TEAS

With the route between Johannesburg and the Middle East open for business thanks to SAA's strategic partnership with Etihad Airways, there's even more reason to enjoy a high tea in Jozi or Abu Dhabi. By Naqiyah Mayat

The British tradition of high tea began as an afternoon meal for the working man and was usually served between 3-4pm, taken standing up or sitting on tall stools, thus "high". Gradually, this meal became an important, far more elegant event on the social calendars of ladies and gentlemen of high standing.

For graciousness and elegance: Morrells Boutique Estate

"The Manor House epitomises the essence that makes Cape Dutch architecture so charming."

I look up from rubbing my hands in front of the crackling fire. The French music playing in the background evokes a vision of lovers kissing in the rain under the Eiffel Tower. As Honoré de Balzac wrote: "L'amour est la poésie des sens..." ("Love is the poetry of the senses"). I smell the history between the books on the shelves, creased with age and

emotionally probing. It takes some time to realise that I'm not on the Bateaux-Mouches. I'm seated at a table, bedecked with delicate lace against crisp linen, in Johannesburg.

Morrells is a French-inspired venue with nuances of Cape Dutch design. If you're looking for a personal, romantic experience that will transport you out of the city, with a quaint selection of small pastries and carefully curated savouries, Morrells is the ideal choice. It caters for couples, parties or anyone with a penchant for all things pretty. Only one word for it: *l'amour!*

• Weltevreden Rd & Scott St, Northcliff, Johannesburg. Bookings: 011 476 9495. www.morrells.co.za



For a homely high tea: The Tea Room, Crabtree & Evelyn

"The lure of the English countryside sometimes proves simply too great. And when the need arises, one must lift one's pinkie, put on a frock and head out to the most English teahouse we know – The Tea Room at Crabtree & Evelyn."

The Tea Room is one of the best picks for a "homely" high tea: absolutely traditional, but without the stuffy atmosphere that can sometimes blight a top tea experience.

There's something so charming about it that I can't help wanting to return time and again. The nicest part is that the place itself is rather unassuming. The setting is traditional-meetsmodern. Old-fashioned furniture is updated with bright colours and bold prints, while

a large chalkboard with daily specials covers the wall. There's a nicely curated tea selection ranging from black blends to herbal infusions of the in-house brew, which can be purchased afterwards. The scones (generous in size) have a great texture that isn't too cloying. Keep an eye out for the seasonal high teas on occasions like Mother's Day, Easter and Christmas.

 Shop 147, Design Quarter, cnr Leslie Rd & William Nicol Drive, Fourways, Johannesburg. Bookings: 011 465 8276. www.crabtree-evelyn.co.za/the-tea-room





For a destination high tea: The Observation Deck at 300, Jumeirah Etihad Towers, Abu Dhabi

"Located on Level 74, the Observation Deck at 300 is the highest vantage point in Abu Dhabi and offers simply stunning views across the city and the Arabian Gulf." Huge windows line the walls, allowing sunlight to stream in and offering a view of the gardens of the Emirates Palace and other notable landmarks in the city. The extensive menu is curated by Singapore-based TWG Tea, which is deemed to be the finest luxury tea brand in the world. The beverage is accompanied by a varied selection of perfectly presented, delicate sandwiches and mini-pastries, with the small cakes

the best bits of the experience. The cherry roulade, the Linzertorte and my favourite, the toffee banana cheesecake, were nicely proportioned and just enough to prevent one feeling completely sugared-out. The scones, rustic and crumbling in texture, were served warm and inviting. This establishment is modern and hip and high tea here is definitely something to add to your itinerary in the UAE.

• Tower 2, Cornice St, opposite Emirates Palace, Ras Al Akhdar, Abu Dhabi. www.etihadtowers.ae Bookings: JADrestaurants@jumeirah.com

For an afternoon of indulgence: The Saxon Hotel, Villas & Spa

"High tea is an elegant ritual steeped in tradition."

Whether you prefer sweet or savoury bites, the pastry team's tempting menu of handcrafted, decadent delights are irresistible. Every delicate, bite-sized treat maintains their exceptional standards, using only the finest ingredients. The assortment of pastries, cakes and treats varies from day to day, but among the timeless favourites are the scones. There's attention to detail in everything the Saxon does, reflecting its principle that "a little of what you love is good for you". If it's a ceremonious high tea you're after, Yswara tea is the perfect accompaniment to the Saxon's elaborate menu, with the ritual involved in creating the perfect cuppa top of the agenda. Added to this is the exceptional service



you're assured of at an establishment so steeped in character.

• 36 Saxon Rd, Sandhurst, Johannesburg. Bookings: 011 292 6000. www.saxon.co.za

For the traveller: The InterContinental Johannesburg

"Instead of passing time in an impersonal airport lounge, travellers can pop across from the airport building to the hotel while waiting for their flights and enjoy the Quills Afternoon Tea in a warm, welcoming and relaxing environment."



Largely frequented by local and international travellers, the luxury InterContinental Johannesburg at OR Tambo Airport now offers quests a relaxing space filled with sweet or savoury delights and a selection of finely brewed teas from popular tea house Dilmah as part of its high tea offering. The electronic

flight information screen in the hotel provides easy access to schedule updates while guests enjoy an extraordinary array of treats, including delicious sandwiches, warm tartlets, fruit kebabs and a variety

of bite-sized chocolate snacks. This cosmopolitan-styled tea is an appropriate indulgence for weekday travelling into, out of or around the country for business meetings. I especially appreciated the fact that children are welcomed with specially designed tiered stands.

- Jones Rd, Johannesburg. Bookings: 011 961 5400. www.tsogosunhotels. com/intercontinental/johannesburg-ortambo-airport 🗞
- Nagiyah Mayat is a South African-based luxury and travel writer and the stylist for lifestyle website www.nigi.co.za

DINING OUT... in Cape Town

BETWEEN REVAMPS, CELEBRATED CHEFS AND NEW OPENINGS, THE DINING OUT SCENE IN THE MOTHER CITY IS BUZZING



OH, SO CHIC

Put a renowned chef in a charming urban space and you have a recipe for an enticing food destination

Café Chic serves upmarket cuisine with old-school influences, explains chef Conrad Gallagher. Housed in a 1904 private building, the restaurant has traditional charm, but a contemporary interior. While the all-white eating space is calming and sophisticated, Gallagher ensures that it's fuss-free and unpretentious.

Start with a drink in the bar-lounge-cigar room - we each sipped a buttercup-yellow Clementina cocktail. A mixture of Absolut Orange, crushed cucumber, basil, Serrano chilli, orange juice and fresh lemon, this inventive drink is a refreshing start to a flavourful meal. The dark, moody interior features low lights, black velvet armchairs and

elegant, pressed ceilings. Move through to the modern dining room and the feel changes, providing a clean backdrop for the delicious, yet simple food. Real flavours

come through in dishes like the Caesar salad starter (served with cornbread, a soft, deep-fried egg and Parmesan cheese). Follow this with a robust main course like cassoulet of white beans, prawns, calamari, clams, salmon, oysters, roasted peppers and parsley. It sounds complicated, but it's a surprisingly easy-to-eat medley.

No meal is complete without dessert (at least, we don't think it is), so tuck into warm chocolate cake or chocolate sorbet with a buttermilk and chocolate brownie.

> And lest we forget, the bread is a meal in itself: Café Chic isn't the place to come with a carb-free agenda. Still hot from the oven, bread is Gallagher's favourite childhood staple. His Guinness loaf, served with your meal, is too delicious not to reach for.

Other reasons to go: there's a late-night DJ and dancing is encouraged; a plates menu means you can nibble on smaller dishes; you can order wine by the glass (90ml volumes are available); and you store your favourite scotch safely in the rather suave-looking whisky keep for your next visit. 7 Breda St., Gardens. Tel: 021 465 7218. Visit: www.cafechicsa.com

FINE FOOD WITH A FINE VIEW

You'd be forgiven for letting the panoramic views distract you from your dinner at ON19, the revamped 19th-floor restaurant atop the Westin Cape Town in the city's bustling Foreshore district.

Happily, the food's just as impressive, with chef Chris Maré's new, adventurous winter menu combining international cuisine with local flavours. A duo of ramen noodle dishes and a selection of gourmet salads offer lighter lunchtime options, while the "small plates" are ideal for sharing. The duck liver parfaît with crisp

apple salad and tart pickled onion is a particularly scrumptious option.

Heartier mains run to a selection of grills, pastas and curries. The farmed kabeljou with butternut gremolata is a delicious (and sustainable) choice. There's an excellent wine list as well, all available by the glass, but prices are best suited to expense accounts. Convention Square, Lower Long St. Tel: 021 412 8082 or 012 412 9999. - Richard Holmes



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ALL ABOUT THE BACON...

Billed as Cape Town's first "baconporium", Bacon on Bree is the latest foodie feather in trendy Bree St's cap. The brainchild of acclaimed charcutier Richard Bosman, this place of porky worship offers the complete range of Bosman's delicious cured meats, alongside a menu of light, bacon-packed meals.

On the small menu of sandwiches, you can't go wrong with a classic bacon butty, but also try the towering "Smokey Joe" of bacon, melted cheddar and a dusting of smoked paprika, served on slices of homemade sourdough. Chicken wings, a bacon-filled salad and low-carb options are also offered, with plans for a selection of daily specials. Don't leave without buying a pack of bacon or prosciutto to take home. 217 Bree St, City Centre. Tel: 021 422 2798. Visit: www.bacononbree.com – Richard Holmes

A BITE OF THE BIG APPLE



Can't quite see yourself flitting off to Manhattan this year? Tucked away in Sea Point's Regent Rd (10 minutes from Cape Town's CBD) is a small, New York-style deli serving big food. Think tasty sandwiches, bagels and traditional Jewish favourites like blintzes, chicken soup with matzo balls and potato latkes. While not kosher, the deli does serve a selection of vegetarian options like

bagels with shmears (cream cheese blended with spring onions and chives or roasted garlic and herbs). Whether you're popping in for breakfast or lunch, we can't recommend "The Reuben" highly enough. It's a pastrami sandwich on toasted rye with Swiss cheese, sauerkraut, Russian dressing and pickles on the side. Delish! Tel: 021 433 2871. Visit: www.kleinskys.co.za – Helen Clemson

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JOZI HOTSPOT



The Maslow's Lacuna Bistro has appointed Executive Chef Jason Millar, who's added dimension and explosive flavours to the food.

The dishes reflect his passion for seasonality and freshness with a global touch, so expect your palate to travel all over the world. The menu changes seasonally. "A menu is a process of evolution. There are some favourites that will remain on it, but we want to showcase the best SA has to offer," says Millar. Rivonia Rd, Sandton. Tel: 010 226 4600. Email: lacuna. bistro@suninternational.com

MHLANGA HOTSPOT



As ardent fans of Renzo Scribante's Remos Fratelli (in Durban and Johannesburg), we're very excited about Old Town Italy, which has now opened in KwaZulu-Natal's Umhlanga, just outside Durban. The 600m² space includes market-style stalls, food counters and a full restaurant – all focused on authentic Italian food and culture. Think a fromagerie, a charcuterie, a patisserie and a ristorante offering freshly baked artisanal breads and pastries, prosciutto and Parma ham, Dolce Vita coffee, pastas, speciality cheeses, wine and craft beer. www.oldtown.co.za

3

SHIRAZES TO BUY NOW



Grande
Provençe
Shiraz 2010
(R140). Ripe
blackberries
and plum
give this fullbodied red a
beautiful nose.

also age well.
Kloovenburg
Shiraz 2013
(R130).
Mediumbodied with
a good finish.
The Swartland
terroir definitely

It's great now, but will

enhances it. First Sighting Shiraz 2012



(R78). A subtly styled Shiraz for everyday drinking, it recently secured a spot in the Top 12 at the Shiraz SA Challenge.

And now for something completely different...

Johannesburg caterer Vicky Crease has given traditional Italian tiramisu a local spin. Her "beeramisu" is made with Castle Milk Stout!

Makes 5-6 glasses, ramekins or snifters

INGREDIENTS:

- 1 egg yolk
- 15ml (1T) caster sugar
- 1 x 250g tub mascarpone cheese
 - 150ml cream
- 140ml strong coffee, slightly cooled
- 10ml Castle Milk Stout
- 16-20 Boudoir biscuits, each broken into 2 pieces
- 15ml (1T) cocoa powder

METHOD

- 1. Whisk the egg yolk and caster sugar to a creamy consistency.
- Add the mascarpone and cream and continue whisking into a smooth texture.
- Mix together the Castle Milk Stout and coffee in a separate bowl.
 Dip the broken biscuit pieces into the mixture for a few seconds until softened and place 2 pieces at the bottom of each serving glass.
- 4. Repeat the above step until all the glasses are ready.
- Add a large tablespoon of the egg and sugar mixture to each serving glass on top of the soaked biscuits.
- 6. Leave to chill for 1-2 hours and dust with cocoa powder.

GREAT REDS FOR UNDER R250



Shannon Vineyards Rockview Ridge Pinot
Noir 2013 (R250). This will do well with more
years on the rack. Buy now and store it.
Strandveld Vineyards Syrah 2011 (R156).
This Rhône-style Syrah from Africa's southernmost
winery in the Agulhas district is a great option.





The 1% dash of Viognier adds lovely spiciness.

Plaisir de Merle Cabernet Sauvignon 2011

(R175). A classic Cab, beautifully smooth and with great ageing potential.

Bosman Pinotage 2013 (R200). Pair it with hearty stews, lamb shank and grilled meats.





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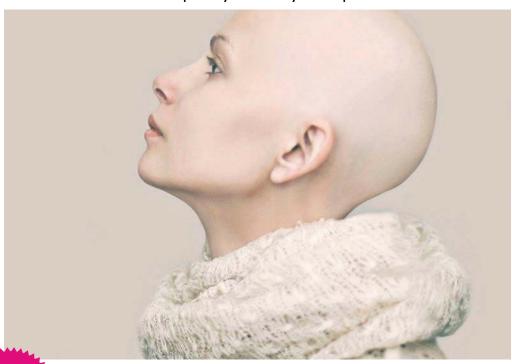


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THE JOURNEY TO CATRIONA ROSS SAVE A LIFE

A plane trip is a vital link in the collection of urgently needed bone marrow and its speedy delivery to a patient's bedside



ithout realising
it, you may have
flown alongside
someone on a
highly important
errand. Approximately
30 times a year, couriers travel
the globe to fetch stem cells
from anonymous overseas
donors, bringing them to South
Africans awaiting bone marrow
transplants. The precious bag
of fluid, human tissue, must be
transported by personal courier.

For anyone battling blood cancer, a bone marrow transplant may offer a cure – but the success of the procedure depends on

finding an identically matched donor. "The chance of finding a match is one in 100 000," explains Prof Ernette du Toit, founder and Medical Director of the South African Bone Marrow Registry (SABMR). Family members, especially siblings, are generally most suitable, but because today's average family is small, only 30% of patients will find a compatible brother or sister. For the other 70%, their only hope is to find a match via registries such as the SABMR. Founded in 1991, it partners with 74 international registries, which collectively have over 26 million registered donors. Once extracted from the donor, stem cells must be infused into the recipient within 72 hours. "We aim to deliver within 24-36 hours to be on the safe side," explains Terry Schlaphoff, Deputy Director of the SABMR. Her team plans each trip like a military operation, with support staff on call and back-up flights booked. "Working with the authorities can be a challenge," she says, "so a courier must deal with unexpected situations calmly."

Weather and natural disasters can necessitate a change of plan. Schlaphoff collected stem cells from Hualien, Taiwan, during a typhoon in 2008. Alternate flights were on standby to ensure she left Taiwan in time to catch her connecting flight to SA via Hong Kong. She recalls that the donor's procedure took place in a virtually deserted hospital, while outside winds raged at over 200km/h. "All credit to the donor," she says. "There has to be commitment because the stem cell collection must take place."

