

# SpaHealer

Writer Daniel Scheffler

## Steve Jeanes

The Siem Reap resident and 'bioenergetic healer' shares his feelings about the universe of wellness

**"The wellness industry** is moving out of 'fluffy' and into sincerity," says Steve Jeanes, also known as the 'Grey Wolf', a memory of his "last native life", who became interested in intuitive healing and alternative wellness. His previous life revolved around farming, dog breeding, selling planes, boats, houses, cars and horses, but he always had the sense that he could "feel, taste, touch and hear the unseen and talk to nature on a deeper soul level". This ability led Jeanes to his calling today – helping hundreds of people.

Jeanes' methodology isn't prescribed or stunted. He says, "I do everything and anything, whatever people's wellness needs are." He helped a client find feeling in his toes again after a motorcycle accident, and another with Lou Gehrig's disease symptoms which he felt was actually due to exposure to toxins. "I see it all from the soul of a client, it tells me what they need and I work on attunement in their bodies with a vibration field."

Often Jeanes' advice is to "live one day at a time and do the best you can today. Wash your hands with an intention thanking the creator for the energy it has given you. Walk in love and do unto others that you would do unto yourself". As ethereal as it may sound, the results speak for themselves with his long list of die-hard clients.

"Most of my clients become family. Depending on how 'awake' they are, they laugh, cry and have a sense of relief that they are no longer alone," says Jeanes. He believes that we hide the things we find uncomfortable, so as a "kindred soul" he is able to simply listen, share and guide. "I try to heal with the power of honour and love. All



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humans have this ability but few realise it."

For Jeanes the wellness space is ripe for this kind of healing and his philosophy resonates with people who are feeling duped and frustrated with the same old treatments yielding minimal results. "All I ask for is an open heart and mind, nothing but miracles happen around us," he says.

But Jeanes also believes wellness spaces should be sacred and a place of healing and respect. "I believe in simplicity and human intention. The vibrational field humans give off makes the biggest difference. No matter how much money you throw at a place, if

the intention is off, it simply will not reach its potential." For him it's about teamwork, from the managers to the cleaning staff, having the right intention. But other elements also assist, "Clear lines of sight in architecture help too, otherwise energies get twisted and diminish the experience – water, candles and fish ameliorate the human chaotic vibration field and balances the energy."

And Jeanes thinks this change in the wellness space is happening faster than we realise. "Wellness for a long time had become pretty much sticking to the body – and it was really just skin deep," he says. "Now we are working within the realms of full mind, body and soul and people are now eager to take back their soul power via the correct guidance."

"People want life-changing experiences, not a massage followed by a sweet-smelling expensive cream," Jeanes says. He thinks the world is being sold wellness and it's time to "change the whole industry by offering the real deal". "We are tired of wars, we seek inner peace, joy and love on a collective soul level – it's a loud enough yearning to manifest a growing shift in reality."

And Jeanes plans to help this along by teaching next. "I want to leave behind the method, knowing and mechanics so that other facilitators can do what I am doing in their own ways. It's just understanding the basic laws of nature and most illnesses, afflictions of mind, body and soul can be alleviated, restored and cured." He also hopes to travel for his own seminars, focusing on "optimising the soul walk". And so the man opens up a glimpse into the way things can be – simple, but so much better.

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