

In China's Tang dynasty (617 - 908AD) emperors played with the finest horses they could breed. The sport was enjoyed in one of the country's ancient capitals, Chang'an, and centuries ago was also played by women in male dress.

The modern game was created in India, with the first polo club opening in 1833, in Assam. The colonial British are credited for spreading the game worldwide, and the first polo club, the Calcutta Polo Club, was established in 1862 by two British soldiers, Lieutenant Joseph Sherer and Captain Robert Stewart.

British settlers expanded the game in Argentina, which for the next century produced some of the world's top players, such as Nacho

America's finest club is now in South Carolina – a sterling example of how the sport has excelled and found a whole new audience in just over a century. "Aiken has been a presence on the polo scene since 1882," says Barb Uskup, treasurer on Aiken Polo Club's board of directors.

"Aiken Polo Club's historic Whitney Field is the place to sip a cocktail while watching the 'sport of kings' each spring and autumn. Polo has grown in Aiken due to the tremendous amount of polo fields that each feature incredible sand footing, allowing





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BELOW

Young players try their hand at polo practice.





POLO IS A WAY FOR THE WEALTHY TO MAKE SURE THEIR FORTUNE GROWS GENERATION BY GENERATION

according to Palumbo: "Polo is an expensive sport because it gets to be very involved with a horse, the polo field, all kinds of equipment, a professional coach and so on. Our target market consists of private entrepreneurs who first of all, enjoy as well as can afford the lifestyle. There are a growing number of businessmen and their children who are starting to take the sport seriously in China by joining polo clubs like ours in Tianjin." In fact, at the Metropolitan Club, most of the members are also property owners – encouraging an active role in the sport. With more than 200 horses in the stables, some of the members even own their own animals.

The commitment to the game may involve hours and hours of time, and a lot of finesse, however. "Actually, it might [take] a lifetime to master the sport," Palumbo says. "It depends on a lot of factors – which level you start at, how ambitious you are. To master a skill such as a foreign language or polo ... is a lifetime project. You need to keep learning, practising as much as you can."

However, it really isn't just about the art of the sport – there are deeper implications at play here.

"Polo is not just a luxury thing," Palumbo says.
"It is a game that historically connects with Chinese people. China is an especially important market for the 'sport of kings' as it aligns itself with a new world order. I think the Chinese are going to be the most influential superpower and polo represents the best passport they can have, wherever they go, they will always feel welcome. The horse is an international language. It doesn't matter if you speak Arabic, Russian, or Mandarin. If you understand the horse, you have a bridging point with anyone, anywhere in the world."

For this new class of Chinese, this is one more way for the truly wealthy to make sure their fortune grows year after year, generation by generation.

But the growth is slow and steady. As with golf, which entered the Chinese market in the 1980s, polo is the next elite sport. The Chinese Equestrian Association, which was formed in 1983, now has 280

PHOTOS: MARK HUDSON, THE AIKEN HORSE, HURLINGHAM POLO ASSOCIATION

registered athletes and 336 registered horses. Other clubs include the Beijing Sunny Time Polo Club, founded by Xia Yang in 2004, and the Nine Dragons Hill Polo Club, which was founded in Shanghai in the following year.

Meanwhile, there are 66 clubs in Britain and all host their own tournaments, mostly at the lower level. The key tournaments of the English season are the Queen's and Gold Cup played at 22 goals at Guards Polo Club and Cowdray Park Polo Club.

The Hurlingham Polo Association (HPA) used to be a club in London and now acts as the sport's governing body – looking after rules and regulations as well as handicapping and the national team.

Britain has traditionally promoted the sport as a wealthy pastime, as China does, but HPA chief executive David Woodd says it is "much more accessible than it used to be". There are more clubs around the country and more ponies that can be

hired, he says. "To fund a team, you have to be wealthy – but to play as an amateur is open to many more," Woodd says, citing how the sport is also growing in the Middle East and Eastern Europe.

The sport's appeal is its social aspect as well as the speed and exhilaration involved in watching horses running at each other.

"It is tougher than it looks, but it is clever as you can team up to play with and against the best players in the world, like pro-am golf," Woodd says.

"You do not have to be an outstanding player, but rather worth your handicap. It is a fast game which does not take all day, [and] is generally played in good weather at attractive locations.

"It is exciting to play, even at the lower levels, more so than to watch; you play with and meet interesting people, and you can play all over the world."

Nothing like speed, some travel and the beauty of horses to fall in love with.



TRIP TO REMEMBER

What about planning a trip dedicated to polo? Abercrombie and Kent has just the thing – A Journey to Argentina.

Learn some of the secrets of one of the most traditional and unique sports the country has to offer. This week could include an introduction to the polo pony, and the possibility to watch practice drills and learn about what it takes to train a great polo pony.

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ABOVE

The Royal Salute Coronation Cup 2016, England vs The Commonwealth

LEFT

Action on day 9 of the Snow Polo World Cup 2015. Polo is a new and exclusive luxury in China.