Shireen Maart, a Cape Town medical technologist and mother of two, has taken more than 15 trips for the SABMR since 2003 - to Australia, Europe and the USA - with only one troublesome journey. She travelled to Florida to collect stem cells in 2009, but remnants of Hurricane Ida meant all flights out of the state were cancelled. With help from the SABMR's travel agent, she travelled from Florida to Atlanta and, despite the chaos, found a flight to Paris. "I was the last one onto the plane. I was running; the doors were almost closing," she recalls.

She spent 12 hours at the airport, trying not to fall asleep and jeopardise the security of the hamper containing the stem cells, then flew to Johannesburg, delivered the stem cells to a Pretoria hospital within the window period and returned to Cape Town. "You're sweaty and dirty and in the same clothes," she laughs. "But once you hand over the stem cells, the whole pressure's off you."

Begum Pillay, a Cape Town medical technologist, has made numerous trips to South America, the USA and Germany for the SABMR since 2001. She travelled between SA and Brazil on SAA to collect stem cells in Rio de Janeiro and although she was grateful for the hassle-

TIMELINE FOR A BONE-MARROW TRANSPLANT

The SABMR has found a match!

THE RECIPIENT ■ Seven to 10 days before transplant:

The recipient is admitted to hospital for chemotherapy to prepare for the transplant.

THE DONOR

➤ For five days before donation: The donor receives daily injections of Neupogen, a growth hormone that stimulates the bone marrow to

produce extra stem cells.

One day before
donation: The donor is
transported to hospital
and a SABMR staff
member accompanies
him or her throughout the

stem cell collection, which takes approximately six hours. During this process, the donor is linked to a machine with an intravenous line and the stem cells are filtered out of his or her blood. **THE TRANSPLANT**

■ The transplant (a transfusion, in which the stem cells are trickled into an intravenous line) is performed.

For 70% of patients, their only hope of FINDING A SUITABLE STEM **CELL DONOR** match is via registries such as the SABMR.

Jane Ward

preparing

cells for a patient.

free flights without long transit periods - a factor often experienced by couriers - she had to keep her cool while going through São Paolo airport. The Portuguese-speaking **BELOW:** SABMR security staff, on staff member high alert for drug mules, were intent on x-raying the stem to travel to the cells and called the USA to collect matching stem federal police when

she demurred.

"That was my most awkward moment, because you feel like a criminal, surrounded by all these policemen," she says. Fortunately, a Brazilian passenger behind her at Passport Control spoke English and offered to translate. Security staff eventually only x-rayed the box, which they





swabbed inside and out. "The one fear you have is that the hamper will go through the x-ray machine, the cells will be killed and the patient will

> die," says Pillay. "It's very stressful, but when you're back and everything's gone smoothly, there's a sense of satisfaction that you've done something [worthwhile]."

Airlines help make these journeys a success, with SAA carrying couriers on local deliveries between our major cities, as well as on international missions, depending on flight availability for the required dates and times.

Many lives have been saved, thanks to the confluence of medicine, air travel and the will of a global village to help someone, somewhere, in need. 🔈

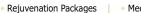
HOW YOU CAN HELP

Each year, hundreds of South Africans with blood diseases such as leukaemia reach the point where their only chance of survival is a bone marrow transplant.

Register as a bone marrow donor. Any healthy person aged 18-45 can register. Contact the Sunflower Fund, which recruits SABMR donors on tel: 0800 121 082. More black donors are urgently needed, as a match is usually found within the same population group.

■ Donate money to the SABMR. This non-profit organisation with high overheads receives no government support and relies solely on donations. Tel: 021 447 8638, email: admin@sabmr.co.za or visit: www.sabmr.co.za





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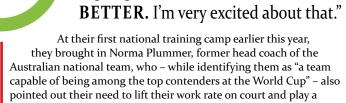
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NET PROFITS AND MAJOR MOVES

August is a time for South African golf to make more history at the Majors and for the Spar Proteas team to notch up a victory at the Netball World Cup in Australia





POTENTIAL in this country and going forward, IT CAN ONLY GET

They've also employed the services of celebrated vision specialist Sherylle Calder as part of an overall strategy by Netball SA to take the team to the next level of international competition.

All of which leaves new coach Plummer upbeat about the potential of her team at this World Cup.

"There's a great deal of netball potential in this country and going forward, it can only get better. I'm very excited about that," she says.

""I'm here to make SA a better team tactically and technically, but it's all about the opportunities. Australia and New Zealand are at each other every week. If Africa had a competition like the ANZ Championship, I can tell you now, the top teams in the world might not even touch the ball because the talent here is so good.

"You have the athletes, but you need to have options. The top teams will work out your main play in two minutes and if you don't have options you'll struggle. You also need courage and character. Your opponent will quickly recognise whether you've got that. You have to look them in the eye and stand up to anything they do."

PROTEAS READY TO BLOOM AT WORLD CUP

▼ he Spar Proteas netball team heads to Sydney, Australia, for this month's Netball World Cup determined to be recognised as serious contenders for the title.

Currently ranked sixth in the world, the South Africans are grouped in Pool C alongside Malawi, Singapore and Sri Lanka.

The Proteas will open their campaign with their first match against Malawi - a bit of a bogey team for them over the years on Friday, 7 August.

But the team heads to the World Cup in a confident mood, following their second place in the recent European Netball Championships in Ireland, where they lost only to England while beating Scotland, Northern Ireland, Wales and Trinidad and Tobago.



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MANYAMA'S MAJOR MOMENT

n the days of apartheid, when Theo Manyama and his fellow black professionals could look forward to only one day in the year – 25 December – on which to play a proper golf course, he'd tell his wife: "One day I'll stand on the first tee in America and they'll announce: 'On the tee, Theo Manyama from South Africa."

That day has since come several times over – but not, as he dreamed, with him as a professional golfer. Rather, it's been in his

role as one of the world's leading rules officials.

Manyama (72), a son of the dusty streets of Soweto, has officiated at some of the biggest tournaments in the game, including a record at the Majors that includes 16 Masters, nine US Opens and 19 Open Championships.

Up until now, the only Major lacking on his impressive CV was the PGA Championship. "They've invited me to officiate there before, but for various reasons, I've been unable to go," he says.

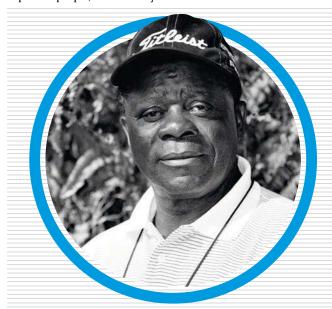
GOLF

This year, however, the PGA of SA has decided to sponsor Manyama's flights and the PGA of the USA will cover all his other costs so that he can attend the one Major needed to complete his own "Grand Slam" of having officiated at all four of golf's Majors.

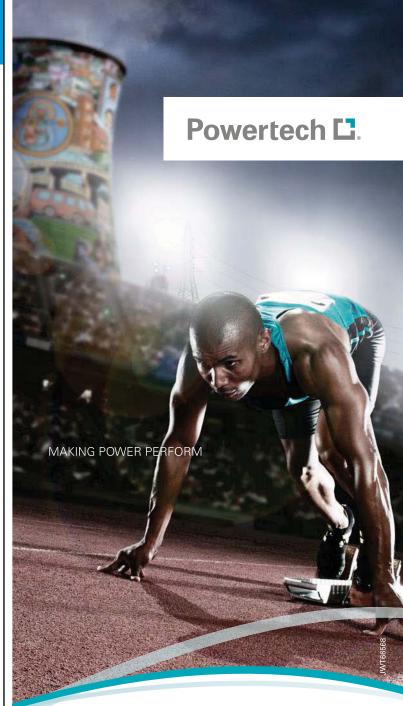
"I'm very grateful. I always had the concern that when I tell people what I've achieved, I'll be missing the PGA Championship from my list. But now, being able to complete my Grand Slam, I feel on top of the world," he says.

Manyama will be a familiar face among the world's leading professionals when they tee it up at Whistling Straits this August. He's known by all, from Ernie Els to Phil Mickelson and Tiger Woods.

"At one of the first Presidents Cups at which I officiated, when Tiger Woods was still new in the game, I remember going to the black-tie dinner with my wife. I had a new camera and I wanted a photo of us with Tiger. But I didn't want to bother him. So I told my wife to stand close to me, then I had Tiger in the background and I lined the two of them up to take the photo. He saw this, came over to me and asked: "Theo, would you like a photo?" So we took a picture of the three of us together. It was great that he recognised me in a roomful of very important people." recalls Manyama.



Theo Manyama will complete his "Grand Slam" of officiating at all four Majors at this month's PGA Championship.



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ow a vehicle makes you look is a personal perception, but the emotion it evokes in you is much more real: when a car makes you feel good, you can't be accused of being a poseur.

The Renault Duster Dynamique 1,5 dCi 4x4 – one of the finalists in the SA Guild of Motoring Journalists' 2015 Car of the Year - certainly isn't a pretentious vehicle, but you'll have lots of fun driving it.

That's not to say the Duster is a no-frills, diesel-powered, off-road wannabe: the interior's plush, there are plenty of gadgets to make life more pleasant and a choice of driving modes means you can select a performance package for just about any situation. On the open road, the Duster swallows kilometres surprisingly quickly and economically, leaving other highwayusers... well... in its dust.



KICKING UP DUST

There are essentially two reasons why a person owns a specific brand and model of car, and they have very little to do with getting from points A to B efficiently. Rather, they're about how the vehicle makes you look - and feel





I took the little Renault about 470km up the Garden Route from Cape Town to Sedgefield's delightful Lake Pleasant Living hotel, which I used as an accommodation base while exploring the mountain passes of the region, especially the famed Seven Passes road. This is a 75km route that stretches from George to Knysna and can be driven either in its entirety or in sections. It was designed and built by Thomas Bain in the early 1880s and crosses seven river gorges: the Swart, the Hoogekraal, the Homtini, the Karatara, the Silver, the Kaaimans and the Touw.

The steel-girdered, single-lane bridges over these rivers are the same ones built by Bain and his convict labourers, who (unusually, for the time) were paid a salary for their efforts.

The road – some stretches dirt, others asphalt - is great to drive in all weather conditions and the extraordinary scenery ranges from deep forest to farmland until reaching



Clockwise, from top: Splish-splash heading from George to Wilderness. The GPS works even in the depths of the Knysna forest. The legendary Angie's G-Spot. Taking a breather from the drizzle above Hoogekraal. Done and duste(re)d.

Milkwood, a 19th-century gold-rush village. I stopped for the sumptuous buffet lunch at Tottie's Farm Kitchen in Rheenendal before returning to my base.

Lake Pleasant Living (www. lakepleasantliving.com), built on the banks of the Groenvlei freshwater lake, is the *grande dame* of hotels on the Garden Route. The five-star facility is part of the Mantis Collection of hotels, eco-escapes and lifestyle resorts, and comprises a blend of 20 suites and six detached duplex villas that overlook the lake and gardens.

On the second morning I took the Duster to the edge of nearby Knysna, where I pulled off the N2 and onto the dirt road leading up the Phantom Pass. This road, a favourite of motor marques when they launch new models to the media, is named after a moth, rather than a local ghost.

It's a lovely story which shows

that, pretty or not, the forest can be a deadly place.

In 1881, a group of Italian silk farmers established the forest settlement of Gouna after the British government of the Cape decided that the plethora of wild mulberry trees in the area would be ideal for raising silkworms. In fact, they weren't mulberry trees at all and their leaves proved deadly to the worms. As a result, the group found itself destitute.

A young woman called Victoria Esposito pinched a horse from the British farmer who'd misidentified the tree and dashed off to Knysna during a storm to arrange a passage home for her countrymen. She (and the horse) were struck by lightning at the top of the pass and, according to legend, they were both transformed into delicate grey and brown moths, which look as if her eyes are painted on their wings. Every spring, these little creatures come out to commemorate her fruitless bravery.

A fair amount of rain had fallen



overnight and the point at which the road turns into the Knysna Forest proper was muddy and greasy. The little copper-coloured Duster's exterior became grubbier by the minute – especially when it got stuck behind a heavily laden logging truck for about 15 minutes.

However, the vehicle handled the puddles and gooey corrugations like a champion, even though I never took it out of "auto" driving mode.

There was time to stop and haul out my thermos under an old yellowwood tree that was liberally draped with "old man's beard" before heading off past the Diepwalle forestry station and tented camp (which falls under the SA National Parks Board) for the trickiest part of the day's driving.

The Prince Alfred Pass is challenging at the best of times, but when the first part is slippery and shrouded in mist, it's positively daunting.

Thankfully, the rain stopped. The sun came out and the mist lifted, revealing the Outeniqua countryside with crystal clarity. I could see all the way down into the bottom of the valley.

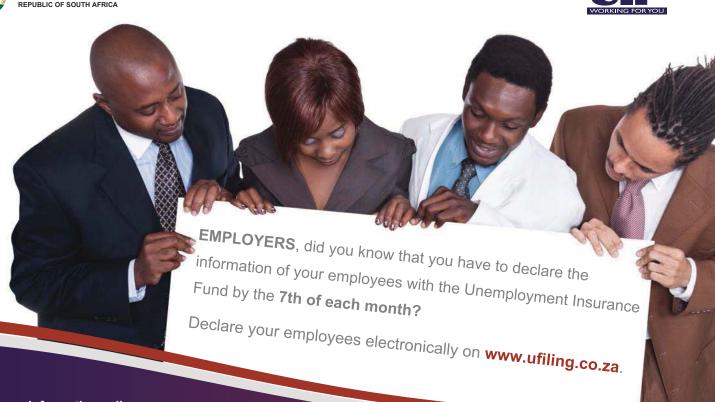
There are some really good spots here to stop and take in the view. Alternatively, you can wait until you're almost at the end of the long, twisted road and have a cold one at the legendary Angie's G-Spot near Avontuur.

Don't ask. It's a long story...

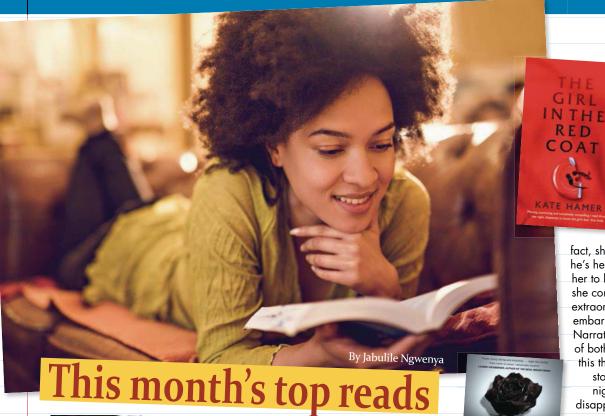
THE DUSTER handled the puddles and gooey corrugations like **A CHAMPION**, even though I never took it out of "auto" driving mode.











THE **GIRL WHO** WASN'T THERE SCHIRACH

The Girl Who Wasn't There by Ferdinand von Schirach (Little, Brown)

Sebastian von Eschburg's lineage is strong, proud and wealthy. He grows up in a home with emotionally distant parents, but he has an incredible gift for the arts. As an adult he becomes a successful, controversial artist - until the police get a call from a distressed young woman, linking him to a murder. The prominent

lawyer who defends Sebastian is unsure of what to make of this artist, who answers in riddles, remains calm under pressure - and won't deny he killed the woman. An exciting read.

The Little Paris Bookshop by Nina George (Abacus)

Jean Perdu has lived in limbo since the love of his life left him 21 years ago. Operating on a barge in Paris, he sells books to heal those who've had a rough deal from life. Then a new tenant in his building brings up emotions he thought he'd left behind. As a result, he leaves the city in search of his lost love and a way to reclaim happiness. The

novel's been a best-seller, thanks to George's skill at combining passion, travel and poignancy.

Luckiest Girl Alive by Jessica Knoll (Pan Macmillan) Ani FaNelli

seems to

have it all: a high-powered job as a magazine editor and a wealthy fiancé. However, her teenage years were riddled with secrets so when a film company offers to do a documentary about a scandal she was involved in at her former high school, she accepts, hoping it will exonerate her. The documentary opens old wounds, but helps restore her perspective of life. Suddenly, the prospect of her marriage seems dull, compared with what she could do and become. It takes time to engage with this novel, but it's worth persevering.

The Girl in the Red Coat by Kate Hamer

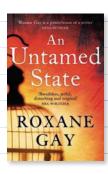
(Faber & Faber) When Beth Wakeford's nineyear-old daughter Carmel gets lost at a local festival, her frantic parents call the police in to trace her. In

fact, she's met a man who says he's her grandfather and taken her to live in his home. There she comes to believe she has extraordinary powers and must embark on a special quest. Narrated from the perspectives of both mother and daughter, this thriller is also a dramatic story about a parent's worst nightmare. I was a tad disappointed by the ending.

An Untamed State by Roxane Gay (Cosair)

One afternoon Haitian Mireille Durvalle Jameson plans to go to the beach with her Americanborn husband and son - but as

soon as they exit the gates of her tycoon father's palatial home, they're ambushed and Mireille is kidnapped. Her husband doesn't really understand the nuances of rich and poor in



her home country, while her father refuses to accede to the ransom demanded by her abductors. For 13 days she's at their mercy, while her father urges her to stay strong. A disturbing, but beautifully written novel.



Rachel Weeping by Brett Michael Innes (Tracey McDonald)

Many people come to SA seeking a better chance at life – and Rachel Nyaga is one of them. Leaving the island of Inhassoro in Mozambique was no easy decision for the young woman, but she needs to create a better future for the child she's carrying and the parents she's leaving behind. Although she's a qualified as a nurse, she finds a job as a domestic worker for Chris and Michelle Jordaan. For a while, life is good – but then her daughter, Maia, dies tragically while in the care of the Jordaans. They'd prefer Rachel to resign, but she's forced to stay on, as she needs the money. Anger, bitterness, shame and guilt now surround them as the three live together. A gripping read that touches on all that's relevant to our society at present.



Traveller's tales

Kate Turkington is one of SA's best-known broadcasters and travel writers. She's constantly on the move and, like Shakespeare's Puck, has girdled the globe many times. She tells us about her favourite travel books

THE WIND IN THE WILLOWS

by Kenneth Grahame (Methuen)
I know this is primarily a children's
book that's never lost its universal
appeal since it was first published in
1908, but it's also a story of adventure,
following unknown paths, going to
unknown destinations, making new
friends and having new experiences.
Isn't that what travel's all about? And,
just like me, Mole discovers that his
favourite place is home.

THE SONGLINES by Bruce Chatwin (Franklin Press)

When this dazzlingly original book was published in 1988, it transformed the face of travel writing. Chatwin went deep into the Australian outback to

follow the lives and philosophy of one of the world's oldest peoples - the Aborigines - whose values were starkly different from presentday cultures, with their obsession for material things and status.

THE NORSE MYTHS by several Icelandic sailors and adventurers

These read as vividly today as when they were first written in the ninth and 10th centuries. They're the personal accounts of the Vikings, those genuinely tough men who crossed the Atlantic in their long wooden boats and discovered America.

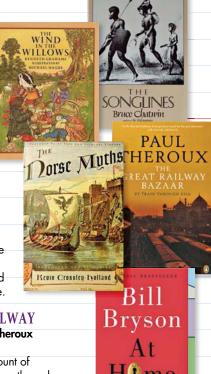
ANY OF BILL BRYSON'S BOOKS

Whether it's *Notes From a Small Island* (HarperCollins) – his hilarious account

of his time
in the UK –
or A Walk
in the Woods
(HarperCollins),
about America's
Appalachian Trail,
Bryson never fails to
make me laugh as he
opens readers' eyes
to strange places and
even stranger people.

THE GREAT RAILWAY BAZAAR by Paul Theroux (Houghton Mifflin)

This astonishing account of Theroux's train journeys through India motivated me to visit the country. It's now one of my favourite destinations.





The Measure of Success

Fluxmans' success is about relationships, how we build them and how we make them last. Every client is a relationship built on trust, understanding and personal attention to their needs.

Although Fluxmans has grown to be a leading law firm in South Africa with a reputation for professionalism and expertise, the one thing that will never change is how we do business with our clients.

Because that's how we measure our success.



ATTORNEYS

ALWAYS AT YOUR SERVICE

Games for a quick flight

Anagram crossword

Re-arrange the letters in the clues to make new words that will fit into the grid to complete this crossword.

23. Skidpan

24. So sad

25. Errands

ACROSS

- 1. Accuser
- 5. Saves
- 8.
- Nesters
- Lamer
- 10. Earls
- 11. Meatier
- 12. Sunder
- 14. Sweats
- 17. Bearcat
- 22. Beaus
- 19. Unbar
- **DOWN**
 - Laura
 - Sacks

 - Run even
 - Resist

 - 5. Drive
 - **Atlases Impress**
- 16. Tasked 18. Share

12. Canters 13. Bounder

15. Danseur

20. Zebra 21. Stens

_							
1	2	3	4		5	6	7
8					9		
10			11				
12	13			14	15		
			16				
17		18			19	20	21
22			23				
24			25				

Path finder

Beginning at the first letter on the grid, follow a continuous path to find all the listed words. The trail passes through every letter once and may twist up, down or sideways, but never diagonally. The first letter of each word will be the last letter of the previous word.

D	0	W	N	11	Е	Α	R	Т	E	D	С	11	1	G	11	L	Α	N	X	T	R	0
E	D	L	A	R	Ε	М	Ε	L	K	I	Т	Ι	L	Α	R	U	Μ	D	Е	Ε	Т	V
F	N	G	R	Е	Е	N	Н	0	С	S	0	V	М	Y	S	T	Λ	S	С	R	Н	Е
Е	1	S	1	D	R.	Λ	W	U	Λ	Α	N	Е	О	U	0	Е	R	W	Λ	U	G	R
N	N	Р	S	Т	Е	F	Н	S	Т	G	O	S	D	S	-1	R	Т	E	L	М	1	Т
D	E	I.	Α	Т	S	U	Т	Е	Н	R	Ī	Т	N	Е	R	1	X	E	K	Р	L	Е
A	V	Α	Y	Е	Α	L	R	S	G	Е	T	0	Α	R	Ε	0	Ε	T	C	U	A	F
N	Е	R	U	S	I	Е	0	Т	I	Е	Ι	С	R	P	S	U	N	Η	Е	S	С	F
T	Λ	L	1	S	M	Λ	Ν	Λ	L	M	S	K	О	E	N	Т	I	E	N	0	ı	1
T	N	E	М	П	S	I	L	В	S	E	О	N	R	R	E	T	R	Λ	0	IJ	N	F
Λ	Р	0	N	T	Λ	N	E	0	U	N	Р	1	G	11	T	E	N	S	I	T	11	1
P	S	S	Ε	N	I	Н	С	U	0	Т	O	R	P	I	Н	S	D	R	Α	Н	C	С
Е	Q	U	Α	L	Е	S	Н	M	Е	N	Т	R	Α	N	S	P	L	Α	N	Т	Е	A
S	E	R	E	D	A	E	D	L	N	E	Ν	Е	N	Е	L	L	Α	В	Т	0	W	М
Т	S	E	C	Α	F	R	Α	F.	U	V	E	U	Т	R	Α	L	Ε	Α	E	M	О	P
R	A	V	1	L	Е	R	R	1	E	E	Α	R	E	Р	P	1	Ц	F	N	В	L	A
Y	R	0	T	О	1	Α	L	Y	C	R	М	Α	Ν	Α	E	R	G	1	E	Α	L	1
Α	E	L	P	Α	L	I	I	R	0	Е	S	М	A	М	Е	D	Н	Е	K	T	Α	G
N	N	Т	О	F	Λ	M	N	Т	N	Т	Н	L	G		R	R	T	L	О	R	W	N
K	О	Ε	T	Т	Е	Н	G	N	0	Т	Α	Α	E	0	L	Α	Υ	Z.	Т	Α	S	0
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\mathbf{V}	0	L	U	Т	Ī	0	N	F.	W	S	L	E	N	Т	H	E	Ī	R	R	С	T	R

Behold Campaign Clock Darling Defendant Disagreement Display Downhearted Dreamer Drizzle Economic Eighty **Embalm Emerald**

Entry Equal Erase Establishment Evening Evolution Extramural Extrovert Familiar **Flipper** Ghetto

Greenhouse

Hardship

Highlands

Keystone Knight Leader Leaf Leisure Lighter Linen Livestock Loaf Management

Notch Notorious Optical Proposition Ramshackle Random Refreshment Revenue Mysterious Revolt Necklace Rumpus Netball Serious Neutral Serpentine

Newsletter

Northward

Slight South Spontaneous Swab Swallow Sweetheart Tackle Talisman Tapestry Tasteful **Technical** Telephone Tension Terrific

Terror Theirs Token **Touchiness Transcript** Transplant Wombat Yankee Yard Yeast Yield



Word builder

How many words of four letters or more can you make from the letters shown here? In making a word, each letter may be used only once. Each word must contain the centre letter and there must be at least one nine-letter word in the list. No plurals, verbs ending in "s", foreign words, proper nouns or hyphenated words may be used.

Sudoku medium

Fill in all the squares in the grid so that each row, column and each of the 3 x 3 squares contains all the digits from 1 to 9.

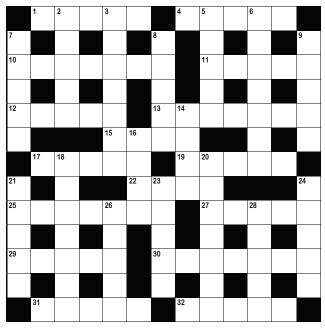
4	8		9		2		1	
		2				7		
3			4		8	5		2
				5				
6	2		8		4			
5			1		7	2		9
	3		7				5	4
							2	
9		4	6	2				

Games for a longer haul

Multi-layered Sudoku

This is yet another variation of the original Sudoku puzzle. The game is essentially the same, except that it consists of four Sudoku puzzles which overlap and are linked to each other, providing even the most experienced addict with a really good challenge.

									3	9				5	8	
											7	8				
		_							8	1			2			
				2	3			5	7		9	2		6	1	
				7			2				5	3			2	
			5					9	6					9		
			4			2	6			7	1		8	2	4	
			1	8				3	2				3			
					7	4		1			8	9		4	6	
				4	1			2		5		4		7		
						8				9						
			8	9	2			4			7	8		9		
						1		3	7	4		2		8		
						7		5				6	3			
								8	1			7				
2	6	9			4	3	7		5		8	9	6			
			6	7			8		6		1					
4	7					5	2			7	4	1				
		6		2	7			5							_	
				6			4									
5	4		9			1	6									
1	9	7			6	2		3								
		4		5												
8				1			9	4								



Crossword

ACROSS

1 4

9 5 6

3

- 1. Crash (a vehicle)
- 4. 1988 Olympic Games venue
- 10. Quick retort
- 11. Bread mixture
- 12. Sweet treat
- 13. Naval weapon
- 15. Snatch
- 17. Deep valley
- 19. Drained of colour
- 22. *Rule Britannia* composer, Thomas —
- 25. Aviation pioneer, Wright
- 27. Obscure, darken
- 29. Scrub
- 30. Express messenger
- 31. Stage whisper

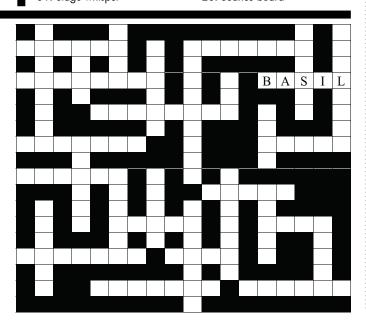
32. Houston's state

DOWN

- 2. Turbulent current
- 3. Reserve fund (4, 3)
- 5. Sea duck
- 6. George Formby's instrument
- 7. Float aimlessly
- Greek letter
- 9. Confusion
- 14. Scottish resort
- 16. Actual
- 18. Easy to understand
- 20. Keep apart
- 21. Blood-sucking insect
- 23. Come to
- 24. Worship, revere
- 26. Shockingly vivid
- 28. Séance board

Word fun Can you fit all the words into their correct places in the grid? Each word only has one place in it. To help you start, we've filled one in for you. The words can run across or down, but always read downwards or from left to right – never back to front.

3 LETTERS	Anise	Fennel	Parsley
Bay	Basil	Ginger	Saffron
•	Clove	Hyssop	Vanilla
4 LETTERS	Cumin	Lovage	8 LETTERS
Balm	Sumac	Nutmeg	Bergamot
Dill	Tansy	Wasabi	Lavender
Mace	Thyme		Rosemary
Mint		7 LETTERS	Smallage
Sage	6 LETTERS	Comfrey	
	Cassia	Melilot	9 LETTERS
5 LETTERS	Chives	Oregano	Coriander



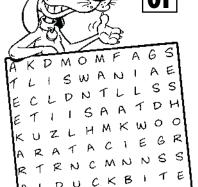
Games for the kids

Spot the Difference

Can you spot the 10 differences between the two pictures?







SMA

CATS CHINCHILLA CROCODILE DOGS DUCK **FISH** HAMSTER HORSES KIDS

LAMB LIZARD MICE NEWT PARAKEET SALAMANDER SNAKES **SWAN** TURTLE

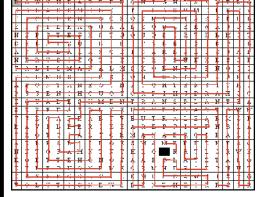
Ring in the New you help Kate Thornton, from X-Factor, change OLD to NEW in eight moves altering only one letter each time, helped by the clues? Spanish word Beer 02 Everything To be ill Zero score ouse egg Implement for catching fish



Sudoku medium

4	8	5	9	7	2	3	1	6
1	9	2	5	6	3	7	4	8
3	7	6	4	1	8	5	9	2
7	1	9	2	5	6	4	8	3
6	2	3	8	9	4	1	7	5
5	4	8	٦	3	7	2	6	9
2	3	1	7	8	9	6	5	4
8	6	7	3	4	5	9	2	1
9	5	4	6	2	1	8	3	7

Path finder



Word builder: SPRIGHTLY

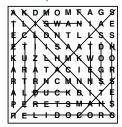
Crossword

٠.	•	,,,,			•							
	Р	R	Α	Ν	G		S	Ε	0	υ	L	
D		Α		Е		D		ı		K		С
R	ı	Р	0	S	Т	Е		D	0	υ	G	Н
_		_		Т		L		Ε		L		Α
F	U	D	G	Е		Т	0	R	Р	Е	D	0
Т				G	R	Α	В			K		S
	G	0	R	G	Ε		Α	S	Н	Ε	N	
L		В			Α	R	N	Ε				Α
0	R	٧	_	L	L	Е		С	L	0	U	D
J		_		J		Α		L		U		0
S	С	0	U	R		С	0	J	R	-	Ε	R
Ε		J		_		Η		D		J		Е
	Α	S	I	D	Ε		T	Ε	Χ	Α	S	

Puzzle builder



Kiddies' puzzle



Puzzle 02 Old, Ole, Ale, Ail, Nil, Nit, Net, New.

Multi-layered Sudoku



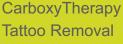
						8	1	6	4	2	3	5	7	9
6	2	3	1	4	5	7	8	9	2	4	6	1	3	5
9	7	8	3	2	6	1	4	5	3	7	8	2	9	6
5	1	4	7	8	9	6	2	3	1	5	9	7	4	8
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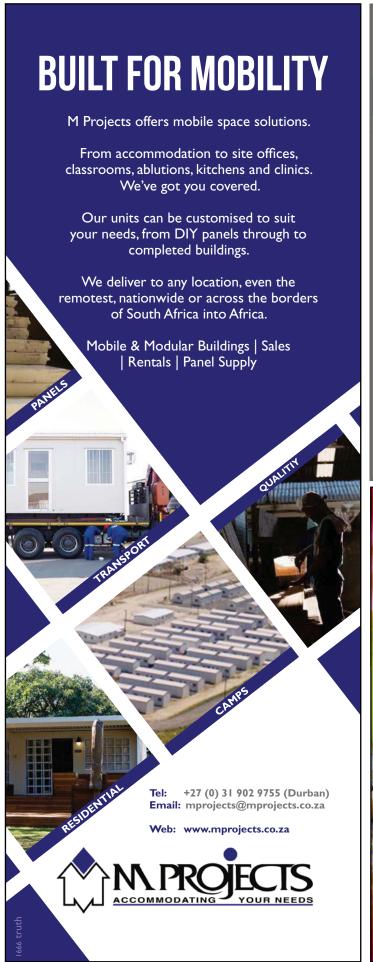




approach to weight control



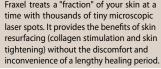




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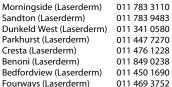




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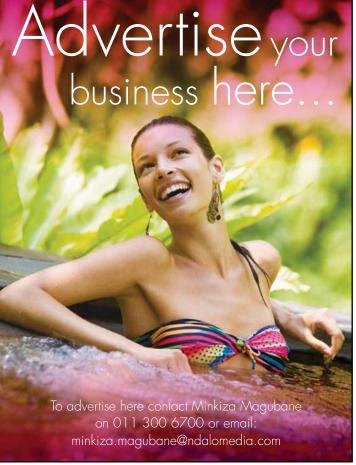




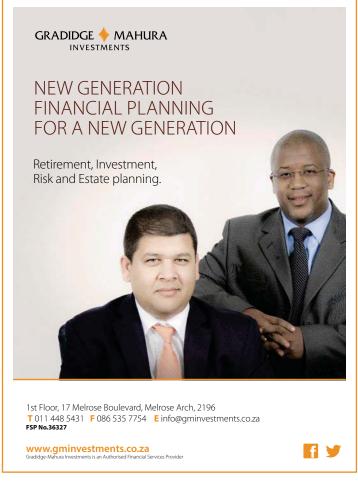


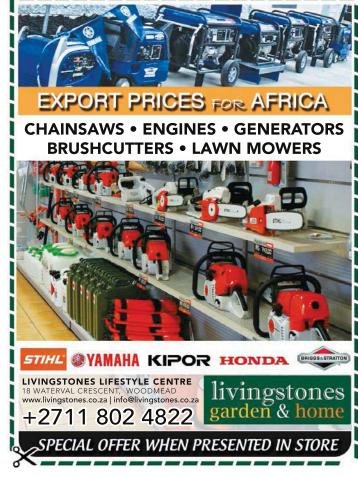
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WOMENSPLAINING

FIONA DAVERN

'COS WE'VE GOT SOME 'SPLAINING TO DO...

hen I was a university student, I took a gender studies class for English. During the introduction to the course, the lecturer asked those of us who

considered ourselves feminists to stand up. All the guys confidently stood up, while the women looked around uncertainly. In the very same class, one of my male classmates actually took the trouble to "mansplain" the word "feminism" to me.

Mansplaining is when men condescendingly explain something simple to a woman, assuming she doesn't know it because she's a female. In case this seems lop-sided, there are a variety of other "splainings" we're all guilty of: "whitesplaining", "cisplaining", "straightsplaining... Oops, I've womansplained that.

Back to our chat, which went something like this: HIM: "Not all feminists are ball-

breaking, bra-burning radicals. They just believe in gender equality."

ME: "Oh, I never knew that." HIM: "Yes, being a feminist doesn't mean you hate men."

ME: "Are you sure? Because I'm starting to ... "

HIM: "No, really. It just means you believe men and women should have equal rights and opportunities." ME: "Thanks for enlightening me."

OK, I never said that last bit, but that was my first enraging experience of mansplaining.

At a friend's 40th dinner party recently, we were making pumpkin ravioli and drinking Pinot Noir (as one does in Cape Town), when someone threw out the term. Most people didn't know what it meant. And then I witnessed a delicious moment: a man defining the term "mansplain" to a bunch of rapt women. It doesn't get better than that.

While "mansplaining" was coined by someone else, it was inspired by an essay called Men Who Explain Things by American writer Rebecca Solnit, in which she recounts how she was about to leave a party in a "Ralph Laurenstyle chalet" in Colorado when she was called back by the host. He'd heard that she'd written "a couple" of books and asked her what they were about. In fact, she'd written several, so she began to describe her latest one about "Eadweard Muybridge, the annihilation of time and space and the industrialisation of everyday life". If I were the man, I would have politely furrowed my brow and begged her to send me a signed copy. Not this man.

He interrupted her to ask if she'd heard of another Very Important Book on Muybridge released around the same time. He carried on at length, talking about it with great authority. Turned out he was mansplaining the Very Important Book (which he hadn't actually read himself) to the author of said book. "I like incidents of that sort," Solnit writes, "when forces that are usually so sneaky and hard to point out slither out of the grass and are as obvious as an anaconda that's eaten a cow, or an elephant turd on the carpet."

The shifty forces of subtle sexism could definitely do with more "outing".

While I was working on this piece, my partner asked what it was about. When I told him I was writing a column about mansplaining, he said: "Don't you mean you're typing it on your computer?" Yeah, that's cute. 🔈

I WITNESSED A DELICIOUS MOMENT: A MAN DEFINING THE TERM "MANSPLAIN" TO A BUNCH OF RAPT WOMEN.



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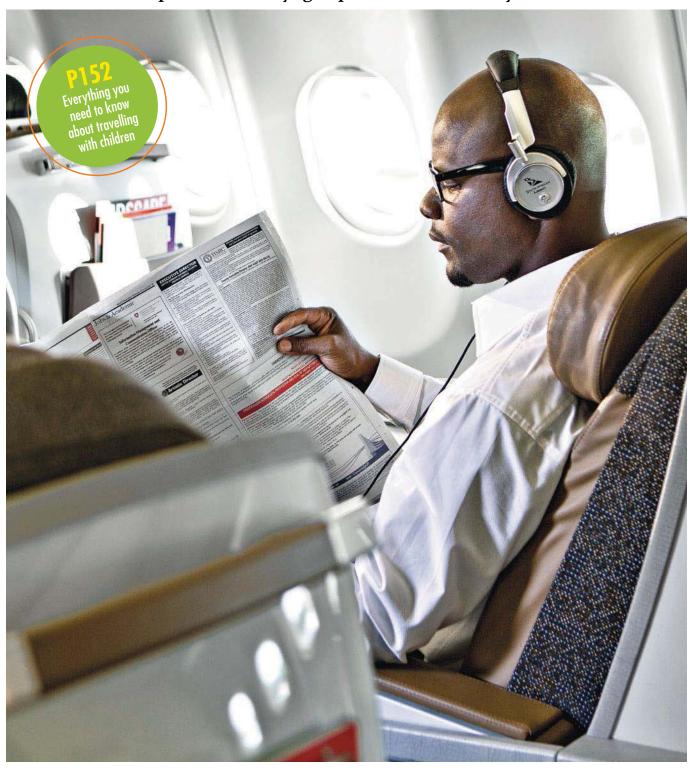
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COME FLY WITH ME!

SAA PURSER **NOBABINI MHLOM** TELLS ZAZA MOTHA HOW TRAVELLING HAS CHANGED HER LIFE

WHEN DID YOU JOIN SAA? In May 2000. I'd finished my degree the year before and was thrilled to be starting my first job. I didn't know what to expect. I'd never flown before, so you can imagine how excited I was. I was born in a rural area and did my primary schooling there. I'd never even seen an aircraft until I moved to Cape Town - and certainly never imagined I'd ever be in one, as I thought they were only for rich people. It came as a shock to learn that flying was actually affordable.

WHY DID YOU CHOOSE THE AVIATION INDUSTRY? I found out about vacancies at SAA through a church member. I initially wanted to work for the government, as I'd studied public administration at university. But on my first day with the airline, I knew I'd made the right decision and I was looking forward to seeing the world.

■ WHAT MAKES YOUR JOB EXCITING?

Having the opportunity to work with different crew members every day and learn from their diverse personalities and cultures. There are so many of us in our department that you frequently encounter someone you've never met before. The same goes for passengers,

who are different every day. I also love the fact that there isn't a lot of paperwork involved, so when you're done with the day, you're done.

WHAT MAKES YOUR JOB **CHALLENGING?** Ensuring the standard of SAA is always maintained. We're ambassadors of the brand, so sometimes approaching colleagues about their choice of hairstyle or nails – without offending them – can be tricky. Flight delays can also be challenging, as these affect passengers' schedules.

"I LOVE THE **FACT THAT** THERE ISN'T A LOT OF **PAPERWORK INVOLVED** IN THIS JOB, SO WHEN **YOU'RE DONE** WITH THE DAY, YOU'RE DONE."

- WHAT HAVE BEEN YOUR CAREER HIGHLIGHTS? Being featured in Sawubona is a big honour! After 15 years at SAA, it's encouraging to get recognition.
- WHAT'S YOUR FAVOURITE TRAVEL DESTINATION? I love Ghana. It's so inspiring to see how hard-working, humble and respectful Ghanaians are. You see them selling all sorts of merchandise on the streets to make a decent living, regardless of their circumstances. I also love New York because of its fast-paced energy and many activities. I can never stay indoors when I'm there.



- WHAT'S YOUR FAVOURITE DISH WHEN YOU'RE TRAVELLING? Every time I go to India, I have a curry. I love it!
- WHAT KEEPS YOU GROUNDED? Listening to gospel music, particularly the Joyous Celebration ensemble. I also need "me" time, so I can catch up on my sleep and be well rested for my next stint of duty.
- WHAT DO YOU LOOK FORWARD TO WHEN YOU RETURN HOME FROM TRAVELLING? Spending time with my two daughters, Kwakho (10) and eight-year-old Phelo. We share a lot of hugs and kisses. I surprise them by fetching them from school and take them out to eat or watch movies. They've accepted the fact that my career takes me away from home often, but it's given them a sense of adventure - they can't wait for me to take them to New York!

PHOTOGRAPHER: FRANK ELLIS. HAIR & MAKE-UP: MARLINETTE NEWMAN

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VIDEO SELECTION

AIRBUS A320-200, A319-100 AND BOEING B737-800

Featuring the best travel shows from Africa and around the globe, along with very popular entertainment and lifestyle programmes. Each journey will also include a selection of technology, business, arts and entertainment features, as well as a bespoke SAA Diary Events feature programme from all over SA for your enjoyment.

Although programmes are subtitled, audio is active on all programmes and you are welcome to use your own headsets/earphones – please take note of the "Restricted Items" section contained within the Safety Guide section at the back of this Sawubona magazine.

OUTBOUND FROM SA TO POINTE NOIRE (selection will be played subject to length of flight)

INBOUND FROM COTONOU TO POINTE NOIRE (selection will be played subject to length of flight)



FAR FROM THE MADDING CROWD

- Drama, romance 119 min
- PG 13 edited English
- Carey Mulligan, Matthias Schoenaerts In Victorian England, headstrong Bathsheba Everdene attracts three very different suitors: a sheep farmer, a sergeant and a mature bachelor.



MARIE'S STORY

Biography, drama • 95 min • NR • French with English subtitles • Isabelle Carré, Ariana Rivoire

Marie Heurtin is born both blind and deaf. Sister Marguerette wins her trust and teaches her how to express herself.

MAURITIUS FLIGHTS ONLY

PLEASE NOTE Different programming

is screened on your outbound and

inbound journeys



PAUL BLART: MALL

Comedy • 94 min • PG 13 • English • Kevin James, Raini Rodriguez After six years of keeping his city's malls safe, Paul Blart has earned a holiday. He heads to Las Vegas with his teenage daughter. But safety never takes a break - and when duty

COP 2

calls, Blart answers.

PAUL BLART: MALL COP 2 Comedy • 94 min • PG 13 • English • Kevin James, Raini Rodriguez After six years of keeping his city's malls safe, Paul Blart has earned a holiday. He heads to Las Vegas with his teenage daughter. But safety never takes a



HOT PURSUIT

Comedy, action • 87 min • PG 13 edited • English • Reese Witherspoon, Sofía Vergara An uptight and by-the-book policeman tries to protect the widow of a drug boss as they race through Texas, pursued by crooked cops



OUTBOUND FROM SA

break - and when duty

calls, Blart answers.

(selection will be played subject to length of flight)



FAR FROM THE MADDING CROWD

- Drama, romance 119 min
- PG 13 edited English
- · Carey Mulligan,

Matthias Schoenaerts In Victorian England, headstrong Bathsheba Everdene attracts three very different suitors: a sheep farmer, a sergeant and a mature bachelor.

INBOUND TO SA

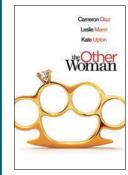
(selection will be played subject to length of flight)



HOT PURSUIT

- Comedy, action 87 min
- PG 13 edited English
- Reese Witherspoon, Sofía Vergara

An uptight and by-the-book policeman tries to protect the widow of a drug boss as they race through Texas, pursued by crooked cops and murderous gunmen.



THE OTHER WOMAN

- Comedy, romance
- 108 min R edited
- English Cameron Diaz, Leslie Mann

After discovering that her boyfriend's married, Carly meets the wife he's been cheating on. And when yet another affair of his comes to light, all three women team up to plot revenge on the three-timing weasel.

SHORT PROGRAMMING (Played on domestic flights and scheduled after the movie)

This content is updated every second week and features a wide selection of arts, lifestyle, travel and sports features. Included is SAA's bespoke Events Diary, plus a variety of other interesting features such as Top Billing, Just for Laughs and 21 Icons, which is a visual celebration of the lives of men and women who've shaped the world around them for the better.



AUDIO SELECTION

AIRBUS A340-600/300E, A340-200, B737/ A319, A330-200, A340-300

CHINESE RADIO

A340-600/300e - Channel 11 A340-200 - Channel 16 A330-200 - Channel 1 A340-300 - Channel 1

We shake up the dance scene

Sit back and relax while enjoying the best of Cantonese and Mandarin pop for two blissful hours with great artists such as Aaron Yan, Kelly Yu, Jay Chou and many more.

CLASSICS

A340-600/300e (Comfort Zone) A340-200 - Channel 4 B737/A319 - Channel 8 A330-200 - Channel 2 A340-300 - Channel 2

Listen to the works of some of the greatest composers of all time. Join Classic FM presenter, John Brunning, for his selection of personal favourites.

GBEDU

B737/A319 - Channel 17 Enjoy a rhythmic and uninterrupted tour through the

soulful sounds of the mother continent as they're performed by East and West African musicians.

HINDI HITS

many more.

A340-200 - Channel 11 A330-200 - Channel 4 A340-300 - Channel 5

Enjoy foot-tapping and romantic tunes from both recent and classic Bollywood movies.

HIT EXPRESS

A340-600/300e (Chart Attack) A340-200 - Channel 3 B737/A319 - Channel 7 A330-200 - Channel 5 A340-300 - Channel 6

Keep up to date with the best in new music with songs making the world's charts. Discover great new tracks from Calvin Harris, Mikky Ekko and Sia, brought to you by DJ Sureshnie.

KIDS' ZONE

A340-200 - Channel 6 B737/A319 - Channel 16 A330-200 - Channel 7 A340-300 - Channel 8 Keep your little ones settled in

and happy with their favourite fables, nursery rhymes and playground songs.

MADE IN SA

A340-600/300e (One Nation) A340-200 - Channel 8 B737/A319 - Channel 13 A330-200 - Channel 8 A340-300 - Channel 9

We invite you on a twohour journey with legends of South African music such as Wonderboom, Apollo D, Prime Circle and Dreamteam.

NUMBER 1s

A340-600/300e (Encore) A340-200 - Channel 9 B737/A319 - Channel 9 A330-200 - Channel 9 A340-300 - Channel 3 Tune into this exclusive compilation featuring critically and commercially successful collaborations between iconic artists.

RAISED ON ROCK

A340-200 - Channel 5 B737/A319 - Channel 11 A330-200 - Channel 11 A340-300 - Channel 14 Buffs of old-school rock are sure to find their favourite artists and tracks on this programme, presented by Claire Sturgess. The line-up features Thin Lizzy, Imagine Dragons and The Who.

SOUL SESSIONS

A340-200 - Channel 15 B737/A319 - Channel 15 A330-200 - Channel 12 A340-300 - Channel 11 Enjoy the best of classic soul from great artists like Lemar and Wyclef Jean, among others. A must-listen for soul-lovers.

THIS IS OPERA!

A340-200 - Channel 10 B737/A319 - Channel 10 A330-200 - Channel 13 A340-300 - Channel 12 Sit back and relax with two hours of wonderful operatic works from leading composers like Wagner, Puccini and Mozart.

TOP PICKS



FLASHBACK

A340-600/300e (Golden Years) A340-200 - Channel 13 B737/A319 - Channel 12 A330-200 - Channel 3 A340-300 - Channel 4

This high-energy compilation takes you on a journey to the Eighties, Nineties and beyond, including all-time favourites like Bob Dylan. The Kinks and Pink Floyd.



PLAYLIST AFRICA

A340-600/300e (Showcase) A340-200 - Channel 7 B737/A319 - Channel 5 A330-200 - Channel 10 A340-300 - Channel 10 The recent demand for Afropop and chart music has led to the rise of a number of African mega-stars. You'll find the most contemporary ones on this selection, presented by DJ Waxxy.



WORLD OF JAZZ

A340-600/300e (Jazz Notes) A340-200 - Channel 12 B737/A319 - Channel 6 A330-200 - Channel 14 A340-300 - Channel 13

Listen to the greatest musicians of the genre on this selection of smooth, classic and Latin jazz.

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Always ensure that you quote your unique SAA Voyager membership number at the point of sale in order for your Miles to track systematically. Your membership card should be in your possession at all times to give you access to all the benefits associated with your status.

SAA EXCLUSIVE EARNING OF MILES: HIGHEST ACCUMULATION RATE

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SAA EXCLUSIVE SPENDING OF MILES: EASIER THAN EVER WITH A 5% RETURN

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EARN YOUR TIER STATUS AND ENJOY MORE BENEFITS

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ith a growing number of companies seeking to implement online booking tools in their organisations, South African Travel Centre (SATC) is offering its clients a range of market-leading solutions. These online booking tools offer fast and easy administration, as well as increased control over corporate travel processes.

Companies want the ability to implement and manage policies

within their travel programmes for individuals, groups or departments. That's why SATC, through its network of agencies, has positioned itself to offer private- and public-sector clients a range of corporate booking tools that meet their specific needs. It's partnered with an online end-toend corporate travel and expense management solution provider which allows business travel managers to control travel expenditure, from requisition to reconciliation. This

means businesses save costs and can enforce policy, streamline processes and have access to accurate reporting about travel spend. These solutions provide real-time bookings of flights, accommodation and car hire.

SATC's online corporate policydriven travel booking platforms integrate all aspects of travel requirements, from preferred suppliers to negotiated rates, in a highly user-friendly manner.

Importantly, organisations can achieve an end-to-end workflow through the integration of their HR, expense and travel processes. In addition, seamless communication between their IT systems will save time, guarantee data accuracy and deliver cost-efficiencies.

Organisations wanting to invest in an online corporate-driving booking tool need to consider the following important factors:

- Does the solution facilitate better control over travel spend?
- Does it integrate all aspects of travel requirements, from preferred suppliers to displaying negotiated rates?
- Does it allow employees to plan, book and purchase complete travel arrangements within the company's quidelines?

For further information or to book an obligation-free demonstration, contact SATC.

For world-class travel management services, contact South African Travel Centre on tel: +27 11 616 7956 or visit: www.satravelcentre.com



SAA DOMESTIC AIRLINE PARTNERS







SAA REGIONAL & INTERNATIONAL PARTNERS











* SAA NON-STAR ALLIANCE CODE-SHARE PARTNERS

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Samsung - A way of life.



SAMSUNG

SOUTH AFRICAN AIRWAYS TIMETABLE

s Africa's most awarded airline, SAA operates from Johannesburg to 38 destinations in 27 countries across the globe.

Our domestic market has an extensive schedule with a total of 554 flights per week from Johannesburg to Cape Town, Durban, East London and Port Elizabeth. We've also extended our codeshare agreement with Mango, our low-cost operator, to include coastal cities in SA (between Johannesburg and Cape Town, Durban, Port Elizabeth and George), as well as Johannesburg-Bloemfontein, Cape Town-Bloemfontein and Cape Town-Port Elizabeth.

Regionally, SAA offers 24 destinations across the African continent, including Abidjan, Accra, Blantyre, Brazzaville, Cotonou,



Dakar, Dar es Salaam, Douala, Entebbe, Harare, Kinshasa, Lagos, Libreville, Lilongwe, Livingstone, Luanda, Lusaka, Maputo, Mauritius, Nairobi, Ndola, Pointe Noire, Victoria Falls and Windhoek.

SAA's international network creates links to all major continents from our country through 10 direct routes and code-share flights, with daily flights from Johannesburg to Abu Dhabi, Frankfurt, Hong Kong, London (Heathrow), Munich, New York (JFK),

Perth, São Paulo and Washington (Dulles). SAA has code-share agreements with 29 other airlines across the markets we serve.

SAA is a member of Star Alliance, which offers more than 18 500 daily flights to 1 321 airports in 193 countries. SAA has won the "Best Airline in Africa" Award in the regional category for 13 consecutive years. Mango and SAA hold the Nos 1 and 2 successive spots as SA's most on-time airlines.

REGIONA						4 5 5 11 4 5 6
CARRIER	FLIGHT	FREQUENCY	FROM	DEPARTS	TO	ARRIVES
Α	22	1 2 3 4 5 6 7	Johannesburg	10:40	Harare	12:20
SA	23	1234567	Harare	13:05	Johannesburg	14:50
SA	24	1234567	Johannesburg	19:40	Harare	21:20
SA	25	1234567	Harare	07:20	Johannesburg	09:05
SA	28	1267	Johannesburg	14:50	Harare	16:30
SA	28	5	Johannesburg	13:45	Harare	15:25
SA	29	1267	Harare	1 <i>7</i> :15	Johannesburg	19:00
SA	29	5	Harare	16:25	Johannesburg	18:10
SA	40	1234567	Johannesburg	10:50	Victoria Falls	12:35
SA	41	1234567	Victoria Falls	13:15	Johannesburg	14:55
SA	48	1 2 3 4 5 6 7	Johannesburg	10:40	Livingstone	12:30
SA	49	1 2 3 4 5 6 7	Livingstone	13:10	Johannesburg	14:55
SA	50	1 . 3 . 5 . 7	Johannesburg	09:45	Kinshasa	12:45
SA	51	1 . 3 . 5 . 7	Kinshasa	13:45	Johannesburg	18:30
SA	52	6 .	Johannesburg	16:55	Accra	21:15
SA	53	6 .	Accra	22:30	Johannesburg	06:20
SA	54	1 2 3 4 5 6 7	Johannesburg	09:45	Luanda	12:35
SA	55	1 2 3 4 5 6 7	Luanda	14:05	Johannesburg	18:25
SA	56	. 2 . 4 7	Johannesburg	12:50	Accra	17:10
SA	56	. 2 . 4 7	Accra	18:10	Abidjan	19:10
SA	57	. 2 . 4 7	Abidjan	20:10	Accra	21:25
SA	57	. 2 . 4 7	Accra	22:30	Johannesburg	06:20
SA	58	. 2 . 4 . 6 .	Johannesburg	20:40	Kinshasa	23:40
SA	59	3 . 5 . 7	Kinshasa	00:35	Johannesburg	05:20
SA	60	1 2 3 4 5 6	Johannesburg	14:45	Lagos	20:10
SA	60	7	Johannesburg	10:30	Lagos	15:55
SA	61	1 2 3 4 5 6 7	Lagos	22:20	Johannesburg	05:05
SA	62	1 2 3 4 5 6 7	Johannesburg	10:30	Lusaka	12:35
SA	63	1 2 3 4 5 6 7	Lusaka	13:15	Johannesburg	15:20
SA	64	1 2 3 4 5 6 7	Johannesburg	13:20	Lusaka	15:25
SA	65	1 2 3 4 5 6 7	Lusaka	16:05	Johannesburg	18:10
SA	66	1 2 3 4 5 6 7	Johannesburg	19:05	Lusaka	21:10
SA	67	1 2 3 4 5 6 7	Lusaka	07:15	Johannesburg	09:20
SA	70	7	Johannesburg	11:30	Windhoek	12:35
SA	71	7	Windhoek	13:25	Johannesburg	16:15
SA	74	1 2 3 4 5 6 7	Johannesburg	09:30	Windhoek	10:35
Ä	75	1 2 3 4 5 6 7	Windhoek	11:25	Johannesburg	14:15
SA	76 76	1 2 3 4 5 6 7	Johannesburg	13:15	Windhoek	14:13
SA SA	77 77	1 2 3 4 5 6 7	Windhoek	15:10	Johannesburg	18:00
SA SA	77 78	1 2 3 4 5 6 7	Johannesburg	17:40	Windhoek	18:45
SA SA	73	1 2 3 4 5 6	Windhoek	07:35	Johannesburg	10:25
SA SA	80			23:00		04:25
)A	80	7	Johannesburg	23:00	Lagos	04:25

REGION CARRIER	FLIGHT	FREQUENCY	FROM	DEPARTS	TO	ARRIVES
SA	81	1	Lagos	08:00	Johannesburg	14:45
A A	82	4 7	Johannesburg	09:45	Pointe Noire	13:05
Ā	82	4 7	Pointe Noire	14:05	Cotonou	16:45
A .	83	1 5	Cotonou	09:45	Pointe Noire	12:20
SA	83		Pointe Noire	13:20	Johannesburg	18:30
SA SA	84					
			Johannesburg	09:30	Brazzaville	12:35
SA.	85	3 6 .	Brazzaville	13:25	Johannesburg	18:20
SA.	86	. 2 3 . 5 6 .	Johannesburg	14:55	Libreville	18:55
SA	86	. 2 3 . 5 6 .	Libreville	19:40	Douala	20:40
SA	87	. 2 3 . 5 6 .	Douala	21:30	Libreville	22:30
SA	87	. 2 3 . 5 6 .	Libreville	23:35	Johannesburg	05:15
SA	96	. 2 3 4 7	Johannesburg	10:20	Ndola	12:40
SA	97	. 2 3 4 7	Ndola	13:30	Johannesburg	15:50
SA .	142	1 2 3 4 5 6 7	Johannesburg	09:45	Maputo	10:50
SA SA	143	1 2 3 4 5 6 7	Maputo	11:35	Johannesburg	12:45
SA	144	1 2 3 4 5 6 7	Johannesburg	13:50	Maputo	14:55
SA	145	1 2 3 4 5 6 7	Maputo	15:40	Johannesburg	16:50
SA	146	1 2 3 4 5 6 7	Johannesburg	20:15	Maputo	21:20
SA SA	147					08:40
A		1 2 3 4 5 6 7	Maputo	07:30	Johannesburg Entalla	
	160	1 2 3 4 5 6 7	Johannesburg	14:00	Entebbe	19:05
SA.	161	1 2 3 4 5 6 7	Entebbe	07:25	Johannesburg	10:40
SA.	170	1 2 . 4 5 . 7	Johannesburg	10:00	Lilongwe	12:25
A	171	12.45.7	Lilongwe	13:10	Johannesburg	15:35
SA .	172	3 6 .	Johannesburg	10:00	Blantyre	12:10
iΑ	173	3 6 .	Blantyre	13:05	Johannesburg	15:20
iΑ	180	. 2 . 4 . 6 7	Johannesburg	15:25	Nairobi	20:30
iΑ	181	1 . 3 . 5 . 7	Nairobi	08:30	Johannesburg	11:45
SA .	184	1 2 3 4 5 6 7	Johannesburg	10:10	Nairobi	15:15
SA SA	185	1 2 3 4 5 6 7	Nairobi	16:05	Johannesburg	19:20
SA SA	186	1 2 3 4 5 6 7	Johannesburg	10:30	Dar es Salaam	14:55
SA SA	187	1 2 3 4 5 6 7	Dar es Salaam	15:40	Johannesburg	18:20
SA SA	188	1 2 3 4 5 6 7		14:25	Dar es Salaam	18:50
			Johannesburg			
SA.	189	1 2 3 4 5 6 7	Dar es Salaam	06:50	Johannesburg	09:25
SA	190	4 . 6 7	Johannesburg	10:25	Mauritius	16:20
SA	190	123.5.	Johannesburg	09:45	Mauritius	15:40
SA	191	4 . 6 7	Mauritius	17:20	Johannesburg	19:55
SA	191	123.5	Mauritius	16:40	Johannesburg	19:15
SA	192	4 . 6 7	Johannesburg	08:40	Mauritius	14:35
SA	193	4 . 6 7	Mauritius	15:25	Johannesburg	18:00
SA	3172	1	Johannesburg	10:00	Blantyre	12:10
SA	31 <i>7</i> 3	1	Blantyre	13:05	Johannesburg	15:20
NTERN	ATIONAL					
CARRIER	FLIGHT	FREQUENCY	FROM	DEPARTS	TO	ARRIVES
SA	203	1 2 3 4 5 6 7	Johannesburg	21:05	New York – JFK	06:40
SA	204	1 2 3 4 5 6 7	New York – JFK	11:15	Johannesburg	08:25
SA .	207	. 2 . 4 . 6 .	Johannesburg	18:30	Dakar	01:05
iΑ	207	3 . 5 . 7	Dakar	02:05	Washington	06:25
SA .	208	3 . 5 . 7	Washington	17:40	Dakar	05:50
iΑ	208	1 4 . 6 .	Dakar	06:50	Johannesburg	17:15
A	209	1 . 3 . 5 . 7	Johannesburg	17:25	Accra	21:45
A	209	1 . 3 . 5 . 7	Accra	22:45	Washington	06:05
Ā	210	1 2 . 4 . 6 .	Washington	17:40	Accra	07:40
A A	210	. 2 3 . 5 . 7	Accra	08:40	Johannesburg Johannesburg	16:30
SA.	222	1 2 3 4 5 6 7	Johannesburg	10:35	São Paulo	16:30
SA.	223	1 2 3 4 5 6 7	São Paulo	18:00	Johannesburg	07:30
iΑ	224	3 4 . 6 .	Johannesburg	23:00	São Paulo	04:55
iΑ	225	4 5 . 7	São Paulo	23:35	Johannesburg	13:05
A	234	1 2 3 4 5 6 7	Johannesburg	19:50	London – LHR	06:25
A	235	1 2 3 4 5 6 7	London – LHR	19:00	Johannesburg	07:15
A	236	1 2 3 4 5 6 7	Johannesburg	20:20	London – LHR	06:55
A A	237	1 2 3 4 5 6 7	London – LHR	21:00	Johannesburg	09:15
SA SA	260	1 2 3 4 5 6 7	Johannesburg	19:10	Frankfurt	06:10
SA.	261	1 2 3 4 5 6 7	Frankfurt	20:45	Johannesburg	07:25
iΑ	264	1 2 3 4 5 6 7	Johannesburg	20:35	Munich	07:20
	265	1234567	Munich	21:05	Johannesburg	07:35
	278	1 2 3 4 5 6 7	Johannesburg	09:30	Abu Dhabi	19:40
	2/8					
iΑ		1 2 3 4 5 6 7	Abu Dhabi	01:25	Johannesbura	0/:35
A A	279	1 2 3 4 5 6 7		01:25 22:20	Johannesburg Perth – PFR	07:35 13:25
SA SA SA	279 280	1 2 3 4 5 6 7 1 2 3 4 5 6 7	Johannesburg	22:20	Perth – PER	13:25
SA SA SA	279 280 281	1 2 3 4 5 6 7 1 2 3 4 5 6 7 1 2 3 4 5 6 7	Johannesburg Perth – PER	22:20 23:50	Perth – PER Johannesburg	13:25 05:35
SA SA SA SA	279 280 281 286	1 2 3 4 5 6 7 1 2 3 4 5 6 7 1 2 3 4 5 6 7 1 2 3 4 5 6 7	Johannesburg Perth – PER Johannesburg	22:20 23:50 16:55	Perth – PER Johannesburg Hong Kong	13:25 05:35 12:25
A A A	279 280 281	1 2 3 4 5 6 7 1 2 3 4 5 6 7 1 2 3 4 5 6 7	Johannesburg Perth – PER	22:20 23:50	Perth – PER Johannesburg	13:25 05:35

PLEASE NOTE: ● International aircraft types: Airbus A340-600, A340-300e or A330-200. ● Regional aircraft types: Airbus A319-100, A320-200 or Boeing B737-800 – except for Accra, Lagos and Luanda, where Airbus A340-600, A340-300e or A330-200 will be used.





Entebbe Nairobi Kigali Brazzaville Pointe Noire Kinshasa Dar es Salaam Luanda Lumbumbashi **SOUTHERN AFRICAN ROUTES** Ndola Lilongwe **DIE BLAKER** An elegant solution to load-shedding, Douglas & Lusaka Company has created the Blantyre tongue-in-cheek Blaker ("candle-Livingstone holder"). Made of mild steel, it Harare Victoria Falls comes in anthracite grey, white, maroon, satin black and teal. www.jandouglas.co.za Bulawayo Maun Vilanculos Walvis Bay Polokwa Phalaborwa Londolozi Skukuza Sabi Sabi Nelspruit Windhoek Gaborone Wonderb Mauritius Maputo Maputo Johannesburg Manzini Sishen Kimberley Richards Bay Upington etermaritzburg Bloemfontein Maseru Durban Airlink RwandAir Mthatha South African Airways SAA/Mango Code-share between Port Elizabeth Johannesburg/Lanseria East London and Cape Town, and Cape Town George Cape Town and Durban South African Express

SOUTHERN AFRICA GATEWAYS 📵 Train Station 📵 Bus Station ⊨ Hotel 🕜 Petrol Station 📮 Car Rental 🕑 Parking i Information | Restaurants 💋 Lounge (i) a • 0

OR TAMBO INTERNATIONAL AIRPORT (JOHANNESBURG)

Getting around

OR Tambo International

The Central Terminal Building is designed to give passengers a smooth and uninterrupted travel experience. The various check-in and departure procedures, including transfers, all take place in this terminal building. The new international pier, with its double-level structure, has increased the number of holding lounges and boarding gates.

General information

Information desks are located in all terminals.

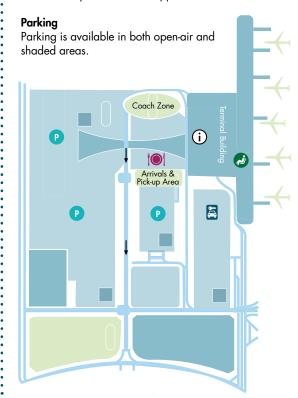
SAA Airport Lounges

Lounge facilities are available for First and Business Class passengers of SAA.

KING SHAKA INTERNATIONAL (DURBAN)

Getting around King Shaka International (KSIA) King Shaka International Airport Durban is our state-of-the-art airport located 35km north of the city.

KSIA Durban offers an enticing range of restaurants, bars and shops. The passenger terminal is located at the southern end of the airport precinct and is split into two levels: arrivals are handled on the lower floor and departures on the upper one.



Ä My City bus •

CAPE TOWN INTERNATIONAL

Getting around CPT International

The Central Terminal Building links to both Domestic and International Arrivals and Departures. The airport is compact and the terminal buildings are linearly positioned, which makes walking between terminals quick and easy.

Parking

Free shuttle cabs are available between the terminals and the parking areas.

SAA Airport Lounges

Lounge facilities are available for First and Business Class passengers of SAA.

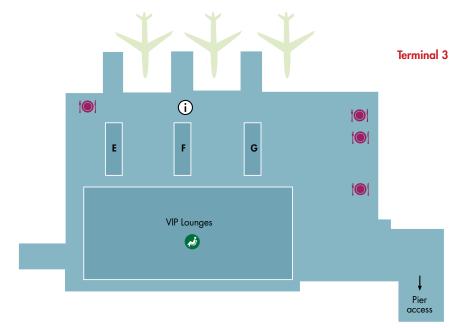






WEST-BOUND GATEWAYS





GUARULHOS INTERNATIONAL AIRPORT (SÃO PAULO)

Terminal information GRU

Airline	South African Airways
Code	SA
Terminal	3*

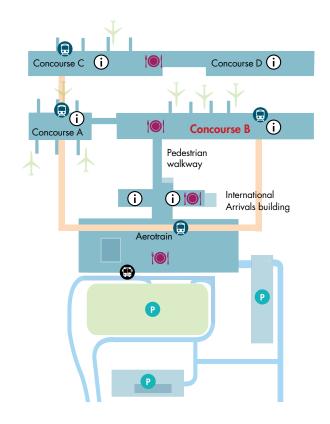
^{*}SAA operates to and from Terminal 3

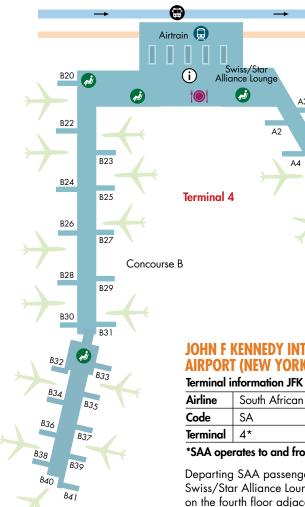
DULLES INTERNATIONAL AIRPORT (WASHINGTON)

Terminal information WAS/IAD

Airline	South African Airways
Code	SA
Terminal	Concourse B*

^{*}SAA operates to and from the International Concourse B





JOHN F KENNEDY INTERNATIONAL **AIRPORT (NEW YORK)**

Concourse A

Airline	South African Airways
Code	SA
Terminal	4*

*SAA operates to and from Terminal 4

Departing SAA passengers use the Swiss/Star Alliance Lounge (airside) on the fourth floor adjacent to the TSA security checkpoint.

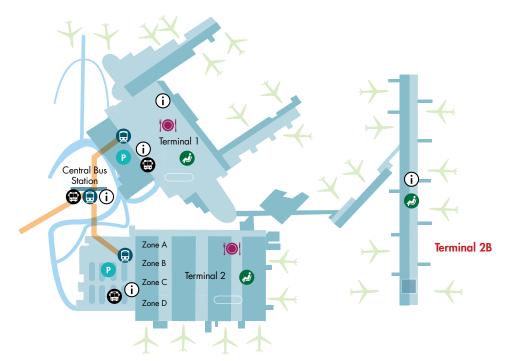


EUROPEAN GATEWAYS

📵 Train Station 📵 Bus Station ⊨ Hotel 🜓 Petrol Station 🗧 Car Rental 🕑 Parking 🛈 Information 🍥 Restaurants 🤣 Lounge





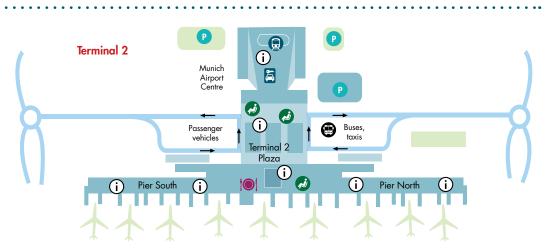


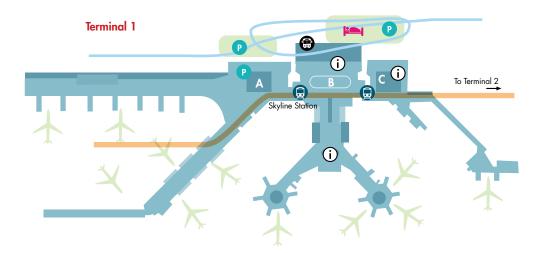
HEATHROW AIRPORT (LHR)

SAA now operates to and from London Heathrow's new Terminal 2, The Queen's Terminal. Check-in for SAA is in Zone D on the departures level. Note that most SAA flights will arrive into, and depart from, the gates situated in Terminal 2B.

MUNICH AIRPORT

Terminal 2 has 48 departure gates. There's a central area with ticket and check-in counters, duty-free shops and restaurants. The boarding gates are connected by walkways to the aircraft.





FRANKFURT AIRPORT

You'll find Lufthansa and its partner airlines in departure halls A and B of the largely restyled Terminal 1. In addition, quick check-in machines with integrated baggage check-in are also available in departure hall A. The redesigned Senator and Business Lounges in concourses A and B are pleasant places to relax until you board your flight.

UNDER-18S TRAVELLING TO AND FROM SA

South African Immigration Act, 2002 (Act No 13 of 2002)

he new requirements introduced by the SA Department of Home Affairs for additional documentation needed by persons aged under 18 years for travel to and from SA were implemented on 1 June 2015.

Applicable travellers will be asked to produce the required documentation at check-in for each flight. For further information, contact the SA Department of Home Affairs. 0800 601 190 (toll-free) or your local South African Embassy.

FREQUENTLY ASKED QUESTIONS

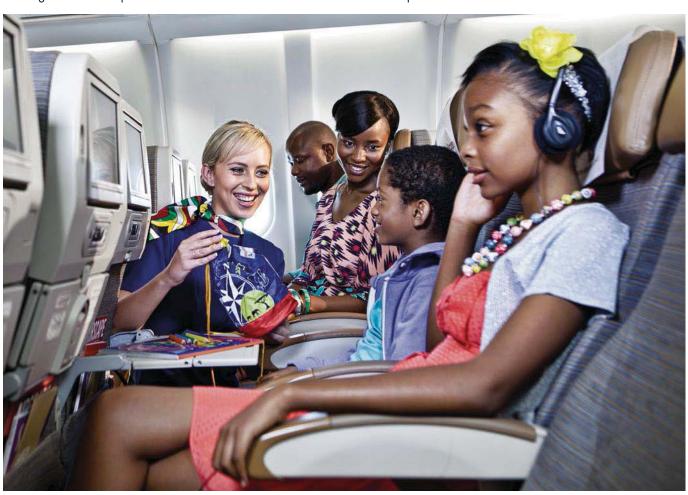
- 1. What do the regulations say about parents travelling with children? Regulation 6 (12)(a) states that parents must produce an unabridged birth certificate for each child which reflects the particulars of his/her parents.
- 2. Is this applicable to all children aged under 18? Yes and to all nationalities departing from or arriving in SA. It's not required for passengers remaining in transit, unless they require a transit visa. The unabridged birth certificate should be submitted during the transit visa application process and both the certificate and visa should be carried with you while travelling.
- 3. What about unabridged birth certificates or equivalent documents that aren't issued in English? Documents issued in a language other than English will be accepted.

- 4. What about countries that don't issue unabridged birth certificates? A letter to this effect issued by the competent authority of the foreign country should be produced.
- 5. Must I travel with the original document? A copy is sufficient, provided it's certified by a Commissioner of Oaths (or the equivalent of one in the country concerned).
- 6. What about children travelling with one parent?

Regulation 6 (12)(b) states that a single parent travelling with a child must also produce an unabridged birth certificate for them, as well as:

- i. An affidavit from the other parent registered as such on the birth certificate authorising him/her to enter into or depart from SA with the child concerned; or
- ii. A court order granting full parental responsibilities and rights or legal guardianship of the child, if he/she is the parent or legal quardian of the child; or
- iii. Where applicable, a death certificate of the other parent registered as such on the birth certificate.

Where the parents of the child are both deceased and the child is travelling with a relative or another person related to him/her, the Director-General may approve such a person to enter or depart from SA with the child.



7. What's the time-line for the affidavit? The affidavit must be no older than four months, dating from the time of travel.

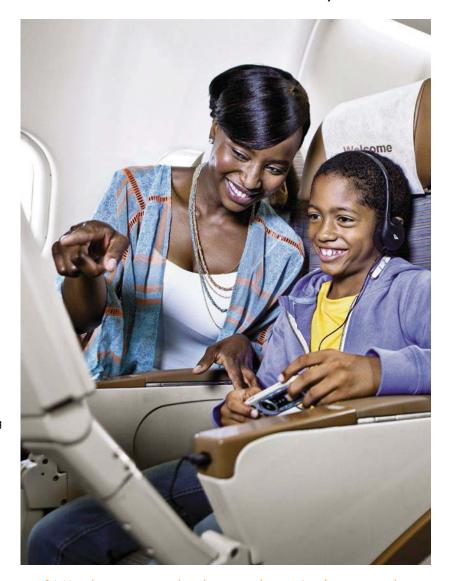
8. What if my country doesn't issue affidavits?

A document with the parents' first names and surnames, physical address, telephone and cellphone numbers will suffice. A letter from the relevant government department of the country concerned confirming non-issuance of affidavits must be included. The South African Embassy can also issue the letter stating that the applicable country don't issue affidavits

- 9. What about persons travelling with a child who isn't their biological child? Regulation 6 (12)(c) states that in this case, the person travelling with the child must produce:
- i. A copy of the unabridged birth certificate of the child.
- ii. An affidavit from their parents or legal guardian confirming that they have permission to travel with the child, copies of the ID documents or passports of the child's biological parents or legal guardian, as well as their contact details in the form of a document stating the parents' names and surnames, physical address, telephone and cellphone numbers.

Where the parents of the child are both deceased and the child is travelling with a person who isn't their biological parent or legal guardian, the Director-General may approve such a person to enter or depart from SA with the child.

- 10. Must the copies of the parents' passports/ ID documents be certified by a Commissioner of Oaths? Yes (or the equivalent of one in the country concerned).
- 11. How do I obtain approval from the Director-General of SA if I don't reside in this country? Through the nearest South African diplomatic or consular representative abroad.
- 12. What about children travelling as unaccompanied minors? Regulation 6 (12)(d) states that any unaccompanied minor must produce to the immigration officer:
- Proof of consent from one or both of his/her parents or legal guardian, in the form of a letter (certified by a Commissioner of Oaths, or the equivalent) or affidavit, for him/her to travel into or depart from SA. If one parent provides proof of consent, that parent must also provide a copy of a court order stating that he/she has been granted full parental responsibilities and rights in respect of the child.
- ii. A letter (certified by a Commissioner of Oaths, or the equivalent) from the person who'll be receiving the child in SA, as well as their residential address and contact details where the child will be residing.
- iii. A copy of either the ID document/valid passport/visa/ permanent residence permit of the person who'll be receiving
- iv. The contact details of both the parents or legal guardian of the child.



SAA's role is to ensure that these regulations (and any amendments or additions thereto) are communicated to and adhered by its customers. However, SAA is in no way responsible for the regulations and accepts no liability for any inaccuracies in their content.

- 13. What is the age of an unaccompanied minor? Any child under 18 travelling by themselves. (This does not affect the airline's Unaccompanied Minors policy and procedures.)
- 14. What about children in alternative care? Regulation 6 (10) states that any child who is in alternative care, as defined in the Children's Act, 2005 (Act No 38 of 2005) shall, before departing from SA, produce a certified copy of an authorisation letter from the Provincial Head of the Department of Social Development where the child resides.
- 15. What happens to a passenger not in possession of these documents? Regulation 6 (9) states that an immigration officer shall ensure that such person is not:
- i. a fugitive from justice; or
- ii. the subject of a court order which orders the department to prevent his/her departure.
- 16. What will happen if I don't have the required documentation at the time of check-in? You will not be allowed to travel.

SOUTH AFRICAN AIRWAYS



BOEING 737 FREIGHTER

Number of aircraft 3. Maximum cargo capacity 18 000kg. Overall length 33m. Wing span 29m. Overall height 11,2m. Maximum fuel capacity 20 000l. Typical cruising speed 780km/h



AIRBUS A319-100

Number of aircraft 8. Maximum passengers 120. Overall length 33,84m. Wing span 34,09m. Overall height 11,76m. Maximum fuel capacity 23 860 ℓ . Typical cruising speed 820km/h



AIRBUS A320-200

Number of aircraft 12. Maximum passengers 148. Overall length 37,57m. Wing span 34,1m. Overall height 11m. Maximum fuel capacity 23 860 ℓ . Typical cruising speed 820km/h



BOEING 737-800

Number of aircraft 7. Maximum passengers 157. Overall length 39,5m. Wing span 34,3m. Overall height 12,5m. Maximum fuel capacity 26 035l. Typical cruising speed 809,5km/h



AIRBUS A330-200

Number of aircraft 6. Maximum passengers 222. Overall length 58,8m. Wing span 60,3m. Overall height 17,4m. Maximum fuel capacity 139 100ℓ. Typical cruising speed 860km/h



AIRBUS A340-300E

Number of aircraft 8. Maximum passengers 253. Overall length 73,6m. Wing span 60,3m. Overall height 16,7m. Maximum fuel capacity 141 500t. Typical cruising speed 860km/h



AIRBUS A340-600

Number of aircraft 9. Maximum passengers 317. Overall length 75,3m. Wing span 63,5m. Overall height 17,3m. Maximum fuel

capacity 195 6201. Typical cruising speed 886km/h

CONTACT US

CUSTOMER SERVICE Weekdays, 08:00-16:30 (GMT), excluding South African public holidays saacustomerservice@flysaa.com 011 978 2888 or 0860 003 146

RESERVATIONS 24 hours

reservationsinb@flysaa.com 011 978 1111

BAGGAGE SERVICE (lost/damaged) Daily, 07:00-19:00 (GMT)

baggageservices@flysaa.com 011 978 3733

REFUNDS Weekdays, 08:00-16:30 (GMT), excluding South African public holidays

e-commerceonlinerefunds@flysaa.com 011 978 1786

CARGO Weekdays, 08:00-19:00 (GMT), excluding South African public holidays. Saturdays and Sundays, 07:00-13:00 cargohelpdesk@flysaa.com 011 978 3366

WEBSITE QUERIES

webhelp@flysaa.com

VOYAGER Weekdays, 07:00-21:00 (GMT) Saturdays, Sundays and public holidays, 08:00-14:00 voyagerservicerecovery@flysaa.com 011 978 1234



CUSTOMS

Everything you need to know to ensure your entry to South Africa is hassle-free

CUSTOMS DUTY

Customs duty is levied on imported goods and is usually calculated on the value of the goods.

PERSONS ENTERING SOUTH AFRICA

People may enter South Africa at any appointed place of entry. All the goods in their possession must be declared to a customs official at the port of entry. When dutiable goods are in their possession, the relevant duties and VAT must be paid.

GOODS THAT MAY BE IMPORTED WITHOUT THE PAYMENT OF CUSTOMS DUTY AND VAT:

(A) Visitors: Personal effects, sporting and recreational equipment, new or used, imported either as accompanied or unaccompanied baggage, for their own use during their stay in South Africa.

(B) Residents: Personal effects and sporting and recreational equipment, new or used, exported by residents of South Africa for their own use while abroad and subsequently re-imported either as accompanied or unaccompanied baggage.

(C) Limits in respect of certain goods: The following goods may be included in passengers' baggage either by residents or non-residents, but not exceeding the following limits:

- Wine: 2 litres per person.
- Spirits and other alcoholic beverages: 1 litre per person.
- Cigarettes: 200 cigarettes per person.
- Cigars: 20 cigars per person.
- Cigarette or pipe tobacco: 250g per person.
- Perfume: 50ml per person.
- Eau de toilette: 250ml per person.
- Other new or used goods to a total value not exceeding R5 000 per person, excluding consumables. The limit for crew members is R700.
- Allowances may not be pooled or transferred to other persons.

PLEASE NOTE: Visitors may be required to pay a cash deposit to cover duties and tax on expensive articles such as video cameras. The deposit on the goods is refunded on departure from South Africa.

CHILDREN UNDER 18 YEARS OF AGE:

- Children under 18 may claim duty-free allowances on goods used by them.
- Children under 18 may not claim allowances for tobacco and alcohol.
- Parents may make a customs declaration on behalf of their children.

Customs clearance procedures for passengers:

- Passengers may select either the red or green channel upon arrival in South Africa.
- By selecting the red channel, a passenger indicates that he/she has goods to declare.
- The customs officer in the red channel must ascertain the value of the goods declared and the duties payable by the passenger's duty-free allowances.
- By selecting the green channel, a passenger indicates that he/she has no goods to declare.
- Random searches of passengers and baggage in the green channel are conducted.

The following goods are prohibited from import: Vegetables, groundnuts, firewood, honey, used pneumatic tyres, raw animal wool and hair, electric blankets, coins, video recorders and reproducers, revolvers and pistols.

The following goods are prohibited from export unless special permits are obtained from the relevant government department:

Human bodies or body parts; meat and edible portions from cattle, sheep, goats or pigs; meat and edible animal offal salted, in brine, dried or smoked; edible flours and meals of meat or offal; cane or beet sugar and chemicals; pure sucrose in solid form; raw hides and skins of bovine or equine animals (fresh or salted, dried, limed, pickled or otherwise preserved, but not tanned, parchment-dressed or further prepared), whether or not dehaired or split; bank notes, securities or foreign currency.

PROHIBITED AND RESTRICTED IMPORTS AND

EXPORTS: Apart from the requirements of the Export Control Regulations, the exportation and importation of a wide variety of goods is either totally prohibited or is subject to inspection by other authorities and/ or production of special permits/licences, issued by certain authorities only.

A comprehensive list of prohibited and restricted imports and exports is available on the South African Revenue Service website (www.sars.gov.za).

CUSTOMER BAGGAGE

Help us make sure your baggage gets there with you

At SAA, our goal is to deliver your baggage to you at your destination safely and timeously. However, due to circumstances beyond our control, baggage may be delayed, lost or damaged. In that case, our representatives at all SAA destinations will do their best to retrieve it or compensate you and minimise any inconvenience to you. Kindly note the following guidelines:



LABELLING YOUR LUGGAGE

- Unique identification: Ensure your bag's easy to recognise by tagging the outside with a colourful ribbon and using a name tag which should include your correct name, address, telephone number, email address and destination address.
- The following items should **NOT** be packed in your check-in bags, but rather carried in your hand luggage: laptops, cameras, legal documents (eg passports), cash/credit cards, jewellery and medication.
- Always ensure that your bags are locked before check-in, as this acts as a deterrent.
- Take advantage of the wrapping services provided at the airport as an additional preventative measure against damage and pilferage.

PLEASE NOTE: SAA does not accept responsibility for the loss of valuable items in checked-in baggage, including money, passports or visas, computer equipment, electronic devices, cellphones, fragile items, business documents and jewellery.

SECURITY AND HAND LUGGAGE

- Due to limited space in the overhead compartments, your hand luggage may be placed in the cargo hold.
- Remove all valuables from your hand luggage before it's taken for stowage in the cargo hold.
- Ask for an airline tag with your name and flight details.
- Liquids, aerosols and gels measuring more than 100ml aren't permitted in hand luggage. For international travel, if they weigh less than 100ml, they must be secured in a Ziploc bag.

BAGGAGE ALLOWANCE (ROUTE-SPECIFIC)

- Economy Class: One to two pieces at a maximum of 23kg each.
- Business Class: One to two pieces at a maximum of 32kg each.
- Infants aren't entitled to a seat and are limited to one piece of luggage at 10kg, plus a pram.

REPORTING MISHANDLED LUGGAGE

Report your mishandled baggage to the Baggage Services office at the airport.

- A file will be created for tracing purposes.
- Your personal and travel information will be key.

LOST BAGGAGE: If your baggage has been lost, report the incident immediately or within seven calendar days to the office of SAA's Baggage Services, where you'll receive a unique reporting number.

We'll initiate the tracing of the baggage and will continue for up to 120 hours, although most misdirected baggage is located sooner.

You'll be informed as soon as your baggage is traced and (where local customs regulations permit), it will be delivered to the address you provided.

TRACKING AND TRACING: During the tracing period, you may contact our office for information on progress made at the telephone number below or via WorldTracer, a computerised tracking system which can be found at: www.flysaa. com under "Essential Information".

DAMAGED BAGS: If your baggage is damaged, we'll carry out all repairs

and replacements (where necessary) according to the Carrier's Baggage Liability Limitations. This excludes normal wear and tear and manufacturers' defects. The incident must be reported immediately or within seven calendar days to the office of SAA's Baggage Services, where you'll receive a unique reporting number and a baggage repair or replacement voucher (SA only).

CLAIMS PROCEDURE: The next step is to submit a completed claim form to the Passenger Claims office. The finalisation of claims takes up to 21 working days. Please complete the form as thoroughly as possible and attach all required documentation in order to expedite the process.

ENQUIRIES: Baggage Services Call Centre: +27 11 978 3733 **Baggage Enquiries:**

baggageservices@flysaa.com



In order to make your journey a pleasant one, please note the information on the following pages

SEATS

- Time to relax! The backrest of your seat can be adjusted. For extra comfort during the flight, you may wish to lean back. Press the button in the armrest of your seat for the backrest to tilt slightly. Note that seats in the emergency exit rows do not recline.
- When seated in Economy Class, for the comfort of the person behind you, kindly ensure that your seat is in the upright position whenever meals or refreshments are served.

CHARGING

Laptop power is available at every seat in Business Class on board the Airbus A340-600, A340-300 and A330-200.

The sockets are designed for:

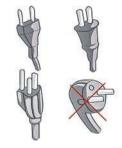
- Two-pin European plugs, as illustrated.
- Two- or three-pin USA plugs.
- Other types of plugs will require an adaptor.
- Power supply is intended for portable electronic devices only. 110-240Vac, 50-60Hz, max 75-100W per seat, subject to aircraft type.
- Laptop use when battery

is completely flat: if the battery is completely flat, it is advisable to remove it before connecting the laptop to the power supply. This will allow for optimal laptop usage and power supply.

The new A320 aircraft have a USB and laptop-charging point at each seat in Business Class and shared points in Economy Class.







DRINKING WATER

Bottled water is available on request from our cabin crew members.



IN-FLIGHT SERVICE

The cabin crew members are always at your service. Should you require attendance, please ring the service bell which is situated either in your armrest or in the passenger service unit above your seat.

READING LIGHT

Each seat has an individual reading light which enables you to read at night without disturbing your fellow passengers. You will find the light switch in the armrest of your seat in the service unit above you.

AIR VENTS

Certain aircraft in our fleet have individual air vents which can be adjusted to provide you with a stream of fresh air.

SPRAY

Health regulations at certain airports require that the aircraft cabin be sprayed. The spray is harmless, but if you think it might affect you, please cover your nose and mouth with a handkerchief.

MOTHERS AND CHILDREN

- For the convenience of mothers with babies, diaper boards are available in certain toilets on all our wide-bodied aircraft.
- Toys and games to keep the little ones occupied during international flights are available on request from our cabin crew members.

ACHES AND PAINS

Medical supplies for minor ailments are available on board. Ask a cabin crew member for assistance.

FOR YOUR COMFORT

- Blankets and pillows are available.
- A variety of magazines and newspapers is at the disposal of Premium Class passengers on our international flights.
- Please lower your window shutter at night to ensure that you and your fellow passengers do not wake up a few hours later with the sun shining in your eyes.

IN-FLIGHT ENTERTAINMENT

Once cruising height has been reached, the cabin crew will switch on the entertainment system. If you are travelling on board the Airbus A340-600 or A430-300e, kindly refer to the Audio-Video on Demand system for the entertainment line-up.

DUTY-FREE SALES

Duty-free articles are for sale on international flights. Please consult the Extraordinair catalogue for details.



UNRULY/DISRUPTIVE BEHAVIOUR ON BOARD

The primary

function of a crew member

is to act as a safety officer on

board an aircraft. All SAA crew

members are trained and licensed

as safety officers in terms of

International Civil Aviation

regulations.

In terms of International Civil Aviation legislation and regulations, it is an offence for any person to:

- Commit any action that jeopardises or may jeopardise the safety of an aircraft, passenger and/or crew member.
- Disobey a valid instruction from a crew member (safety officer).
- Interfere with the normal operation of the aircraft.
- Assault or wilfully interfere with any member of the aircraft in the performance of his/her duties.
- Ignore warning signs and/or safety signs within the cabin of the aircraft.
- Wilfully cause damage to an aircraft which renders it incapable of flight or which is likely to endanger its safety in flight.
- Communicate any information which he/she knows to be false, thereby endangering the safety of an aircraft in service.
- Commit any disruptive, disorderly or indecent act, be in a state of intoxication induced by alcohol and/or any other substance, behave in a violent or offensive manner to the annoyance of any other person on the aircraft, or use abusive, indecent or offensive language. In terms of South African legislation, it is an offence to smoke on any South African-

registered aircraft. Smoking in the toilet

compartments of an aircraft is deemed a safety risk and is lawfully punishable.

Any person committing any of these offences while on board an SAA flight may be arrested at his/her point of arrival and prosecuted in accordance with the applicable Civil Aviation legislation. Such prosecution may result in the imposition of a fine and/or imprisonment.

In the interests of the safety of the travelling public and our employees, it is the policy of SAA to lay the necessary

criminal charges against unruly passengers and to aggressively pursue the successful

prosecution of such persons.

PLEASE NOTE: In terms of International Civil Aviation legislation, the Commander (Captain) of the aircraft is authorised/empowered to take any action deemed necessary, including restraint of any persons or property on board.

In terms of this authority, the Commander may request and/or authorise any member of the crew to render assistance in terms of restraint of, or action against such offenders.

In terms of SAA's right of refusal of carriage, SAA reserves the right to refuse boarding to any person who is intoxicated or who, under reasonable grounds, is believed to pose a potential danger to safety and/or good order and discipline on board its aircraft.

OUR SAFETY GUIDE

SAA has your safety at heart. Please read these pages carefully



SAFETY PAMPHLET

A safety pamphlet is provided at your seat. Please familiarise yourself with its important information and note your nearest emergency exit. On flights exceeding three hours, as well as multi-sector flights, we recommend that you review the content of the safety pamphlet again before each landing.



<u>SMOKING</u>

As per South African Civil Aviation Authority regulations, smoking on board is prohibited. This includes the smoking of any artificial device or e-cigarettes.



SEAT BELTS

There are seat belt signs visible throughout the cabin. Whenever the lights are illuminated, fasten your seat belt. For your own safety, we recommend that you keep it fastened throughout the flight. (However, seat belts should always be unfastened during transit stops and refuelling.) When sleeping under a blanket or duvet, keep your seat belt loosely fastened over it so that the cabin crew do not need to wake you in the event of turbulence.

SLEEPING ON THE FLOOR IS PROHIBITED



For your own safety, sleeping on the floor is prohibited in any circumstances. In the event of an irregular occurrence and/or emergency, passengers sleeping on the floor would not have access to seat belts and oxygen masks.

PRIOR TO TAKE-OFF AND LANDING



In preparation for take-off or landing, ensure that your tray table, footrest, armrest and personal TV screen are stowed, that your window shutter is open, that your seat is in the upright position and that your seat belt is fastened.

REMAIN SEATED

After landing, remain seated until the aircraft has come to a complete stop and the Commander has switched off the seat belt signs.



LIQUIDS, AEROSOLS AND GELS (LAGS)

When travelling on international flights from SA, passengers are restricted from carrying certain LAGS in the aircraft cabin. These rules are aligned to International Civil Aviation Authority standards.

Passengers wishing to carry essential liquids with them on board the aircraft must place them in a re-sealable, clear plastic bag with a maximum capacity of one litre and a total diameter of 80cm. No

item containing liquid may exceed 100ml and it must fit comfortably inside the sealed bag. If these limitations are not adhered to, items will be confiscated by airport security and SAA will not be in a position to recover them for passengers.

When proceeding through airport security checkpoints, the bag holding these items must be separated from any other cabin baggage.

Items which are exempt from LAG restrictions and which may be carried on board, without being placed in a clear plastic bag, are:

- Baby formula/milk and baby food in small containers, provided the child is travelling with the person carrying these.
- Essential and other nonprescription medicines not exceeding 100ml per container, including saline solution and products such as eye drops and contact lens solution.
- Liquids, gels and juice for diabetic passengers who require them for medical reasons.
- Solid cosmetics and personal hygiene items such as lipsticks in tubes, solid deodorants and lip balms.

Any duty-free LAG products purchased after security checkpoints should be placed in special security bags at the store and passengers connecting to further destinations are advised to keep these sealed throughout their journey.



CARRY-ON BAGGAGE

Storage for your cabin baggage is provided either under the seat in front of you or in the overhead stowage compartment. For your own safety and that of the passengers around you, do not exceed the weight limitations of these compartments and ensure that items placed in them are securely positioned. Be careful when opening the overhead stowage compartments as some luggage may have shifted during the flight.

BUSINESS CLASS

SAA will accept two pieces of cabin baggage, neither of which may exceed 115cm in dimension and 8kg in weight.

ECONOMY CLASS

SAA will accept one piece of cabin baggage not exceeding 115cm in dimension and 8kg in weight.

These baggage limitations apply to all passengers travelling in Economy Class, regardless of their Voyager or other status.

BASSINETS



Should you be travelling with a baby, book early and request a bassinet. The baby should not be older than six months, may not weigh more than 10kg and may not be more than 75cm long. Bassinets may not be installed or occupied during take-off, landing and turbulence.

PORTABLE ELECTRONIC DEVICES (PEDs)

The South African Civil Aviation Authority has granted an exemption to allow SAA passengers to use PEDs during flights. The PEDs are divided into four categories: unrestricted, limited, restricted and prohibited.

The table below provides guidance on typical PEDs and when they may be used. All PEDs must be switched off during take-off, climb, approach and landing.

In addition, the Commander may prohibit the use of any PED, if this is required in the interests of safety. If at any point during a flight any irregularities or interference are detected in the flight deck, the use of PEDs (including devices with flight mode) must be suspended immediately. In this event, the Commander will make an announcement.

UNRESTRICTED

The items below may be used at any time:

- Hearing aids (including digital devices).
- Electronic watches.
- Pagers (receivers only).
- Heart pacemakers.
- Devices powered by solar cells.
- Devices powered by micro battery cells.

LIMITED

The items below may only be used before the aircraft doors are closed and after they have been opened:

- Mobile phones.
- Tablets.
- E-readers.
- Laptops.

RESTRICTED

The following items may only be used inflight with the permission of the Commander. This is normally indicated by the seat belt signs being switched OFF during climb and ON during descent. Should circumstances dictate otherwise, the Commander will inform the Senior Cabin Crew Member:

- Laptops with CD-ROM and DVD drive.
- Palm-held organisers.
- Audio equipment (eg CD-player, iPod, MP3 player).
- Computer consoles (eg Nintendo DS, PSP).
- Devices capable of recording.
- Digital cameras.
- GPS hand-held receivers.
- Video cameras/recorders (including digital equipment).
- Bluetooth devices with flight mode selected.
- Mobile phones with flight mode selected.
- Devices using BlackBerry technology with flight mode selected.
- Laptops, PDAs, tablets and e-readers with built-in wifi, with "wireless off" setting selected.

PROHIBITED

The items below are prohibited at all times:

- Devices transmitting radio frequency intentionally.
- Walkie-talkies.
- Remote-controlled toys.
- Display units with cathode ray tubes.
- Wireless computer equipment (eg mouse).
- PC printers.
- PC scanners.
- Laser pointers.
- CD writers and mini disk recorders in recording mode.
- Portable stereo sets.
- Pocket radios (AM/FM).
- TV transmitters/receivers.
- Telemetric equipment.
- Wireless LAN.

Cabin Crew members are responsible for enforcing the policy regarding the use of PEDs on board. If the Cabin Crew are unable to confirm that the transmitting function on an intentionally transmitting device has been disabled, then the device should be switched off.

After embarkation and prior to the cabin doors being closed, the Senior Cabin Crew Member will make an announcement advising passengers of the conditions under which flight mode may be used.

Passengers will be required to select flight mode functionality *prior* to switching their cellphones off in preparation for the flight.

PLEASE NOTE: Flight mode setting is available on many mobile phones and other PEDs. When engaged, it suspends the device's signal transmitting functions, thereby disabling its capacity to place or receive calls or text messages, while still permitting use of other functions that do not require signal transmission, such as calendars, address books, reading and preparing emails, etc.

SPECIAL TRAVEL NEEDS

Because your health, comfort and safety are very important to us, SAA offers thoughtful services for travellers who require special assistance/medical needs

FREQUENT TRAVELLER'S MEDICAL CARD

To make travelling easier for passengers with disabilities, stable medical conditions or special needs, we offer the Frequent Traveller's Medical Card (FREMEC). This card helps you avoid the hassle of obtaining medical clearance for each journey and automatically determines your special requirements. Such cards are usually honoured by certain other airlines. For card renewals, your doctor needs to complete an application on your behalf. Send it to SAA Special Handling on 011 978 2764. For further information, 011 978 1331/5716/3837 or specialhandling@flysaa.com

RESERVATION OF REQUIREMENTS

If you have special travel needs, we recommend that you make your travel plans as early as possible, so that we can serve you better. Should you require any medical assistance, please request it when making your reservation (011 978 1111) or at least 48 hours before the departure of your flight. It is important that you provide SAA with detailed information at the time of booking. Please let us know if you require the following services:

- A wheelchair.
- Assistance getting in and out of the aircraft seat.
- Service dog amenities. For conditions pertaining to the transportation of such animals: www.daff. gov.za/ (South African Department of Agriculture, Forestry and Fisheries): www.dot.gov/airconsumer (United States Department of Transport).
- Transfer from wheelchair to aircraft seat and vice versa.
- Elderly care.
- On-board facilities for the use of medical equipment, eg battery-operated C-PAP machine.
- An adjacent seat for your carer.

On the day of departure:

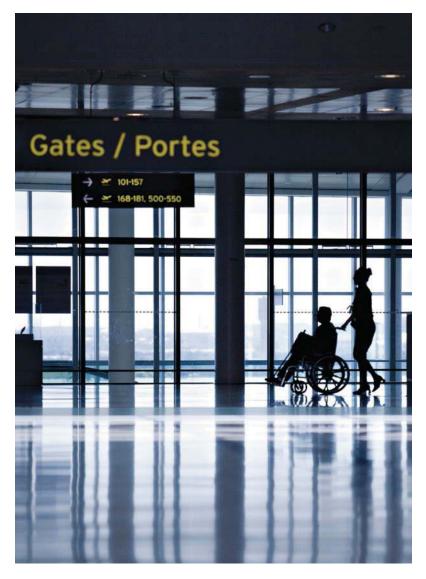
It is advisable that you check in early for ground-handling/security purposes:

- Domestic flights: Arrive at least 60 minutes before flight departure.
- International flights: Arrive at least two to three hours before departure time.

MEDICAL CLEARANCE

Medical clearance is required to assess your fitness to fly, especially if you need special attention or use any medical equipment on board. A *Medical Information Form* should be completed by you and your doctor if you have a complicated chronic condition, have had a recent illness, injury, surgery or hospitalisation, or require special services such as:

- Oxygen supply (passenger- or airline-provided).
- Stretcher.
- Medical escort or in-flight medical treatment.
- Carriage of medical equipment or instruments.
- All medical information is strictly confidential. Once completed, the form must be faxed to SAA Special Bookings 10 days before your proposed flight.



PLEASE NOTE: We must be notified immediately of any change in your condition before travelling. Contact SAA Special Bookings on 011 978 2764 or 011 978 1331/6219/3184.

OTHER CONDITIONS REQUIRING MEDICAL CLEARANCE

- Travellers who may be affected by reduced atmospheric pressure (cabin air pressure changes greatly 15-30 minutes after take-off and before landing, while gas expansion and contraction can cause pain and pressure).
- Travellers who may be affected by reduction in oxygen tension. (The cabin is at a pressure equivalent to an altitude of 6 000-8 000 feet and oxygen partial pressure is approximately 20% less than on the ground.)
- Travellers may require us to provide in-flight supplemental oxygen. (A SAA-supplied oxygen cylinder/concentrator costs US\$150 per flight.) To see the types of oxygen provided and requirements for transporting your own: www.faa.gov
- Travellers who require any medical equipment, eg, a stretcher.

- Travellers who have a communicable disease or infection. Your doctor must state any precautions necessary to prevent transmission and whether the condition poses a direct threat to the health of others.
- Travellers who have been operated on or admitted to hospital within the previous two weeks. Your doctor must state whether your condition has stabilised sufficiently to travel by commercial air transport.
- Travellers suffering from acute or severe symptoms such as difficulty breathing, high fever or severe pain.
- Travellers who might develop symptoms or behaviour that could have an adverse effect on the welfare of other passengers.
- Travellers whose medical condition might be aggravated during or because of the flight.
- Travellers accompanied by a premature infant or an infant with a medical condition.
- Unaccompanied minors who have a medical condition.
- Travellers with a mental condition which renders them unstable.
- All personal medical equipment must be cleared by the airline and should have enough battery power to last the duration of the flight. Only dry-cell batteries are permitted on board for safety reasons.

AVAILABLE SERVICES

For travellers with limited mobility, we offer the following assistance:

- Wheelchairs at the airport: We can arrange for wheelchair transport from check-in to the boarding gate, and from the aircraft to the arrivals hall at your destination.
- Travelling with your own wheelchair: You are welcome to check in one wheelchair as baggage, free of charge. On flights to and from European Union destinations (London, Frankfurt, Munich), one further mobility device may be carried free of charge (two in total).
- Mobility aids (canes, crutches, walkers, etc) are not included in your free baggage allowance. These items must be small enough to be stowed without obstruction.
- All our aircrafts are equipped with an on-board wheelchair, allowing passengers to be escorted to and from the toilets. We also have seats with movable armrests that facilitate the transfer of a passenger from the on-board wheelchair to the seat and vice versa. For a list of aircraft with movable aisle armrests and toilets accessible to wheelchair-bound passengers: www.flysaa. com/za/en/flyingSAA/specialneeds/SpecialTravelNeeds.html

TRAVELLING WITH MEDICATION

Ensure that you keep your medication in your hand luggage and have a doctor's letter with you outlining your condition, medication and dosage requirements, in case you encounter difficulties while travelling.

- All excess medicines and liquids are to be carried in checked baggage.
- All prescription medicine, syringes and needles used by diabetics must be sealed and properly labelled.



- The quantity of syringes and needles is limited to the amount required for the flight.
- These must be disposed of safely once you have reached your destination.
- For medication requiring refriger lation, ensure you bring a cooler box with ice packs. This medication must be kept with you throughout the duration of the flight.
- It is good practice to keep a duplicate copy of your prescription with you.

PREGNANT WOMEN

- Medical clearance is only necessary if you are experiencing complications with your pregnancy.
- Domestic travel is permitted up to 36 weeks for a routine pregnancy.
- International travel is permitted up to 35 weeks for a routine pregnancy.

All pregnant women beyond 28 weeks' gestation must provide a letter from their obstetrician, general practitioner or midwife stating the following:

- Term of pregnancy.
- Fitness to travel.
- Whether it is a single, multiple or potentially high-risk pregnancy.
- Any possible complications, including hypertension, history of premature labour, etc.

COLOSTOMY BAGS

Travellers dependent on colostomy bags must ensure that they arrive fitted with an empty one at the start of the journey. Passengers are responsible for carrying a sufficient number of bags for the duration of the flight and disposing of them in a responsible manner upon arrival at the destination.

BLIND AND DEAF PASSENGERS

Braille safety cards: Braille safety cards may be requested from our cabin crew.

Captioned safety videos: Passengers with hearing disabilities can follow safety briefings in our captioned safety videos. Individual safety briefings are offered to anyone on request. For further information, details of services offered or any queries, contact SAA Special Handling on 011 978 2764 or 011 978 331/5716/3837. specialhandling@flysaa.com www.flysaa.com



Knee lift

Lift your leg with knee bent and contract your thigh muscle. Repeat 20-30 times for each leg.



Knee to chest

Bend forward slightly, clasp your hands around your left knee and hug it towards your chest. Hold for 15 seconds. Alternate legs and repeat 10 times



Lift feet and draw circles with your toes, one foot clockwise and the other anti-clockwise at the same time. Rotate

in each direction for 15 seconds



Shoulder roll

Hunch your shoulders forward, then upward, backward and downward in a gentle circular motion. Repeat five times.



Body stretch

With both your feet on the floor and stomach in, slowly bend forward and stretch your hands down the front of your legs towards your ankles. Hold for 15 seconds and sit back slowly.



The foot flex

- With both heels on the floor, point feet upward as high as you can.
- Put both feet flat on the floor.
- Lift your heels high while keeping the balls of your feet on the floor



Neck roll

Relax your shoulders and drop your ear to your shoulder. Gently roll your neck from one shoulder to the other. Hold each position for about five seconds. Repeat five times.

IN-FLIGHT FITNESS

A few exercises on a long-haul flight will ensure you disembark with a spring in your step

o further ensure that you have a pleasant experience on our flight, we'd like to draw your attention to certain health tips which are recommended for all passengers and should be followed throughout the duration of the flight. The following tips are at all times subject to any intervening in-flight safety instructions being issued. They're designed to improve blood circulation, alleviate sluggishness and relieve crampled muscles.

1. Exercise your legs and flex your feet at regular intervals while seated to improve blood circulation.

- 2. Deep-breathing exercises are recommended.
- 3. Short walks, preferably once every two hours, are excellent for blood circulation.
- 4. Increase your normal intake of water and/or soft drinks before and throughout the flight; drink alcoholic beverages in moderation.

Any passenger who is aware of and/or affected by a medical condition of any nature whatsoever is responsible for seeking medical advice from their own medical practitioner before embarking on an intended flight, in order to determine whether the medical condition could be worsened by air travel.

WHAT HAPPENS TO YOUR BODY WHEN YOU FLY?

- The central blood vessels in your legs can be compressed, making it more difficult for the blood to get back to the heart.
- The long inactivity of your body muscles in this position can result in muscle tension, backaches or a feeling of excessive fatigue - during or even after your flight.
- The cramped position inhibits the normal body mechanism from returning fluid to the heart, while gravity can cause fluid to collect in your feet. This results in swollen feet after a long flight. Boeing recommends

that passengers do light exercises (see above) that may assist in increasing blood circulation and massaging the muscles. Also, when stopping between destinations, walk around frequently and remember to stretch!

10 CARDINAL RULES OF COMFORTABLE FLYING

- 1 Pack your medicines (homeopathic and prescribed) in your on-board hold-all so that you're prepared for any emergency. Also refer to Liquids, Aerosols and Gels on p172.
- 2 Eat and drink alcohol in
- moderation, but have as much water as you like to prevent dehydration.
- 3 Wear loose-fitting, comfortable clothes made of natural fibres.
- 4 Make sure your shoes can handle expanding ankles and swollen feet.
- 5 Get up every two hours while on board, stretch and go to the bathroom to freshen up.
- 6 Do the on-board exercises shown on this page.
- 7 Always set your watch to the time of your
- destination so that your body has the duration of the flight to adjust to this new reality.
- 8 Walk as much as you can once you've arrived at your destination - it helps get the circulation going.
- 9 Scrub your body vigorously in the shower or bath to dislodge any unwanted build-up of fluids.
- 10 Take a short nap on arrival that revives you without interfering with your night-time sleep.

Precious Butterfly



"Just living is not enough", said the butterfly, "one must have sunshine, freedom and a little flower."

- Hans Christian Andersen







1934

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